



# Stafford

INTERNATIONAL SCHOOL









*1<sup>st</sup> Row (L to R) - Ms. Mifthah Khan and Ms. Michelle Herft.*

*2<sup>nd</sup> Row (L to R) - Manishee Perera, Meth Abeysinghe, Ayman Ibrahim, Ashvin Arsakularatne, Amaya Perera and Chrishelle Sathiarajah.*

*Absent - Christian Fernando*

# Yearbook Committee



# Message from the Editors

This school year, without a doubt, will be one of the most memorable years for all of us. From a vibrant quadrangle filled with students in the 1st Term, to a desolated school breathing and functioning virtually by the 3rd Term, Stafford strived towards the light despite the ongoing pandemic.

Covid-19 is an unexpected crisis the world had to face. Simple things like school, going out and sports came to a standstill as global markets shut down and international borders closed, sealing its occupants. As education came to a logjam, Stafford was one of the first schools in the country to make quick adjustments to move online. Classes filled with technology and much fun commenced via the online platforms Zoom and Edmodo. The continuous engagement and monitoring from school ensured we were on track with studies. We were also encouraged to join online extracurricular activities. One can now say that the era of online learning began, and it is with great pleasure that I write the editorial for Stafford's First Digital Yearbook.

This is another year where we Staffordians, showed that we have incomparable qualities that make us a resistant family. Staffordians thrive in new environments, moving past difficulties with mutual responsibility and assurance. The acceptance of new students to our family enhances our diversity and creates unbreakable bonds which help us excel in completions.

In this issue of the Yearbook, we celebrate the school's 60th anniversary where we show the many ways our school has evolved and kept pace with today's changing world. The Yearbook provided a perfect platform to highlight the literary and artistic talents of the Stafford family while keeping us motivated and united during the past few difficult months. It celebrates our achievements and unlocks the hidden potential within the students.

I would like to extend my sincere thanks to our editorial team. We had immense support for each other – we truly made the dream team. We are grateful to our teachers in charge, Ms. Michelle Herft and Ms. Mifthah Khan who helped shape and guided us to make Stafford's first ever Yearbook a reality. We also thank all our fellow Staffordians for their overwhelming response with wonderful submissions. Finally, we'd like to thank the Board of Directors and Management of the school for their support and guidance during these onerous times.

Now the Editorial Team invites you to browse the Yearbook and reminisce our achievements for the 2019/2020 academic year.

Thank you,

**Meth Abeysinghe**

On behalf of the Editorial Team - Yearbook 2019/2020

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# Principal's Message

2019/20

I feel honored to be your principal and you have made me proud in the way you faced the unprecedented challenges thrown at you, emerging as winners in this past year. With all the uncertainties we still managed to break records, highlight our creativity and commemorate our glorious history.

Thank you to students and faculty alike for doing what was necessary to support each other both at home and at school. I feel we have come out of the recent events as a cohesive, enhanced team carrying forward our experiences for the betterment of the future.

I take this opportunity to thank the publishing team for creating this book that will help students remember the passing of this momentous year.

I shall sign off wishing all my beloved students whom I saw mature through many years, a fulfilling and meaningful life.

**Mrs Gowri Palipana**  
Principal





pic: @kimaya\_.k



# Director's Message

2019/20

"The adventure of life is to learn. The purpose of life is to grow. The nature of life is to change", said William Arthur Ward. Embracing learning, growing as individuals and understanding and accepting change is fundamental to living a purposeful and happy life. We at SIS believe that inculcating such values and attitudes are the lifeblood of a good education. It is not only what we learn in our classrooms but also what we learn from the interactions with our peers, our teachers and even the conflicts that arise in day to day school life that make a holistic education. This is the main motivation as to why we have strived in 2019/20 to improve our extra-curricular profile and become a school that offers much more than the classroom.

These past few months have been hard on everyone. I would like to tell all our students the exemplary journey of your teachers. They have had to transition from normal teaching practice to remote learning, setting up new lesson plans, devising and recording instructional videos, preparing materials, and finding new ways to check on and connect with you. They have done all this while juggling the effects of COVID-19 on their family and personal lives as well. On behalf of the management of our school, I extend a special thank you to them and I would like all our students to know the tremendous amount of hard work that went into the preparation of our successful online programme. Their laudable hard work has set out a great example to all of our students on embracing change. Was everything perfect? Absolutely not. No form of learning is perfect: it is rather about embracing the shortcomings and learning to adapt to growth.

We take this opportunity to thank Mrs. Gowri Palipana for the services rendered by her for the last 10 years. She has nurtured and guided many students and has been instrumental in setting up SIS as a top Cambridge Assessment Center. She has also been a strength to us all during the cancellation of O Level and A Level examination and has guided us through the nuanced grading process. We wish her all the best in all her future endeavours.

2020/2021, we hope, will be another exciting year. A year filled with uncertainty, but also a year filled with adventure. The Sixth Form, will be getting a newly renovated building that is air conditioned and more conducive for concentrated classroom learning. It is a sustainable project that is fully powered by solar energy. The SIS community will also be introducing new leadership, with Simon Northcott who will join as our new principal. Mr. Northcott will bring us a wealth of leadership and teaching experience from some of the top private boarding schools in the UK.

But greater than this uncertainty is the certainty that many of you have shown a tremendous amount of resilience. Taking care of ourselves, finding new and creative ways to stay in touch with friends, and continuing with your education are just a few things that are in our control. even though there is some uncertainty about the near future, one thing is sure: we will come out on the other side of this as better leaders and human beings. Years from now, history will tell the story of how the world survived COVID-19 — and each of you will be a hero in that story.

**Mr Suvin Wettimuny**  
Academic Director

# YEAR IN REVIEW

2019/2020

1<sup>st</sup>

OCTOBER

## Children's Day

Children's Day was celebrated on the 1st of October 2019, and was a day filled with glee and laughter. From exciting magic shows in the Primary and customized stationary gifts to the arrival of a highly anticipated ice cream truck, this Children's Day proved to be one for the books.

7<sup>th</sup>

OCTOBER

## Teacher's Day

To celebrate the teachers of our school, the people who have moulded us into the students we are today; an assembly was organized on the 7th of October 2019 in which the students expressed their utmost gratitude to their teachers. Tokens of appreciation were also presented to the teachers. At the end, if there were no teachers, all other professions would cease to exist.

5<sup>th</sup>-9<sup>th</sup>  
OCTOBER

## Gavel Club: Speak to Lead

In a world where silence is key, the Gavel Tournament 'Speak to Lead' held on the 5th, 6th and 9th of October 2019 organized by the Gavel Club of SIS encouraged students from many schools to divulge their voice, reveal their creative mentality and showcase their confidence and talent on stage. The event ended triumphantly with several winners from different schools and students leaving the tournament with a handful of awards and memories which will last for a lifetime.

9<sup>th</sup>  
OCTOBER

## Saraswathi Pooja

Following a tradition of 60 years, the annual Saraswathi Pooja was conducted by our Hindu students on the 9th of October 2019. The event paid homage to the Hindu deities and all students of various religious backgrounds were invited to participate.





14<sup>th</sup>-18<sup>th</sup>  
OCTOBER

## Healthcare Society: Health Week

Health Week was an initiative taken by the Healthcare Society in an effort to encourage and normalize leading a healthier lifestyle. The 14th to the 18th of October 2019 was dedicated towards the initiative with students bringing healthy food for their snack and merchants selling healthy food and drinks. The nutritious herbal drink 'kola kända' was sold every Tuesday by the Society. Even the Primary School participated in this endeavour and discovered a brand-new passion for healthy eating with fun cooking activities, lessons on healthy habits and a presentation by "Roots" on healthy

18<sup>th</sup>  
OCTOBER

## Swimming Meet

The annual Swimming Meet was held on the 18th of October 2019 at Royal College Swimming Pool. Our swimming team 'Stafford Sharks'; infamous for their hard-working spirit, unity and award-winning talent at public meets now came face-to-face to compete against each other. The intense showdown concluded with Felix House taking the trophy home.

6<sup>th</sup>  
DECEMBER

## Christmas Celebrations

Christmas is a time of spreading joy and love and the people who know best how to celebrate are kids. Therefore, on the 6th of December 2019 to conclude the end of the year, not only did the children of Year 4 produce and present a programme but were also visited by the greatest man on Earth, Santa Claus.

9<sup>th</sup>  
DECEMBER

## Annual Athletic Meet

The Annual Sports Meet was held on the 10th of December 2019 and was a striking display of our students' athletic prowess. Held at the Sugathadasa Stadium, it was a culmination of our students' hard work and dedication throughout the year and showcased their versatility. Ruby House emerged as the overall winner, followed by the runners-up Felix House.

13<sup>th</sup>  
DECEMBER

## Carol Service

Similar to other religious festivals celebrated in Stafford, carol service has also existed since the inception of Stafford. The annual carol service was held on the 13th of December 2019 at the Cathedral of Christ the Living Saviour. The program consisted of a few bible readings and Christmas songs which were sung by the SIS Senior Choir.



25<sup>th</sup>  
JANUARY

## Healthcare Society: Right To Left

The Healthcare Society although created not too long ago has taken on many projects with their number one motto being "Always work towards the betterment and the protection of humanity".

Out of all their projects, the most challenging was the refurbishment of the Labour Unit of Horowpathana Divisional Hospital for which they collected their necessary funds by organizing the 'Right to Left' event on the 25th of January at the Thurstan cricket grounds which consisted of a six-a-side cricket tournament and musical carnival. Along with the help of collection cards and a car wash held on the 30th of June 2019, they were able to successfully accomplish yet another project.



31<sup>st</sup>-2<sup>nd</sup>  
JAN - FEB

## Debating Society: The 8<sup>th</sup> Felix R. De Zoysa Debating Championship

The annual Felix R De Zoysa Memorial Shield Debating Championship was hosted by our very own debating society, on the 31<sup>st</sup> of January, 1<sup>st</sup> and 2<sup>nd</sup> of February for the 8<sup>th</sup> consecutive time this year. Drawing debaters from all over the island to engage in 3 days of intense, thought provoking debate, the event culminated in a grand finale between CIS A and Ladies' College A. Being one of the country's largest debating tournaments, the collective efforts of the society and the prefects ensured that the event was a massive success. Our Staffordian debaters also had a great time getting to know other brilliant debaters from around the Sri Lankan circuit!



Click here to check  
out our recap video!

[https://youtu.be/v2E\\_YPJ\\_ZOs](https://youtu.be/v2E_YPJ_ZOs)

3<sup>rd</sup>  
FEBRUARY

## Independence Day Celebrations

We at Stafford truly value instilling the importance of our country's distinctive culture at school. Both the Primary School and Senior School celebrated Independence Day on the 3<sup>rd</sup> of February 2020 with enlightening speeches and awe-inspiring displays of singing and dancing in order to pay a tribute to 72 years of Sri Lanka gaining Independence.

8<sup>th</sup>-9<sup>th</sup>  
FEBRUARY

## Drama Club: A Doll's House

'A Doll's House' – a Henrik Ibsen's classic tells us the story of Nora who in her 8 years of marriage finally finds her true self-worth.

The production held on the 8th and 9th of February 2020 was one of the many important events which were organized to celebrate 60 years of Stafford International School. Therefore, the members of the Drama Club worked tirelessly for months prior to this production, set out to master the character role they were playing which ultimately led them to shoot through both days successfully with back to back three fully booked shows.



**We were featured  
on Hi!! Online's  
Curtain Call.**

<https://youtu.be/5-xQ0lsLuro>

11<sup>th</sup>  
FEBRUARY

## Founder's Day

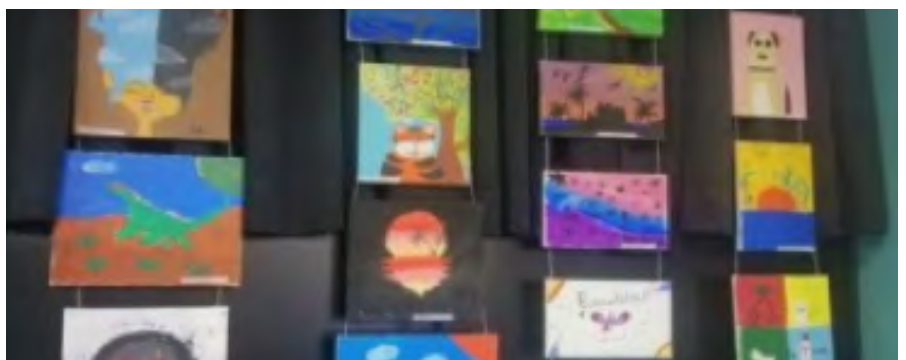
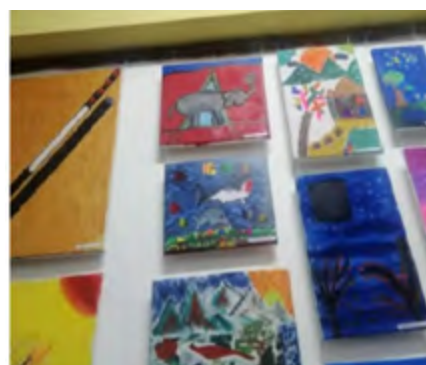
Founder's Day was celebrated on the 11th of February 2020, marking 60 years of greatness.

We commemorated the important figures of Stafford's rich history; the people who helped shape it into an excellent school. Without the guidance and leadership of Mr. Felix De Zoysa, Mrs Noreen Welikala, Mrs Kalyani De Zoysa and others, Stafford International School may never have been the forerunner in education it is today. With a heartfelt rendition of You Raise Me Up by the school choir, speeches and inspiring addresses by the Principal, Academic Director and Head Prefect; Founder's Day proved to be one of the most unforgettable events in the calendar.

20<sup>th</sup>  
FEBRUARY

## Art Exhibition

Exhibitions have played an important role in the lives of students as it appeared as an opportunity for them to unveil their talent. This year's annual art exhibition was held on the 20th of February 2020 in which students from year 4 to Form 3 participated and each individual art piece was showcased in the auditorium.



29<sup>th</sup>  
FEBRUARY

# Interact Club: Walk & Fair

Stafford's 'Walk and Fair' organized by the Interact Club was held on the 29th of February 2020. This was one of the biggest projects of ICSIS with more than 1000 people present for the carnival held at school premises. It was an enjoyable event for all the students, parents, teachers and carnival goers alike. Furthermore, an exhibition was also held inside the school building for the 60th anniversary celebration of Stafford.



Click here to check out our recap video!

<https://youtu.be/Aj6l4jlwzUM>





29<sup>th</sup>  
FEBRUARY

## Project Showcase: Play, Learn, Build

The project showcase held on the 29th of February 2020 proved to be a novel way for the Primary school students to display their innovative natures and creativity via project-based work. This also encouraged students to interact efficiently with their fellows and present their ideas to an encouraging and enthusiastic audience, making this event an overall success.

1<sup>st</sup>  
MARCH

## Annual Cricket Encounter 2020: SIS vs BSC

This year our boys played the 3rd consecutive annual cricket encounter with the British School in Colombo, on the 1st of March 2020. After an impressively hard fought battle, Stafford ran short of another victory by just 10 runs. We're super proud of our cricketers, and had so much fun cheering on till the very end.



Catch the live replay here!

<https://youtu.be/iQzbwGRoPPw>

23<sup>rd</sup>  
APRIL

## Start of Online Classes

The World Health Organization declared COVID-19 as a global pandemic on the 11th of March 2020. Stafford has always placed the safety and well-being of their students as their number one priority and were quick to respond. On the 13th of March 2020 school was closed down to avoid the spread of COVID-19. The management took proactive measures and introduced online classes. With the help of apps such as Zoom, Microsoft Teams and Edmodo, the inception of online classes on 23rd April was successful and effective.

11<sup>th</sup>  
JUNE

## Online Science Exhibition

“Creativity is as important as literacy.” – Sir Ken Robinson

Even during the most doubtful times in the world, the one thing that cannot be stopped is a child’s imagination and creativity. Although lockdown and being away from school imposes a problem when it comes to school events, that did not stop the children of Year 1. Using the help of apps such as zoom; an online Zoom Science Exhibition was conducted on the 11th of June 2020 setting a point that there really is no stopping children when it comes to innovation.

14<sup>th</sup>  
AUGUST

## Socially Distanced Graduation Ceremony

This will truly be a year to remember - especially for the Class of 2020. A smaller, socially distanced event was held to commemorate graduation this year, at Taj Samudra on the 14th August 2020. Of course, health guidelines were followed, with appropriate protective measures and distancing. The Class of 2020 attended a fitting, *real* graduation amongst these unprecedented times, to honour and reminisce all the memories, friends and achievements they've made at Stafford.







# 60

YEARS  
*of*

# Stafford

INTERNATIONAL SCHOOL

*read about our story →*

“The more you know about the past, the better prepared you are for the future.”

Theodore Roosevelt

## Introduction

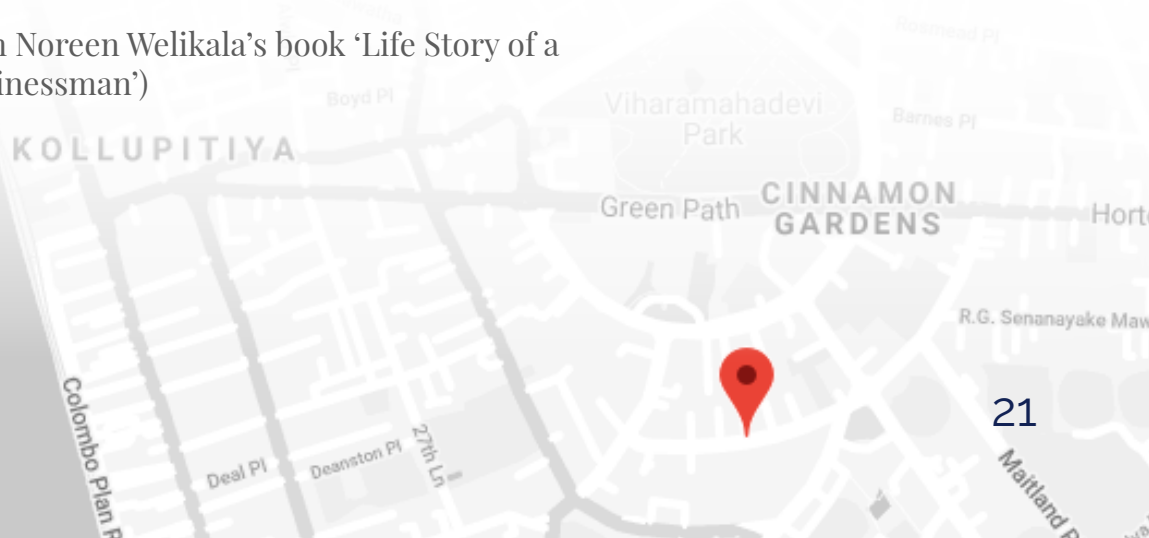
To celebrate 60 years of Stafford's rich history, we as a school body elected to commemorate this milestone by incorporating it into many school events.

The Annual Walk and Fair, 'A Doll's House' performance at Park Street Mews and a special Founder's Day assembly was held to honour the makers of our history.

## In the beginning...

*‘He looked around for a large building and found one which satisfied him. It was centrally located in the heart of Cinnamon Gardens – the best residential area in Colombo. ‘Tillingham’ as the house was called stood graciously at a point when three roads meet – Guildford Crescent, Reid Avenue and Torrington Avenue. It had a large lawn to set it off and more importantly it was in close proximity to three prestigious schools – Royal College, St. Bridget's Convent and Ladies College. Felix was delighted’*

– (excerpt from Noreen Welikala's book 'Life Story of a successful Businessman')





# A History of Stafford

Felix De Zoysa loved the prestige of his precious school being located in the heart of Colombo 7. A leading businessman, he decided to open Stafford Ladies College in 1959, after previously launching Stafford College in Maradana.

On its opening day, 13 fresh faced girls nervously entered Stafford Ladies College; or Tillingham House as it was alternately titled. A total of 300 students attended the school during its existence. They were taught by intellectual teachers in varied fields such as Art, Science, Home Science and Needlework, to mention a few. The very first Principal of Stafford Ladies was Mrs. Wincooke, a kindly figure who guided the girls towards being strong and independent individuals that would later thrive in the world. She served from the inception of the school until 1979, and thereafter was succeeded by one of the Vice Principals: Mrs. Noreen Welikala. Stafford Ladies was popularized for its high standards in the Sciences; a feat which the Vice Principal Mr. Ranjith Wijemanne was instrumental in achieving. Under his guidance, the school established one of the best Physics laboratories in the scholastic sphere.

The girls were given a well-rounded education at the school, with occasional games, matches, needle work and cake demonstrations. Art, home science and science exhibitions were also held during this time and it is in lieu of these exhibitions that the school continues to conduct the annual exhibition – Kaleidoscope. Some of the girls boarded at one of the two

hostels operated by the iconic Matron: Mrs. Soyza.

There was an umbrella of schools under the name 'Stafford', including the Stafford College for Boys (established in 1960) which was led by Mr. Ranjith Wijemanne. Similarly, Pembroke Academy for Boys, located in Flower Road, was yet another initiative by Felix. The institute taught English Medium Science and was paralleled by the Commerce Stream at Alexandra Place.

When Mrs. Wincooke retired from her Principalship in 1979, she was succeeded by one of the Vice Principals – Mrs. Noreen Welikala, who was quoted by her staff to be a 'regal, eloquent and fashionably dressed individual'. She was an outstanding personage who possessed inordinate wisdom, fiery determination and a high intellect and is still greatly revered years after her retirement in 2009. One feature of interest is that until this time, students would go to India to sit for their exams until the Education Ministry provided permission for exams to take place in Sri Lanka. In 1985, a Commerce Section was introduced and Mrs. Welikala introduced uniforms for the O Level and A Level classes.

When the Ministry of Education decided to entertain the possibility of opening international schools, Stafford was one of the first schools to jump on the bandwagon and the school was then renamed Stafford International School in 1985 when it became a co-educational private levying institution geared to the British curriculum of studies, catering

to London O/Level and A/Level examinations. During the transition, Mrs. Welikala continued to be Principal of the school and thus became Stafford International School's first Principal. The school was the second international school in Sri Lanka.

Ever since then, Stafford International School has built itself a reputation as a forerunner in the field of education. It has been well-renowned for its exemplary academics and extracurriculars and regarded as one of the most prestigious schools in Sri Lanka. Even its Primary Section, established in 2003, with

the help of Mrs. Mangalika Gunawardene, is a credit to the school, with its modern learning methods and coherent teaching strategies.

We as students have been guided by our school's valuable teachings for a majority of our childhood.

Therefore, as Staffordians, we are proud to say that whatever life hurls at us, we will continue to 'strive towards the light'.



# Ethos and Traditions

Stafford prides itself for the diverse cultural atmosphere created at the school. Our lavish and rich history of 60 years consists of several cultures and traditions. Religion, especially, is held in a very high respect and every learning day is inaugurated, with fifteen minutes dedicated towards religious observances. Accordingly, religious events such as Saraswathi Pooja , Bakthi Gee or Carol Service are held annually and students of all backgrounds are encouraged to participate in these events, hindering the contribution to stereotypes in today's world.

In a society where racism currently plays a major role, Stafford has since the beginning brought up its students in an environment where discrimination of any form is severely prohibited. Students are taught in an environment where everyone is considered equal and friends are made disregarding facts like religion or even political ideals. At the school, bullying is simply not condoned in the slightest and thankfully, it is almost nonexistent.



The first uniform of  
Stafford International  
School

L to R: Subhashini,  
Ashoka Silva, Nirmala  
Galappaththi



# Important figures of Stafford



## Noreen Welikala

Mrs Noreen Welikala was well known in Stafford for her reputable position as the former principal but most importantly for being a part of the evolution of Stafford and establishing it into the school it is today.

Mrs Welikala pursued her tertiary- level education and graduated from the University of Peradeniya; one of the most prestigious universities in Sri Lanka. She started her career as a teacher in Stafford Ladies College and was later appointed as the vice principal. Mrs Welikala was a wife, mother but most importantly a woman who understood the mindset of children and was compassionate towards people. She became the first principal of the co-educational Stafford International school when it was created in 1987. With the assistance of Mrs Kalyani De Zoysa, Mrs Welikala enforced strict discipline, introduced the house system along with the school logo and song. After several years of serving Stafford, she retired in 2009.

She was respectful, altruistic, eloquent , affable, well dressed and above all she had a heart of gold.

As a teacher and principal but most loved as a human, Mrs Noreen Welikala was truly one of a kind.



## Felix De Zoysa

Although there are many key figures when it comes to the History of Stafford, Mr Felix De Zoysa is the beginning. If it were not for him, the story of Stafford would never have been awakened and told among generations of Staffordians. As a young boy, Mr Felix as the adored son led a very carefree life. He was treated with the utmost care.

An excerpt from Mrs Noreen Welikala's book 'The life story of a successful businessman' showcases the turning point in Mr Felix De Zoysa's life:

*"Felix remained disinterested in his studies. He did not apply himself to his work. He did however, put in some last minute cramming, which naturally did not help him. All in all Felix made poor progress on the academic side. Studies and he were poles apart. His father who naturally expected his son to shine at College was disappointed. He left Nalanda College and joined Pembroke Academy. He now realized that he had fallen short of his father's expectations. It dawned on him that he should have done better for himself. This was a turning point in his life.*

*Life went on in fashion until his father fell ill. His father's brother was put in charge of the press (The day Mr Felix was born, his father bought a printing press and installed it in Maradana. It was named 'Felix Press') and Felix himself gathered knowledge about how a press works. He became interested in doing business on his own. He had learnt of ups and downs in the business world, monetary and otherwise. He learnt about competition, business rivalry, demand and supply and management of labour and so on. Slowly but surely Felix's business acumen came into the limelight."*

Mr De Zoysa, despite the several challenges he faced as a young businessman, is now the founder and former chairman of Stafford International school, Stafford Motor Company, The Dolphin Hotel, Felix Press, Felix Printers and Atlas Hall in Sri Lanka. In 1950, Mr De Zoysa married a quiet pretty lady by the name of Ruby Samarasekera. Mr and Mrs De Zoysa had three daughters. Simplicity was the key note of his lifestyle. He was a fond father, not very emotional and never indulged his children, the way he was indulged by his parents. His children were clearly made to understand that money could not be plucked from trees or that one could not get it for mere asking. Mr Felix De Zoysa was a man of great benevolence. He had helped countless numbers of people in various ways and kept it all a dead secret. Money did not

change Mr De Zoysa neither did it change his way of life. The more money he had, the more he stressed simplicity. Mrs Noreen Welikala in her book 'The life story of a successful business man' said it best:

*"Felix in the twilight of his life could have the satisfaction of having done the best. His favourite words of advice were - "Whatever you do, do well" true enough as whatever he did, he did to the best of his ability."*

A few years before Mr De Zoysa's death, he was commended for an act that one in a million may do. The newspapers carried a headline in the Daily News of the 25th of July 1979 'A man in a million shrugs off a million'. The Ceylon Daily News called him this as he had returned an overpayment of Rs 1.1 million to the Department of Government of Supplies on the sale of motorcycles. *"Such was his honesty and integrity which a million words cannot describe. If one mentioned this to him, he would just smile as if the reference was not for him."* says Mrs Welikala in her book.

We as a school body will forever be indebted to Mr Felix De Zoysa because above all, Stafford has become a second home to many students and has created an environment where each individual can excel and become the best person they could be, thanks to him.



Felix De Zoysa with his wife,  
Ruby De Zoysa.



## Kalyani De Zoysa

The story of Mrs Kalyani De Zoysa is one of virtue and female empowerment, setting the stone for our female students to look up to for generations to come.

Mrs Kalyani De Zoysa entered the University of Ceylon in 1948 after passing her University Entrance Examination with flying colours. All of her family members were happy with her results but no one wanted to see her going to a university. However, her determination and resilience enabled her to break through the barrier between her and her education. In 1951, she completed the university education with a bachelor's degree in Arts and a diploma in English. Not only was Mrs Kalyani De Zoysa the deputy principal of Government Girls' College, Castle Street but she also aided her brother Mr Felix De Zoysa in running Stafford Ladies College and functioned as the Managing Director of the school. She was also instrumental in the inception of Stafford International School.

*"Victory is always possible for the person who refuses to stop fighting."*

## Ranjith Wijemanne

From the very inception, Stafford was best known for its exemplary academics. Mr Ranjith Wijemanne, the vice principal of Stafford Ladies College in 1959 was influential in attaining this achievement. One of the best physics labs was created during his time. Being a physics teacher at the start of his career, he made sure this was possible with his constant assistance and counsel. Mr Wijemanne who initially employed Mr Felix De Zoysa as a clerk, was later employed by Mr De Zoysa as the Principal of Stafford College (brother college to Stafford Ladies College). According to Mr De Zoysa, Mr Wijemanne was referred to as the 'man with golden brains'. This reference came to origin when Mr De Zoysa realized that Mr Wijemanne was a good organizer and a soft hearted man with great ability.

# Amarasiri Abeywardene

Mr Amarasiri Abeywardene ran the A Level Section of our school for 37 successful years. As a director, he mentioned that Stafford has received the best science results continuously since the inception of Stafford International School. It was Mr Abeywardene who made our school into an Examination Centre, until which students had to go to different schools to write their exams. Our utmost gratitude goes to Mr Amarasiri Abeywardene who was the reason for this significant transition.

## Mangalika Gunawardene

Mrs Mangalika Gunawardene was significant in the formation of the primary section in the early 2000s. She aided both principals Mrs Welikala and Mrs Thaldena in managing the primary and secondary schools efficiently. Mrs Gunawardene is remembered for her warmth, kindness and understanding demeanor.

## Winn Cooke

The very first Principal of Stafford Ladies was Mrs. Wincooke, a kindly figure who guided the girls towards being strong and independent individuals that would later thrive in the world. She served from the inception of the school until 1979, and thereafter was succeeded by one of the Vice Principals: Mrs. Noreen Welikala.



## Sunethra Thaldena

Mrs Sunethra Thaldena was appointed as the principal of Stafford International School in 2009. During her tenure of 10 years, Mrs Thaldena brought about some important changes. She introduced the House System of Felix, Kalan, Noreen and Ruby named after key figures in our history. She was involved in the inception of the Western Band of SIS, Debating tournaments and our very own prefectship system. After serving Stafford as a principal for almost a decade, she retired.





# Message from the Head Prefect

2019/20

It fills me with nostalgia when I bring to you my very last report, as a student and the outgoing Head Prefect for 2019/2020. We will go down in history as the batch that graduated amidst the most extraordinary times. With A Levels being cancelled, the rest of the school having to switch to remote learning, and even this yearbook being released online, our batch walked out of school and in to the real world with a bang, and a real bang it was:

I believe that this year, despite all its troubles, was a tremendous success for all us Stratfordians and staff. Our school is home to students who've now become some of the best performers, athletes, swimmers and debaters in the country. We've bettered ourselves compared to previous years in almost every single way; in addition to extra-curricular activities, we've also gotten better at academics, organising events (before the pandemic, of course) and community service projects. Given how swiftly we adapted to unprecedented circumstances and online learning, one can only be impressed. All of this means I'm even prouder to be a Staffordian now, than I was just a year ago.

I'd like to express my gratitude to teachers and management for entrusting me to lead the Prefects Guild during the last year. For me it brought both a sense of pride and responsibility. I'd especially like to mention the Prefects Guild of 2019/20: thank you for all your hard work- while things did get a bit chaotic at times, with your support we managed to pull through and make this year great.

Over the years, my batchmates and I have enjoyed some truly great moments, learnt many important lessons, and

made memories that we'll treasure for the rest of our lives. As I've said many times before, the one thing I treasure the most about Stafford is its strong sense of community. What I'm referring to, is the sense of familiarity students have with each other and their teachers, and how there's always someone approachable and willing to help you. This isn't easy to come by, and I'm tremendously lucky to have enjoyed this with the rest of you for all these years. Stafford aims at providing holistic growth within us which leads us to explore horizons beyond academics. I feel extremely grateful to have benefitted from all that Stafford offered- it made it easier for us to cross any obstacles and leap forward on our lives journey.

I firmly believe the future has great things in store for us. Under the brilliant leadership of our Academic Director, Principal and other members of the management and staff, Stafford is on the brink of a new golden age. Having seen so much positive change over the last year, I can tell you for certain that the best is yet to come. With that, here's the message I'd like to leave my juniors: make use of the resources and opportunities available to you. School is a place where you can explore your interests, experiment with the type of person you want to be and select which dreams you want to come true. Whether it's joining that club you're interested in, organising the event you believe is important (online for now, obviously) or getting into your choice of university, Stafford and the people here will help you. Take it from me, all you have to do is ask and make the school flag flutter high.

**Ashvin Arsakularatne**  
Head Prefect (2019/2020)



# Message from the Games Captain

2019/20

Dear all,

It's hard to summarize all the memories and moments I have experienced as a games captain and student of Stafford International School. But every legend has a few last words, so here are mine.

Growing up, I have always admired the art of sports and not to sound narcissistic, but I have been told that I am truly gifted by being talented at almost all the sports Stafford has to offer. Starting from my two main favorites - cricket and basketball.

In June 2019, my best friend Jineth Saparamadu and I were given the opportunity to be games captain and deputy captain. The badges caught us by surprise because it was never a goal to either of us, but we were immensely grateful for it. We referred to ourselves as the "iconic duo" because we always worked better together.

At the beginning I did not know what to expect or how I was going to balance this captaincy with my day to day life. Although, as days went by it was quite fascinating observing students enjoy their favorite sports and growing independently because of how much effort we as Staffordians put into something we enjoy doing.

All captains have their favorite moments while being a leader and mine would definitely have to be seeing every student, teacher and director have a wide smile on their face after every tiring meet, weekly tournaments or muddy practice. I speak for everyone in Stafford when I say that, win or lose, we

are always proud of each other and we are always one unique team.

In conclusion, to all my fellow students reading this, I hope nothing but the best for your future and to never give up on something you are truly passionate about.

Always keep shining and never forget your Staffordian roots. Be competitive and still make crazy unforgettable memories.

**Avesh Polonowita**

Games Captain (2019/2020)





THE CLASS OF

M. M.  
XX XX



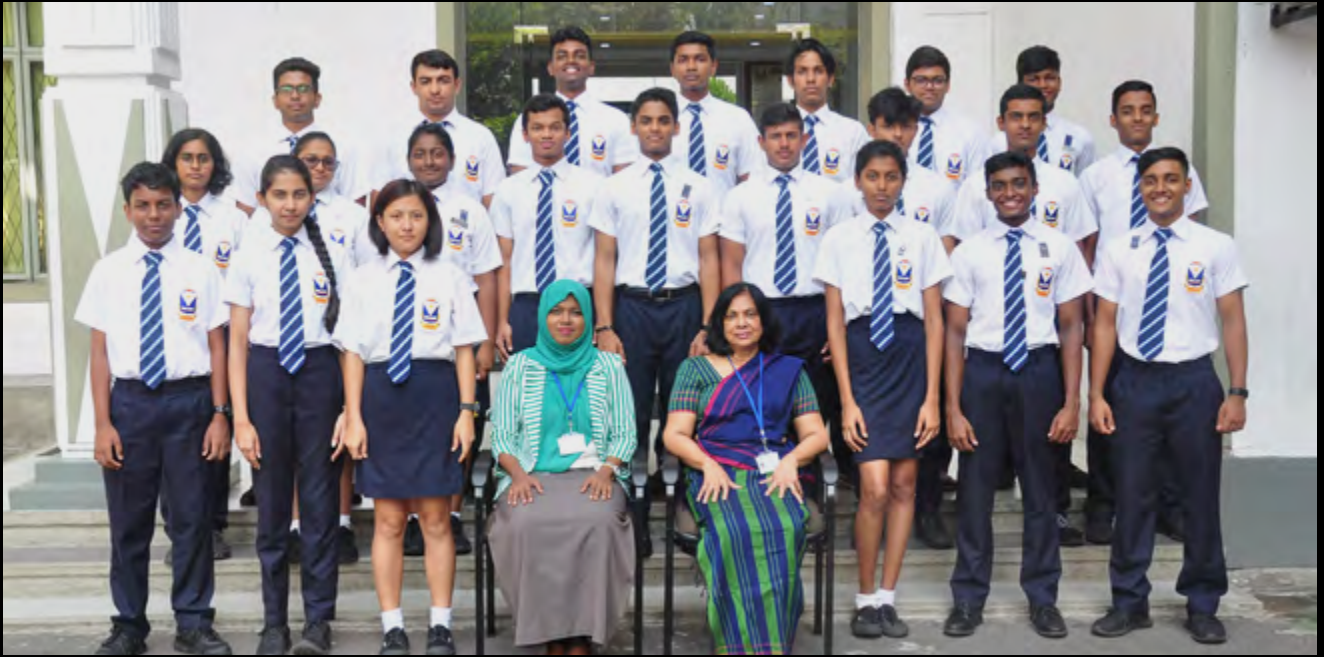
*1<sup>st</sup> Row (L to R) - Anushkaa Vasu, Bhavani Galappaththi, Lohansa De Mel, Jamaal Ibrahim, Mrs. Nayana Gunathilaka (Class Teacher), Mrs. Gowri Palipana (Principal), Mariyam Sodiq, Maleesha De Zoysa, Senthooriya Pushpananthan.*

*2<sup>nd</sup> Row (L to R) - Dayan Perera, Kaumadi Jayawardena, Shaileshwer Vijayakumar, Radhesh Salgadoe, Chaneth Wickramapala, Vilhan Ariyaratne, Jaden Christy, Omar Abraar Siyad, Bhanushanth Subendran*

*3<sup>rd</sup> Row (L to R) - Rochelle Fernando, Ashvin Arsakularatne, Shan Gunasekera, Gayendra Kuruppu, P Abileshan, Suhail Refaideen, Lakindu Dissanayake, Prajit Kumaraswamy*

*Absent - Janatan Saravanaraj, Asif Macan Markar*

# Upper Six Science



*1<sup>st</sup> Row (L to R) - Dhevshanth Gangadaran, Pathmasrikanth Thiekshanaa, Phuntsho Namgay Choden, Ms. Shermila Zackie (Class Teacher), Mrs. Gowri Palipana (Principal), Rashika Tamilmaran, Mahen Perera, Heshan Palliyaguruge*

*2<sup>nd</sup> Row (L to R) - Sneha Kadiragamarajah, Tihara Jayatilaka, Alina Fernando, Hammad Ali, Kehan Gunatilleka, Avesh Polonowita, Zafar Ibrahim, Thalal Usman Sally, Javeed Gaffar*

*3<sup>rd</sup> Row (L to R) - Shanthan Shanju, Nazeer Sharfudeen, Dhearthik Ponnusamy, Shanmugaraja Thanusheak, Devmith Hettiaratchy, Chethan Gunadasa, Nethula Gunaratne*

*Absent - Jineth Saparamadu, Ahmed Noordeen, Dhinaara Wijewardena, K Dhanushkar*

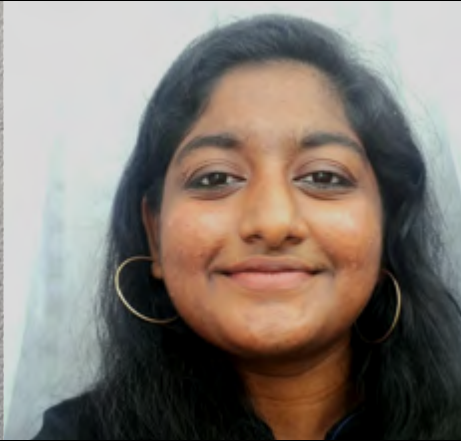
# Upper Six Commerce & Arts

# Senior Pictures Senior Pictures Senior Pictures



Abileshan Pathmanathan

*"If you like water you already  
like 72 % of me - Thanks  
google"*



Alina Fernando

*"Veni, Vidi, Vici"*



Anushkaa L. Vasu

*"What can I say about  
school? I laughed. I cried. It  
was amazing!"*



Ashvin Arsakularatne

*"Aiight, imma head out"*



Avesh Polonowita

*"Been more to the sickroom  
than shanas classes"*



Bhanushanth Subendran

*"Will miss the morning buffet  
at the back of the class 🤔😂"*





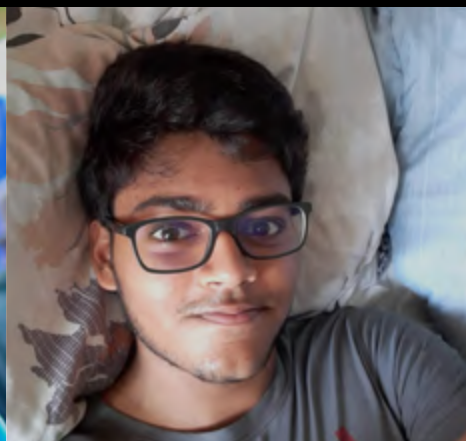
Bhavani H. Galappaththi

*"Better to take a chance than  
live life regretting a missed  
opportunity."*



Chaneth Wickramapala

*"Let your actions do your  
talking for you."*



Chethan Gunadasa

*"If life gives you lemons sell it  
and buy some beer."*



Dayan Perera

*"The saddest thing in life is  
wasted talent"*



Devmith Hettiaratchy

*"I am Teflon don  
Set wemu"*



Dhearthik Ponnusamy

*"Paathale set eka"*



Dhevshanth Gangadaran

*"I cheated on all my exams."*



Gayendra Kuruppu

*"People who don't know me  
think I'm quiet but people who  
do wish I were"*



Heshan D. Palliyaguruge

*"gonna really miss the buffets  
during break"*



Jaden Christy

*"Dreams don't work unless you do!"*



Jamaal Ibrahim

" "



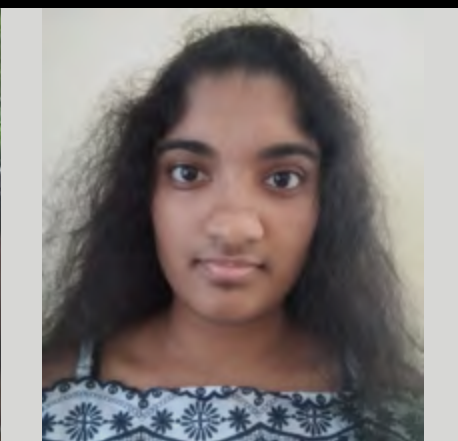
Janatan Saravanaraj

*"If I fail as an engineer, I can always rap"*



Jineth Saparamadu

*"Sir Suvins favorite student, but he'll never admit it"*



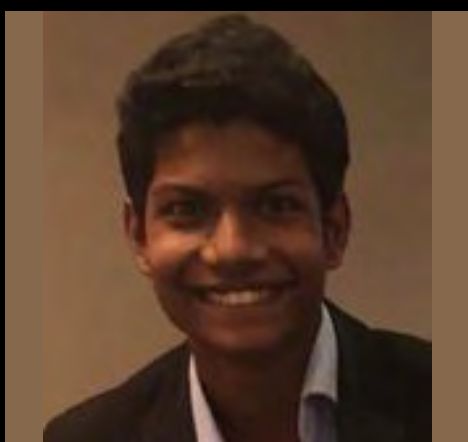
Kaumadi N. Jayawardena

*"The game has begun, so don't be scared, and enjoy it."*



Kehan D. Gunatilleka

*"stop being someone to somebody, or u're gonna be nobody to everybody"*



Lakindu B. Dissanayake

*"Life has no remote, so get up and change it yourself."*



Lohansa De Mel

*"Follow Instagram.com/lohansa\_.d"*



Mahen S. Perera

*"I came, I tried, I failed, I learned, I succeeded, I left"*





Maleesha A. De Zoysa

*"It's okay if you disagree with me, I can't force you to be right"*



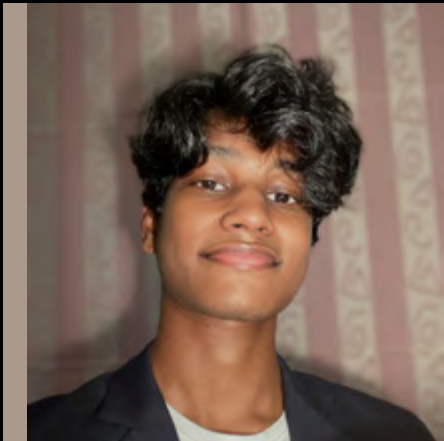
Mariyam U. Sodiq

*"The Office, Season 7, Episode 19, min 14:45"*



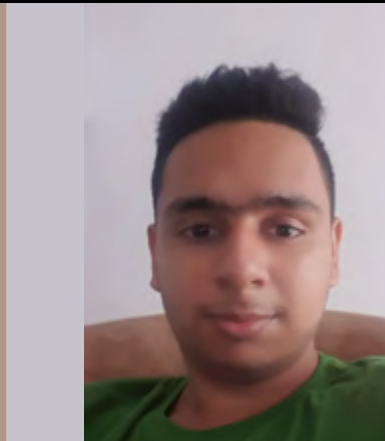
Mohamed N. Sharfudeen

*"Know your worth. Don't settle for anything less"*



Nethula Gunaratne

*"Xue Hua Piao Piao Bei Feng Xiao Xiao"*



Omar A. Siyad

*"Start where you are. Use what you have. Do what you can."*



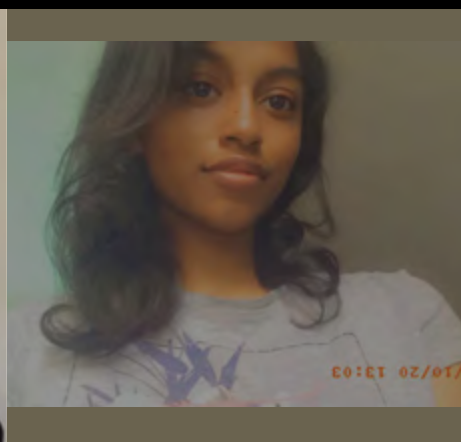
Phuntsho N. Choden

*"still telling you I'm not chinese."*



Radhesh Salgadoe

*"[https://youtu.be/ISOT3Q4F\\_7Q](https://youtu.be/ISOT3Q4F_7Q)"*



Rashika Tamilmaran

*"Prehistoric humans will not be too happy with evolution if they meet me."*



T. H. Rochelle Fernando

*School life was a rollercoaster of emotions. Here's to a new adventure!"*



Senthooriya  
Pushpananthan

*"Discover who you're truly  
meant to be."*



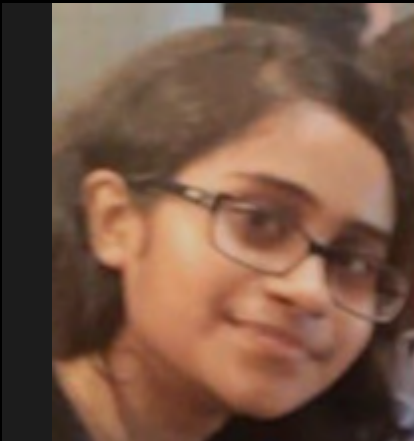
Shaileshwer Vijayakumar

*"If you want to conquer the  
anxiety of life, live in the  
moment, live in the breath."*



Shanthan Shanju

*"Follow your dreams, but  
follow my IG, too."*



Sneha Kadiragammarajah

*"Always skip the tutorials"*



Ahmaed Suhail Refaideen

*"Kill them with your success  
👍 / Bury them with your  
smile 😊"*



Thalal Usman Sallyv

*"Every minute wasted gets  
closer to your death"*



Shanmugaraja  
Thanusheak

*"Say goodbye to the past, to  
lead the future"*



Pathmasrikanth  
Thiekshanaa

*"Nothing Can Dim The Light  
That Shines From Within Me!"*



Tihara Jayatilaka

*"Laughter is timeless,  
imagination has no age,  
dreams are forever. - Walt*





A. Asif Macan Markar

*"The most important thing in your life is to live your life with integrity and to not give into peer pressure to try to be something that you're not"*



Shan Gunasekera

*"I spent all my time at school searching for snacks only to realize that I was the snack all along :3"*



Vilhan Ariyaratne



Hammad Ali



Mohamed Javeed Gaffar



T. Dhinaara Wijewardena



Prajit Kumaraswamy



Ahmed Rafeek Noordeen

*"Was miss priyanga one and ever loving culprit"*



Mohamed Zafar Ibrahim

*"Life is soup, I am fork."*



J. A. A. Nilasha Fernando

# GRADUATION VIDEO



<https://youtu.be/is9phl-fiy0>

Click the link above to watch some highlights from the Class of 2020!



# Where We're Headed...



<http://www.ft.lk/education/Stafford-International-School-students-offered-places-in-top-ranked-universities-in-the-world/10515-702150>

Click the link above to read about how our students achieved places at top ranked universities this year!









Beruwala Boys





# Sixth Form

55 LOWER 6

58 SIXTH FORM SUBMISSIONS



# Sectional Report

2019/20

The academic year 2019/ 2020 has been an unprecedented year in many ways.

The year began with many pleasant surprises when the Cambridge Award Winners list was published. The list showed that 28 students from Stafford International School had secured awards. Among the winners was Chaneth Senuja Wickramapala securing Top in the Word for AS Level Mathematics, and a record of six students securing Top in the Country.

March of 2020, saw us pushed into uncharted territories with the onset on the COVID 19 Global pandemic. With the closure of schools in accordance to government regulations, we realized that we would not be able to conduct classes as usual. The School Administration was determined to minimize the disruption to students, at least with their Academic work. The team took up the challenge to start the school third term as planned on the 23rd of April.

To be able to start school, our primary objective was to find a channel to broadcast the lessons where the teachers would be able to conduct the lessons from home. Additionally, we needed a platform to host the study materials which would be user friendly for the teacher as well as the student.

Then we faced the massive obstacle of ensuring the teachers were equipped to teach from home by providing them with laptops and internet connectivity. The purchase of these objects was organized despite the lockdown, but delivery of the items to each teacher's home became a problem due to the curfew imposed. This was further compounded by the fact that teachers were from three different districts – and



crossing a district was banned. With the commitment of our staff, we were able to obtain curfew passes and have all the equipment delivered and set up within a few days.

The next step was the training of the teachers, so that they would be able to learn and then thrive in the new environment. We wanted to ensure that no teacher would feel isolated during this time, and therefore we went through an extensive training module.

In the meantime, Edexcel and Cambridge Examinations were cancelled. The teachers had to provide predicted grades for all the subjects in Form V for the students who were to sit the Cambridge IGCSE exam and The Lower VI and Upper VI which was to sit for their Advanced Subsidiary and Advanced Level examinations respectively.

However, I must also focus on the activities prior to March 2020. Primarily among this were the walk, fair and exhibition organized as Stafford International School Stafford celebrated 60 years since its inception in 2020. The student extracurricular activities such as the Kaleidoscope exhibition was successfully conducted.

Some of the main student activities also concluded were:

- The Annual sports meet which was held at The Sugathadasa Indoor stadium.
- The Annual swimming meet.
- The Annual cricket encounter.
- A Blood donation campaign.
- Health camp for over 800 people conducted in Ratmalana.
- Beach cleanup project.
- Distribution of books for the needy.
- Annual under-12 badminton tournament conducted by the school for all the international schools who are members of The International Schools of Sri Lanka (TISSL).
- The Annual Debating Tournament.

**Shanil Jayasekera**  
Deputy Principal

# Academic Achievements

Here are the amazing results we achieved in the May 2019 external exams!

## Cambridge O Levels

### 9 or more A\* grades

Aloka Kaldera Dissasekara  
Rathnayake Mudiyanseelage Agbo Pethiyagoda

### 8 A\* grades

Gehan Sathsara Vihtanage  
Thusali Amalya Sathkorala

### 7 A\* grades

Dinuki Thevindee De Alwis  
Uswatta Liyanage Lisan Vidmal  
Yashwaanath Mohanraj

### Best Across Nine Cambridge O Level Subjects

*Second Place* – Rathnayake Mudiyanseelage  
Agbo Pethiyagoda

### Best Across Eight Cambridge O Level Subjects

*First Place* – Thusali Amalya Sathkorala  
*Third Place* – Uswatta Liyanage Lisan Vidmal

**Best Across Seven  
Cambridge O Level  
Subjects**

First Place – Gehan Sathara Vithanage  
Second Place – Aloka Kaldera Dissasekara

**Top in the Country**  
*Additional Mathematics*  
*Chemistry*  
*Computer Science*  
*Tamil*

Thusali Amalya Sathkorala  
Thusali Amalya Sathkorala  
Muhammedh Aqeel Fouzi  
Prayon Clifford Fernando

**High Achievement**  
*History (Modern World  
Affairs)*

Gehan Sathsara Vithanage

## **Cambridge International AS Levels**

**Best Across  
Five Cambridge  
International AS Level  
Subjects**

*First Place* – Shan Varna Gunasekera

**Best Across  
Three Cambridge  
International AS Level  
Subjects**

*First Place* – Chaneth Senuja Wickramapala  
*Third Place* – Ashvin Arsakularatne

**Top in the World**  
*Mathematics*

Chaneth Senuja Wickramapala

**Top in the Country**  
*Business*

Shan Varna Gunasekera

## Top in the Country

*Economics*

Mahen Sachinthana Perera

## High Achievement

*Information Technology*

Shan Varna Gunasekera

## Cambridge A Levels

### 4 or more A\* grades

Gamaarachchi Senu Aritha  
Augustin Lia

### 3 A\* grades

Ikram Fathima Nuhaa  
Jayasinghe Vomini Kithma





*1<sup>st</sup> Row (L to R) - Denusha Lavan, Samadhi Pahindra, Ms.Navoda Samarappuli (Class teacher), Ms. Gowri Palipana (Principal), Dinadi Jayathilake and Devuni Ratnayake.*

*2<sup>nd</sup> Row (L to R) - Nathuli Malwana, Ronali Jayaweera, Abdullah Fahim, Ayesha Pallie, Pranav Ganesan, Dharthisha Yogendran, Gashini Kaleimohan, Dilki Fernando and Dinuki De Alwis.*

*3<sup>rd</sup> Row (L to R) - Thisen Weerasinghe, Danushkar Gangadaran, Arjuna Praveen, Nadith Gunawardena, Gehan Vithanage, Imaad Muzni, Hafiz Ikram, Chamoth Wanniarachchi, Dheenuja Wijeratne and Aloka Dissasekera.*

# Lower 6A



*1<sup>st</sup> Row (L to R) - Kaarunya Muruganathan, Nethara Gallage, Mirnali Kangaraj, Mrs. Enakshi Perusinghe (Class Teacher), Mrs. Gowri Palipana (Principal), Methmi Jayasundara, Aqeel Fouzi and Isuru Yahampath.*

*2<sup>nd</sup> Row (L to R) - Kethaka Wanigatunga, Nadil Wellage, Maad Mustafa, Akmal Rushdi, Mahernakanth Mahernaa, Renuja Jayaratne, Malik Milfer, Raaid Sheham, Nafisa Rushan and Ruhan De Silva.*

*3<sup>rd</sup> Row (L to R) - Kinzang Wangchuk, Lojan Jayakumar, Dheshan Irshad, Joash Handapangoda, Mayukhe Peiris, Kaveen Madihahewa, Hidhurshan Krishnakumar, Aman Miswar and Hassen Cader.*

# Lower 6B



*1<sup>st</sup> Row (L to R) - Shrinithi Sivakumar, Shanthan Sharanika, Roshel Sadhiyan, Ms Kosalee Jayasinghe (Class Teacher), Mrs. Gowri Palipana (Principal), Sewedha Pathmanarayan, Thusali Sathkoralala and Sandani Rubasinghe.*

*2<sup>nd</sup> Row (L to R) - Trisheni Wijeratne, Thepulma Jayatissa, Agbo Pethiyagoda, Yogendran Trinie Yadurshan, Pudamini Gomes, Dulen Ratnayake, Lisan Vidmal, Tilini Wijemannne, Akindu De Alwis, Vinesh Ravinathan and Mohamed Zeeshan Faiz.*

*3<sup>rd</sup> Row (L to R) - Shabeer Zakraf, Sameen Goonatilake, Shiven Jayaratne, Aathish Vinoj, Nuvith Ariyaratne, Shivane Theverapperuma, Soumya Arya and Yashwaanath Mohanraj.*

# Lower 6C





Dharthisha Yogendran  
Lower 6A

# දෙමව්පියන්

දස මසක් කුසේ තබා  
මා මෙලොවට බිහි කරා  
මගේ සුදු අම්ම  
මගේ නොඳු අම්ම

අයට අපහසු වූ වෙලේ  
කවා පොවා උදව් කළේ  
මගේ නොඳු අප්පව්ව  
මගේ කළු අප්පව්ව

රූ අහසේ තරු ගනිමින්  
හඬ මාමගේ හැඩ බලමින්  
අකුරු අකුරු කියා දෙමින්  
පුංචි අපිව ලොකු කළා

අප කිය කිය බඩ ගග  
චිතෙට මෙතෙට පැහසු අපිට  
හැම දෙයක් ම කියල දුන්නේ  
අපේ දෙමව්පියෝ.

උදේ හවා මල් තියා  
හඳුන්කුරු පත්තු කරලා  
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චය නම් කිසි වැඩක් නෑහේ.

දෙමව්පියනි ඔබ දෙදෙනා  
අපට කරපු සියලු දේට  
මොහ ලෝකෙට ගියත් අහේ  
නිවන් ලොවට යා යුතුමයි.

Agbo Pethiyagoda  
Lower 6C





# THE INDIVIDUAL CRIME

Our parents brought us to this world with complete knowledge that at any moment the flame that they have lit can be extinguished by the faintest of winds. Every time the flame flickers, they too flinch at the uncertainty of our extraneous existence. From the instance that we are born we are subjected to the many unpleasantnesses of life. From a very young age we all live knowing that we will die. Every time we taste fancy dishes, see scenic sights and enjoy feelings of pleasure, deep down we all know that one day we will leave all of this behind and cease to exist. So then, why do we continue to live this illusion?

Every man and women fears death. Or rather, every man and women fears the unknown. Maybe that is the reason behind death being a

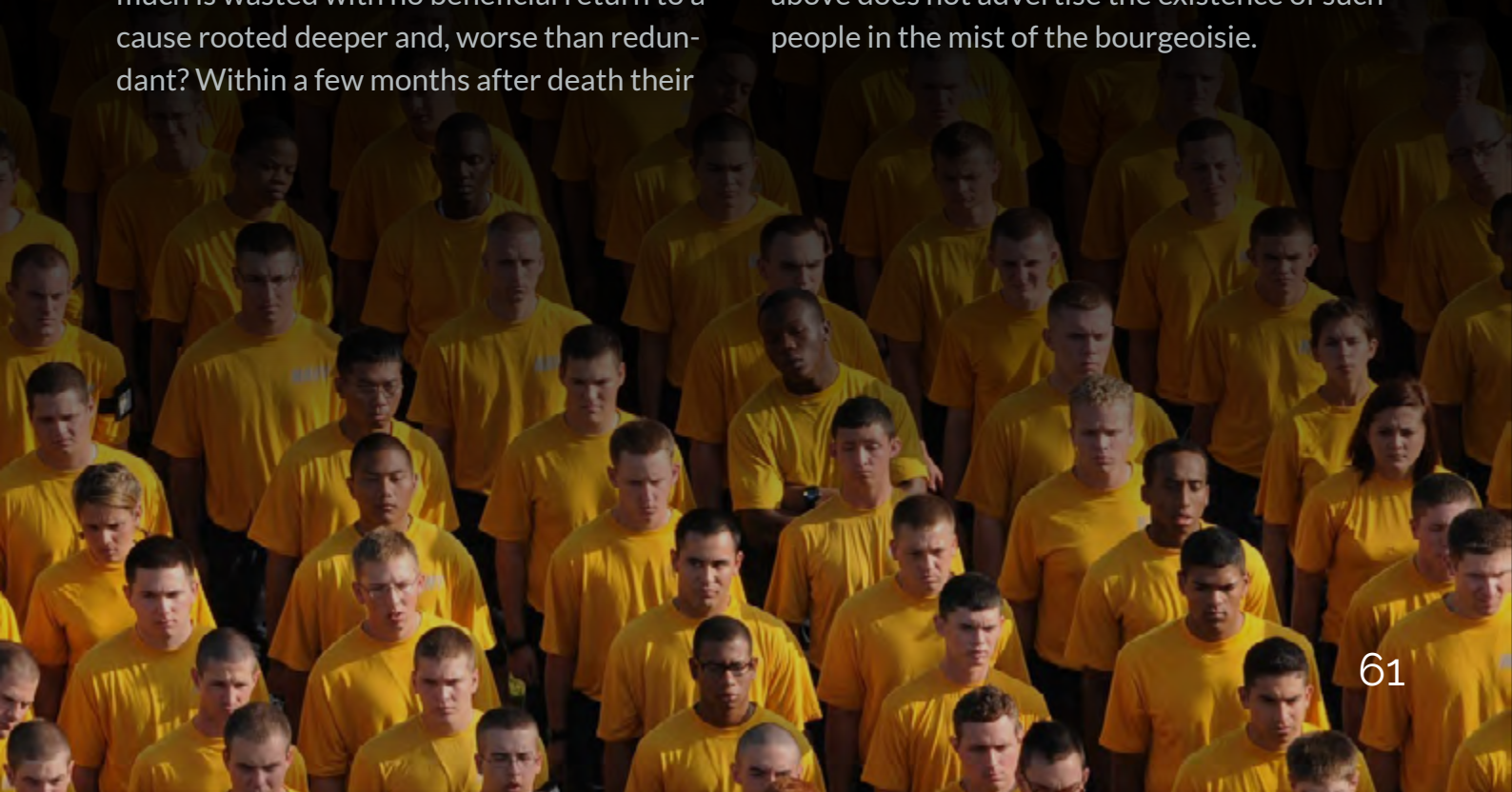
keynote of religion. A phenomenon that lacks scientific wisdom being satisfied by superstitious belief. Irrelevant of any religious belief, for a universe that is trillions of years old, are not our lives just specks of dust sitting on a single grain of sand? Why has not our utter insignificance become a problem to mankind? In modern society we see many 'powerful' men in a never-ending race for money and power. Over many decades people collect these pieces of paper, stuffing them into bank accounts, only to collect more. Upon the historic scandal of the Panama Papers we witnessed the extent of peoples' greed to collect their precious bank notes. Why? Collect for what? Do they not realize that within a few years they will be no more than just another human body inside a wooden box? Today we see numerous actress-

es undergoing various procedures to become lovelier than the other. Do they not realize that one day soon their beautiful powdered faces will rot under the soil?

This world is made of two types of people. The first type holds such an overwhelming majority that the latter seems to be non-existent. Primarily, this majority consists of the bourgeoisie class as the 'bosses' of the first type of people. The followers of these so-called leaders are those hoping to become part of this 'elite' class. This type of people has forgotten or have chosen to forget the true meaning of the truth of this remarkably brief life. Surrounded by a seductive illusion that life is a never-ending drama designed to make you happy, these types of people chase a never achievable goal like a horse following a carrot it will never get. The 'elite' component of this classification is completely oblivious to the fact that they are following a path that brings absolutely no meaning to their existence. Despite the superficial beauty of their lives, once they pass into the void of unknown, all that remains is their waste. Simply draw your attention to the amount of resources and money they use to beautify their lives. Is not a life where so much is wasted with no beneficial return to a cause rooted deeper and, worse than redundant? Within a few months after death their

entire life is forgotten and non-existent like an odour blown away by the breeze. And these 'followers'? They don't even get to enjoy the temporary moments of bliss within the illusion. Completely wrapped around the thought of entering the capitalist class, they die trying to catch light with their hands. In the end of the day when they gaze at the past, all that's visible are the selfish deeds of a man trying to walk on a red carpet. Finally, they too wither away having lived a pointless life that was simply a burden to actual development of civilization.

The point is that this first classification of people prioritizes one's own life and comfort over anything else, ensuring that any positive outcome of the resources one uses is concentrated only upon one's self, thereby utilizing community resources for the betterment of something as utterly provisional as a single human life. This 'elite' life clearly is not a 'life well lived' but simply a parasite to something relatively long term as the human civilization. This draws our attention to the second classification of humans. These people appear to be almost non-existent because they seem to be only inside history books. The reason behind this phenomenon is that the illusion described above does not advertise the existence of such people in the mist of the bourgeoisie.





People of the subsequent classification rejects the illusion and lives outside it's smoky fumes. These men are not necessarily 'socialists' or 'communists' but those that understand the redundancy of the improvement of one's own puny, single human life and are capable of thinking as a mass. Such people include Dr. A. P. J. Abdul Kalam, Ernesto 'Che' Guevara, Mother Teresa, Abraham Lincoln, Martin Luther King Jr. and many more selfless friends of the great human civilization. These people understood the pointlessness of using and hoarding community resources for selfish motives and instead chose to work for the masses. The basis of the construction of such people is that they see that wasting so much time and resources to build up a life that takes one from one personal goal to another in a never ending cycle without benefitting anything much bigger than one's own single human life is as pointless as building a sandcastle where a single wave can

wash it away. They understood that if their life is to mean anything to anyone their life must be spent over the development of something much bigger and permanent than one's own lifespan. These people are not different from us and they too have lives that are extremely short, but they chose to leave this world not as a waste of resources. Instead they chose to give the world everything they had and created, passing on the baton to their living comrades. These people become a part of the very human civilization itself and their shadow continues to live in our world, made immortal in books and in our hearts.

It is up to us whether to see through the illusion of life or to continue to slumber in this seductive dream. However, if civilization is to be kept alive, it is mandatory that man starts to think and act as a mass, because it is criminal to think as individuals.

Gehan Vithanage  
Lower 6A



# සිප් මැදුර අමරණියයි

හුහුරු හුපුරුදු හැඟුම් පොඳි බැඳ  
මතකයි විදු මව් තුරලට ආ හැටි  
තනිකම පාළුව හිතට දුනේද්දීත්  
පුංචි පුටුවේ අපි හිටපු හැටි

දින සති ගත වී කල් ගත වෙද්දී  
සොයුරු පෙමින් සිත් බැඳුනු හැටි  
කෙළි දෙළෙන් අප දඟකම කරද්දී  
තරවට දඬුවම් ලබපු හැටි

යහළු යෙහෙලියන් සමග එකතු වී  
සිනහ කඳුළු අප බෙදාගත් හැටි  
දිනෙන් දින සම්මත විය මිතුදුම්  
ඒ බැඳුම් ලෙයටත් වැඩි

දෙවැනි මව්පියන් වන් ගුරුවරු මැද  
මතකයි සිප් සත හදාරපු හැටි  
එක් මවකගේ දරුවන් විලසින්  
අපේ ලෝකේ අපි හදපු හැටි

දිනෙන් දින පාසල් දිවිය හමාර වනවිට  
සිහිවේ මතු පන්තියට නො එන හැටි  
මතක ගොඩක් පොඳි බඳිනවා මිස  
ඒ අතීතයට යලි යා නොහැකි හැටි.

Aloka Dissasekara  
Lower 6A





# தமிழ் எங்கள் உயிருக்கு நேர்

ன்றைக்கு 2000 வருடங்களுக்கு  
மேல் பழமை வாய்ந்த  
இனிமையான மொழி நம்  
தமிழ் மொழியாகும். அதன்  
பழமையையும் பாரம்பரியத்தையும்  
அழியாது பாதுகாக்க வேண்டியது  
மாணவமணிகளாகிய எம்  
கைகளில் தான் உண்டு.  
இன்றைய சூழ்நிலையில் தாய்  
நாட்டை விட்டு புலம்பெயர்ந்து  
திசை எல்லாம் பரவி வாழும்  
தமிழ் சமுதாயம் தமிழ் மொழியை  
பாதுகாக்க தவறுகின்றனர்.

இளைய தலைமுறையினராகிய  
நாங்கள் தமிழ் மொழியை  
கற்பதிலும் எம் உறவுகளுடன்  
தமிழில் உரையாடுவதிலும்  
தமிழ் மொழியின் இனிமையை  
அதிகரிக்க வேண்டும்.

எம் போன்ற சர்வதேச பாடசாலை-  
களில் பயிலும் மாணவர்கள்  
தமிழை ஒரு பாடம் என்று மட்டும்  
கருதி படிக்காமல் எம் தாய்

மொழி எம் சந்ததிகள் தோறும்  
தொடர்ந்தும் செம்மொழியாக  
வாழ்ந்து வளர வேண்டும் என்ற  
ஆவலுடன் கருத்தூன்றிப் படிக்க  
வேண்டும்.

பரீட்சை முடிந்தது என்று தமிழ்  
படிப்பதை மூட்டைக் கட்டி  
வைக்காமல் அந்த பொக்க-  
ிஷத்தை போற்றி பாதுகாக்க  
அரும்பாடு படல் வேண்டும்.  
இன்றைய கால கட்டத்தில்  
தொழிநுட்பம் எவ்வளவோ  
முன்னேறிய நிலையில் தமிழை  
பாது காக்க செலவிடும் நேரம்  
காணாது என்ற சோம்பல்  
நிலைக்கு நாம் தள்ளப்  
படாமல் தமிழ் மொழியை  
வளர்க்க இயல், இசை, நாடகம்  
போன்ற கலைகளை அழிய  
விடாமல் தொடர்ந்தும் ஏதோ  
ஒரு வகையில் ஊக்குவிக்க  
நாமும் உறுதுணையாக இருக்க  
வேண்டும்.

தொடர்ந்து வரும் நம் சந்ததியினர் தமிழை பேணி வளர்க்க நாம் அவர்களுக்கு முன் மாதிரியாக இருக்க வேண்டும். “தமிழ் இனிமெல்ல சாகும்” என்ற கூற்றை நம் போன்ற மாணவமணிகள் பொய் யாக்கி தமிழை போற்றி வளர்க்க பாடுபடுவோம்.

எனது அனுபவத்தில் தமிழ் மொழி பரீட்சையின் பெறுபேற்றினால் உலக பரிசில் அங்கிகாரம் எனக்கு கிடைத்தது. அதன் மூலம் நற்சான்றிதழ் கேடயம் மற்றும் தமிழ் மொழியை மென் மேலும் மெருகேற்றும் வகையில் பாடசாலையின் சார்பில் அளித்த “தங்க நாணயம்” அதை விட பெறுமதிமிக்க ஆசிரியர்கள்,

மாணவ நண்பர்களின் வாழ்த்துக்கள், என்னை அளவில்லாத சந்தோஷத்திற்கு இட்டு சென்றது இவை அனைத்தும் என் எதிர்கால உயர்விற்கு கைக்கொடுக்கும் என்ற நம்பிக்கை கொள்கின்றேன்.

இம் மொழியின் சிறப்பறிந்து எமது பாடசாலையான Stafford International School ல் மிகுந்து சிரத்யுடன் தமிழ் மொழியில் சிறந்த திறமையுடன் விளங்கும் எனது ஆசிரியையான “மிஸ் நிலாணி” அவர்களின் வழிகாட்டலுடன் எமக்கு போதிப்பதை, கற்று, நீங்களும் மென்மேலும் மேன்மையுடையுமாறு சிரம் தாழ்த்தி வேண்டுகிறேன்.

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# நானும் தமிழும்

நான் தமிழில் எப்படி ஆர்வம் கொண்டேன் என்பதை உங்களுடன் பகிர ஆசைப்படுகின்றேன். நான் ஆங்கில பாடசாலையில் படித்தபடியால் ஆண்டு 7 வரை நான் தமிழ் பாடம் படிப்பதை பற்றி நினைக்கவில்லை. அக் காலகட்டத்தில் எமது பாடசாலை தமிழ் பாட ஆசிரியர் என்னை தமிழ் எடுக்கும்படி கூறினார் அவர் கூறியபடி நான் கேட்டதால் எனக்கு எவ்வளவு பெருமை என்பதைப் பிறகு தான் உணர்ந்தேன். அதன் பிறகு "மிஸ் எனக்கு தமிழ் பேசத் தெரியும் ஆனால் எழுதவும் வாசிக்கவும் தெரியாது" எனக் கூறினேன். அதற்கு அவர் பயப்பட வேண்டாம் தமிழ் உங்களது தாய்மொழி என்பதால் இலகுவாகப் பிடித்துக் கொள்வீர்களென கூறினார்.

நானும் உற்சாகத்துடன் தமிழையும் ஒரு பாடமாக எடுத்தேன். ஆரம்பத்தில் நிறைய எழுத்து பிழைகள் விட்டேன் ஆனால் மிஸ் நிலாணி மிகவும் பொறுமையாகவும், அக்கறையோடும் எனது எழுத்துப் பிழைகளைத் திருத்தினார். படிப்படியாகத் தமிழை கற்றுக் கொண்டேன். ஆரம்பத்தில் மத்திமமாகவே புள்ளிகள் பெற்றேன். அதன் பிறகு ஆண்டு 9 இலிருந்து தமிழில் முதல் பரிசு பெற ஆரம்பித்தேன். அது படிப்படியாக

உயர்ந்த எனது சாதாரணதர பரீட்சையில் (O/L) 100 புள்ளிகள் பெறும் அளவிற்கு என்னை உயர்த்திவிட்டது.

ஆம்... எனக்கு Cambridge O/L இல் நான் 100 புள்ளிகளைப் பெற்று உலகப் பரிசை வென்றேன் (World Prize 2018) எனக்கு மிகவும் பெருமையாக உள்ளது. தாய் மொழியில் உலக பரிசு (World Prize) பெற்றதை பெரிய பொக்கிஷமாக நினைக்கிறேன். தமிழ் பாடத்தை எடுக்க விரும்பும் மாணவர்களே... உங்களுக்கு எனது சிறிய அறிவுரை என்ன வென்றால் நீங்கள் பல்கலைக் கழகம் போகும் போது ஆங்கிலத்துடன், இரண்டாம் மொழியும் (Second Language) கேட்பார்கள் இது கட்டாயமானது என்பதை நினைவில் வைத்து கொள்ளுங்கள்.

தமிழில் ஆர்வம் கொண்ட மாணவர்களே! தமிழ் உங்கள் தாய் மொழி என்பதால் தமிழையும் ஒரு பாடமாக எடுங்கள்.

என்னை தமிழில் ஊக்குவித்ததற்கு நன்றி மிஸ். நிலாணி.

P.Senthoriya  
Upper 6 Science



Sharanika Shanthan  
Lower 6C





# Middle School

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# Sectional Report

2019/20

It gives me great pleasure to write a few words as the Vice Principal of the Middle School at Stafford International School (SIS).

The year 2019/20 has been an eventful and challenging academic year for SIS. The Annual Sports Meet and the Christmas Carols were successfully completed during the 1st term followed by the Founder's Day which commemorated the 60th Anniversary of the SIS. This was a highly successful event as we had an array of activities such as a stage drama "A Doll's House" organized by the Drama Club which was a great success; an Art exhibition, a Cake Exhibition presented by the students from Form 1-3 and the "Walk and the Fair organized by the Interact Club of SIS in February 2020.

Then came the global pandemic Covid 19 in mid-March which put a stop to all school's activities and events planned for the last three weeks of the 2nd term and the entire 3rd term. This resulted in cancelling all written examinations including O/Ls, A's Level and A2 level by the main exam bodies; Cambridge and Edexcel. In lieu of the cancellations, the examination bodies offered couple of alternatives for the students, either to withdraw from the examination and sit in the next available exam session or accept the predicted results. This caused some students to withdraw from May 2020 and sit for May 2021 examinations, whereas the remaining students opted to accept the predicted results.

In order to curtail the spread of the virus, the Govt had to lockdown the country from mid-March to mid-June and physical attendance was banned in all schools in the country. As an alternative solution most schools including SIS adapted online lessons. The classes were conducted for all subjects

through Zoom and Edmodo for the entire third term. This was overwhelmingly successful exceeding all expectations. Even though this method was new to both the teachers and the students, both parties embraced this system with excellent success. Not only the lessons were conducted online but also we participated in an online competition to commemorate the World Environment Day and won places too. Hence, this will give new thoughts to have blended learning in the future.

Nothing could have been possible if not for the great support extended by the management throughout this difficult period counselling and inspiring the teachers, students and parents and leading from the forefront to bring the situation under control to keep the ball rolling.

Last but not the least, as the saying goes, there is a silver lining in every dark cloud, we see the light at the end of the tunnel as govt has indicated on plans to reopen the schools in mid July 2020. We eagerly await for this to become a reality and to get back to our normal lives again. May our country and the school be blessed by all religious faiths to prosper again and to stand strong against all odds!!!

Thank you!

**Mrs Sonali Hettiarachchi**  
Vice Principal of the Middle School





*1<sup>st</sup> Row (L to R) - Diren Gunasekera, Dulain Karunatilleke, Harshada Siriwardena, Mrs Pubudu Kasthuriratne (Class Teacher), Mrs Gowri Palipana (Principal), Matheesan Sugandan, Aishwarya Gnanaratnam and Chrishelle Sathiarajah*

*2<sup>nd</sup> Row (L to R) - Ruwindi Gunathilleke, Joshua Cooray, Harish Gunasekera, Nurandie Handunnetti, Chiran Premaratne, Disal Fernando, Abdul Basith, Rishen Samaranayake, Pavan Hettipathirana and Muhammed Sheedh*

*3<sup>rd</sup> Row (L to R) - Krishny Radhakrishnan, Dharany Kirubananthan, W Kyara Nugawela, Tenushka Nanayakkara, Christian Fernando, Mohamed Humaid Saleem, Frank Benedict, Sharan Mahendran and Jithen Ariyaratne*

# Form 5A



*1<sup>st</sup> Row (L-R)- Nisith Gunawardena, Anjali Walisundara, Dithni Perera, Meth Abeysinghe, Roshana Pathmasinghe, Ms. Mifthah Khan (Class Teacher), Mrs. Gowri Palipana (Principal), Thinagar Chandrasekaran, Aringan Varatharaj, Kavya Jayasinghe and Hope De Silva*

*2<sup>nd</sup> Row (L-R)- Vishwa Weerasinghe, Dhanik Perera, Imaad Shiyam, Manthila Mettananda, Pavan Rajavasan, Sasmith Jayasekera, Anishan Fernando, Keerthivasan Mohan and Karam Arafath.*

*3<sup>rd</sup> Row (L-R)- Tenzin Draduk, Chathurya Nilaweera, Ashwin Shanmugamani, Tinel Karunaratne, Resandu Kiralawella, Romaan Roshan, Nisyanthan Ranjan and Abdul Kareem.*

*Absent- Nirone Lokumannage, Yoosuf Moomin, Hussain Zoeb and Randil De Zoysa.*

# Form 5B



*1<sup>st</sup> Row (L to R) - Amaya Perera, Cheranya Kakiriwaragodage, Ms. Saranyah Nadarajah (Class Teacher), Mrs. Gowri Palipana (Principal), Siyara Perera, Rashini Tennakoon and Kimaya Kariyawasam*

*2<sup>nd</sup> Row (L to R) - Vihanga Thejan, Manishee Perera, Saira Cader, Raaed Ibrahim, Savith Herath, Ayesha Murad Sulaiman, Raieda Rimzan, Kimaya Adams and Asmaa Kharposh*

*3<sup>rd</sup> Row (L to R) - Hesara Ranhotty, Mewan Nethsara, Akshwin Sivavadivel, Jivantha Fernando, Prajeet Balasubramaniam, Maherakanth Shavidur and Omer Cassim*

*Absent - Ashendra Bandaranaike*

# Form 5C





Roshana Pathmasinghe  
Form 5B



# Wipe Your Tears, Stand with Me

## WHITE PAWN TWO SQUARES FORWARD

Have you ever thought twice before entering a classroom? I haven't.

School is a place where you and I feel so safe and comfortable. But, do you think it's the same for every other child, in every other classroom, in every other school?

## BLACK PAWN TWO SQUARES FORWARD

Do you ever think that it's not football that made him limp today at school? Do you think twice when you see her flinch when you tap or brush against her? Do you stop to question why he is smiling with a strain? Do you find yourself wondering why she always checks every turn before she steps? Most of us don't. We're too engrossed in our little bubbles to notice anything.

## BLACK PAWN CUTS WHITE PAWN

*"Violence against children takes many forms, including physical, sexual, and emotional abuse, and may involve neglect or deprivation. Such violence not only inflicts harm, pain, and humiliation on children; it also kills."*

School is supposed to be a haven for children; providing guidance for education under the direction of teachers. While peaceful and

positive is what it should be, they sometimes shadow the violence hidden deep within their walls.

*"Life is like a chess board.  
The chess board is the world.  
The player on the other side is  
hidden from us."*

- Thomas Huxley

## WHITE PAWN CUTS OFF BLACK PAWN

I am petrified. I don't like these dark corners or those long hallways, knowing they're there, waiting for their prey; me. I try my best to please them all, but how am I supposed to finish the homework of three "friends" by tomorrow? The teachers are no better, always giving me extra work because I'm the 'troublemaker'.

**School:** School is the temple of education; supposed to be where I learn, where I thrive, where I feel safe; but it's not. It can also be the kingdom of shadows that hides everything. The white paint covers up the damaged, broken walls of pain, bruises, and cuts. They say I act like a girl; what's wrong in being a



girl? Girls are strong too... stronger than me. And then I hear their voices, "Well hello there Kushal. It's nice to see you again." Welcome to the newest episode of Kushal the punching bag. My head bangs against the table making my brain finally function to think- why do they resort to destruction, to harm, to pain, to violence?

I don't care if I don't have friends, I don't care if I don't have good grades, I don't care if I'm a failure because I don't want to go to the place I dread; school.

### BLACK PAWN MOVES A SQUARE FORWARD.

Don't give in to your fears Maya! Stand up to them and stand up to Mr. Fernando! "Well, well, if it isn't the troublemaker herself. I hope you've learned your lesson from yesterday and did your extra homework." "Yes, Mr. Fernando" with all my pep-talk that's all I said. I've had enough; people that were my friends, turn on me because I stood up to 'certain' people. They either joined in or were too scared to say anything, all because I said

no. Isn't it okay to say no? All I did was to stand up for myself.

Is it because I didn't want to be like Rashmi? Pushed down to the floor, called all sorts of names, humiliated and disgraced, all because Senadi's 'ex-boyfriend' went out with her. And now I'm the next toy. I said no and I'm deserted because I'm 'worthless' and 'boring'. Should I accept everything with a smile and do as they say?

What are we to the world, pawns for them to play within their sick games?

### WHITE PAWN AND BLACK PAWN ARE IN FRONT OF EACH OTHER.

Kushal and Maya are two white pawns, the victims – unlike you and I, who do not fear walking down the corridors of our schools and find the school a peaceful and positive place. For those two, school is a prison with shadows of violence hidden deep within its walls, like black pawns. We should stand up to break down those walls of pain and make school a safe place for all. It could start with something as simple as noticing their pains.

## Turn your messages and thoughts into *action*.

### 1. MAKE SOMEONE SMILE TODAY

We're too caught up in our little bubbles; worried about what to wear, because we didn't go shopping, or how to get the newest phone. Therefore, we're oblivious to reality. I've taken many things for granted, and have not appreciated the things I had – a loving family, a safe place to live, a school, and friends until I met with a group of girls who have none

of these.

Meeting the girls at a Child Development Center changed my life. These girls have faced violence, sometimes in the hands of a family member, facing pain and even sexual abuse. They don't have a safe home, a proper school, or loved ones protecting them. They made me realize how petty the things I worry about are. Being popular or becoming first in class is not as important as being safe and happy. We all must learn to count our blessings and spend

our energy on positive things. I believe it would be great if everyone could get an opportunity to “see the other side” with guidance on how we could use our energy for a positive cause - to make someone smile.

- » Schools could have regular “see the other side” sessions and create opportunities for children to use their energy for a positive cause - to make someone smile.
- » Develop Roleplay sessions/dramas on how to say NO!
- » Media platforms could be used/made for awareness programs.

## 2. It's COOL TO SAY NO TO BULLIES

To become popular, at times we may turn a blind eye to bullies and their victims. To become popular, we get into gangs or cliques doing things we may regret. But, if you knew the suffering, or if you were the victim, wouldn't you want someone to step up and say a big fat NO?

Wouldn't it be amazing to see others stand up beside you as you face your 'fear'? Wouldn't you feel happy to know that there wouldn't be any more victims? Therefore, stand together and say the most difficult word to say; NO!

- » Schools should have an anonymous box for victims or observers to put the violent incidents for the school officials to put an

end to it.

- » A nurse/counselor could help the students gain more confidence and get over their trauma, helping them to say NO.

## 3. #NoToVIOLENCE

Be more observant. We're mostly caught up in our own dramas to look at the rest of the world from a different angle. We believe that the world revolves around us and that the ones suffering are just seeking attention. But the reality is another thing.

Be vigilant, reaching out and raising alarm to the things we think are strange. Be brave enough to do it, because you're not helping your university CV, but someone else's life. It's perfectly alright to stand up to what you believe in and to do it alone.

- » A club could be formed where senior students could be observant of certain behaviors of students and report it to the nurse/counselor in charge.
- » Students should be taught from early stages about the effects of violence when committing and suffering from it.
- » #NoToViolence should become an important aspect in the daily school life where students can post pictures using the hashtag on the schools/clubs' social media accounts showing its presence to other



**UNICEF Sri Lanka** · Sep 3, 2018

We partnered with @slmun2018 at the Sri Lanka Model United Nations 11th Session & gave them a challenge to write about 'Ending Violence in Schools.'

Read below to see what Meth Abeyasinghe, one of the winners has to say!

*This article was originally published by UNICEF Sri Lanka.*

**Meth Abeyasinghe**  
Form 5B



Roshana Pathmasinghe  
Form 5B





# *A twist on*

## *“The Princess and the Pea”*

Once upon a time, in a faraway land, there lived a lovely princess. She lived happily in the beautiful kingdom of Charelind. The Princess was quite different from other girls and for that matter, princesses of her age. However, this did not bother her in the least. Far from it, she felt she was much happier the way she was. The Princess revelled in tinkering around in the royal garage. She delighted in building, innovating and learning all about engines and machines. Her mother, the Queen, frowned upon her so-called “unladylike” behaviour and frequently endeavoured to remind her daughter that, at this rate, she would never be a real princess. Her father, the King did not mind and told her to hone her talents. The Princess was never quite sure what her mother meant by a real princess, but frankly, she did not care and continued spending her days concocting all sorts of marvellous inventions in the royal garage.

One day, the news arrived that the Prince of a faraway land was coming to Charelind to try to find his match. Rumours flew that he was searching for a real princess. He searched the whole world and could not find one suitable for him, and Charelind would be his last stop before returning home to his kingdom. The fact that the controversial Princess might settle down and get married got the whole kingdom buzzing with excitement. Shops started selling

all manner of wedding memorabilia and there was a play held in the theatre which ended with a royal wedding. The King and Queen themselves were quite enthusiastic too. They enrolled the Princess in etiquette lessons that she was forced to attend all day despite her quite vocal reluctance. The Princess was horrified. She did not want to be courted by some unknown, seemingly snobbish Prince. She did not even wish to be married until she was much older and even then if she was truly in love. Marriage seemed last in her list of priorities and now, that was all everyone could think about! If only the Princess had a say in the matter, alas, all she was permitted to do was to sit still and look pretty.

However, it must be recalled again that she was no ordinary girl. She was brave and audacious and decided she was not going to meet this narcissistic Prince. She did not want to be another one of his romantic conquests, no matter how handsome people claimed he was. The day before the Prince was scheduled to arrive, the Princess decided she would venture to a faraway land and become an inventor. She rode her faithful steed for many days and nights but one night there was a terrible storm. The lightning flashed, the thunder roared, the wind blew and the rain poured down. Luckily, the Princess spotted that there was a large castle up ahead. She had no choice but to settle

her horse down in the castle's stables and make her way to the door of the castle. She knocked briskly, hoping the owners would offer her lodging for the night. An old man answered the door and kindly led her inside the castle. His wife was knitting by the fire and his son was reading a book nearby. The Princess appreciated the detailed workmanship and luxurious furnishings of the castle and stood silent for a while, although she was shivering with cold. She deduced that this was a royal household and judging by their confused looks, they had already gathered that she too was from one.

All she could say was "I am not a real princess". The prince could not believe his ears when he heard her say, "I am not a real princess." The old queen heard her say, "I am not a real princess." "We'll see about that," thought the old queen, with a soft smile at the curious girl, but she did not say anything. While the Princess went to change, the Queen stripped the bedclothes off the bed and placed a pea under the mattress, then proceeded to have many more stacked over it.

The Princess was an extraordinary conversationalist and was pleased to discover that the old King too, had a fascination for inventions, while the Prince was interested in the stories of her travels those last few days. She told them of her mother, and how she never expected to be a real princess, as it would restrain her from fully enjoying her life and having her own identity. The King and the Prince exchanged glances. When it was time to retire to bed, the Princess politely thanked her hosts and went to her bedroom. In the morning, the Queen arrived to greet her guest. "How did you sleep, my dear?" asked the Queen. "Wonderfully!" replied the Princess.

"Why, whatever's the matter?" The Queen had a sad and guilty countenance. The Princess wrapped the Queen in a warm embrace. Once they pulled away, she confessed. "I placed a pea under your mattresses last night to ascertain as to whether your claims were true. My son, the Prince visited Charelind a few days ago and returned having met no princess there. In truth, he does not want to marry either. It is I who pressured him into trying to find a suitable match, a real princess and that is perhaps why he claimed nobody was fit for him. Listening to your story yesterday, I now realise the folly of my actions, but you must understand, I was merely endeavouring to help my son."

The Princess listened carefully to the Queen. "I understand your son's position now, my Queen, as I too have been in it. When the time comes, I am certain that he will find love and rule his kingdom well. I have come to realise, however, that there is no such thing as a real princess. A princess is someone who stands up for what is right, and amongst many other qualities, is unfailingly kind. My father told me that when I was a child and I fully support that opinion.

That day, the Princess left the castle. She decided that she would go back to Charelind, for princesses do not run away from their problems, but face them courageously. In her hand, she held the pea.

Manishee Perera  
Form 5C





R L A

*"Josie Morway"*

Resandu Kiralawella

Form 5B







*“Decay”*

Resandu Kiralawella

Form 5B





# *Finding the light with those who strive for it.*

Sitting in the car alone has its perks. I was allowed to chill there alone because we were parked in front of the Cinnamon Garden police station. Height of security I suppose. The absence of the rest of my family also meant I could prop my feet up on the headrest of the front seat while jamming to the radio channels I wanted. As my brother was supposed to write some entrance exams as well as my parents having an interview with the director, I had plenty of time.

As I waited, I glanced out my right window. A simple gate and two tall white buildings; that was all I could see of the school we were

putting my brother in. I imagined my brother calling that his school, walking through those gates, learning in those classrooms. My mind immediately drifted to my old school, Lyceum, but it was brief. I missed my friends, but I was glad to have left. My thoughts slowly moved to my future school. Those fancy stone walls, the gorgeous gardens... Ladies College!

I was so glad that such a prestigious school had accepted me. I'd heard rumors of snobby girls and uppish cultures, but I was sure I could fit in. There was also the international school to the semi-government issue but oh well, I could do it. I mean, it was a great school!

The phone's ring-tone cut out my train of thought. I picked it up.

"Hi amma, what's u-

"Get ready to come in and talk to the director. Seems like they may have a spot for you too! I'll come to get you from the car. We feel like you're going to like it here."

I just dropped the phone.

Looked back at the school on my right. Stafford International School. My cousin had been bragging about it for ages, and I'd heard lots of good things about it. They were one of the cool schools. Stafford... Wait... They want me?

Then I saw my mom walk out the gate. I quickly put my feet down ignoring the fact that I was not dressed for an interview. I had no choice. Crossing the road with my mom, I frantically adjusted my clothes and messy hair, my mind filled by 'Oh my god, oh my god' on repeat. I could feel every stare on me like a laser beam, from the super friendly security to the kids on the basketball court.

Then my mom whispered to me "Don't worry. It's a lovely place."

And then I realized. It was a lovely place. I saw the kids on the ground floor classrooms all chatting and laughing with a teacher. There was a quadrangle with a skylight, the sunshine illuminating the vicinity like some heavenly glow. I saw some seniors joking around and studying at the concrete desks, and a group of kids carrying some guitars and heading outside. And I wanted to be a part of it. I wanted to be there.

The director, Mr. Suvin, and the Deputy

*"It was a lovely place. I saw the kids on the ground floor classrooms all chatting and laughing with a teacher. There was a quadrangle with a skylight, the sunshine illuminating the vicinity like some heavenly glow... And I wanted to be a part of it. I wanted to be there."*

Principal, Mr, Shanil were so nice and Ms. Shereen was extremely sweet and helpful. I had a few more (better dressed) interviews and I was officially in! It had taken about a week but the moment I'd walked in, Ladies College had forever left my mind.

Skip a fortnight, and I was sitting in the lobby, in between my parents, on my official first day of school.

I looked calm on the outside (look *confident* Amaya, look it and be it!) but I was a nervous and excited mess on the inside. None of the many American novels about joining a new school could encompass my feelings. As I hugged my mom before I walked into the quadrangle, she said "Don't worry. Have fun. They'll love you." And I very badly hoped they would.

My cousin, who'd been highly excited about my joining his school took me on the official tour. I met my class teacher and a lot of kids. They were all nice. Classes were really fun and interactive, and before I knew it, I'd passed nearly a whole month of school.

I'd found a wonderful group of friends and scored well on the test which I had arrived in time for. I laughed along with my teachers and friends in my classes. I got to hang out in the

quadrangle and learned the hard way to not cross it right after-school. I hung out with my friends at those concrete tables and joined the kids who played guitars and sang in their free times.

I'd fit in.

It was mostly because of Stafford's welcoming and amiable environment. Everyone I met was so friendly. The management was so supportive and the teachers were amazing, helping me settle. The children I met accepted me into their world and treated me like I'd always been there, making me feel the same way. I can no longer imagine a life without the friends I've made here. We all believe in the kind of friendship that I had been looking for my whole life.

It was an innate feeling of coming home and finding the people who truly understood me that I've felt in the few months I've been here. I consider myself truly lucky to be here.

So, Thank you. Thank you, Stafford, for changing my life. I consider myself to be fortunate to be striving towards the light under your name. I know that there's no other place I'd rather be.

Amaya Perera  
Form 5C



*1<sup>st</sup> Row (L to R) - Thinesh Jayasinghe, Nazzer Rishad, Thinara Gamage, Omayya De Alwis, Ms. Ranga Tiranagama (Class Teacher), Thassvitha Pathmasrikanth, Sajidha Siyad, Hiruni Rubasinghe and Shivani Kadirgamarajah.*

*2<sup>nd</sup> Row (L to R) - Kaveen Wickramasinghe, Sherwarne Isham, Saeed Shafee, Dilantha Perera, Jai N Amalean, Yohan Senaratne, Annik Talwatte, Rometh Perera, Elakiyan Elangeswaran and Naizer Rishad.*

*3<sup>rd</sup> Row (L to R) - Kavan Amerasinghe, Shenodh Peramunugama, Prashan Mathavan, Pravan Williams, Abdur Rahman, Shihab Irshad and Hana Miskin.*

*Absent - Sathil Umagiliya*

# Form 4A





*1<sup>st</sup> Row (L to R) - Nisha Nilaweera, Senuthi Seneviratne, Abdul Fazl, Ama Perera, Anagi Kariyawasam, Mrs. Kianie Nonis (Class Teacher) Kashia Dias, Atika Daniel, Rayanka Jayawardena, Biyon Chathuranga and Ahzam Fahim.*

*2<sup>nd</sup> Row (L to R) - Chanuth Lanerolle, Abdul Qaadir, Bilaal Zanoos, Vinayak Bhat, Nadinsa Perera, Inaan Ali, Rashini Fernando, Ananeya Deverajan, Chithru Gunawardena, Shanelle Eliyatamby, Pennie Mae Dalby and Callista Benedict*

*3<sup>rd</sup> Row (L to R) - Deivaesh Ragavan, Pujitt Yogendran, Ayman Ibrahim, Dihan Gomes, Thevadas Shairon, Nadil Perera, Amir Arambawela, Shehad Drahaman and Yashan Perera.*

# Form 4B



*1<sup>st</sup> Row (L to R) - Akindu Perera, Thanujan Nandakumar, Ramudhi De Silva, Anak Marzook, Mrs. Archana Sayanthan (Class Teacher), Nethum Ralapanawe, K Jitara Mallimaratchy, Sintthuriy Bahlendran, Kaishoriy Bahlendran and Sayuri Herath.*

*2<sup>nd</sup> Row (L to R) - Savinu Nimneth Ranasinghe, Abdur Raheem Ameerdeen, Kavishka Kodikara, Sashin Perera, Ashen Rodrigo, Ananyha Manasee Jodhierajah, Dhahamsi Premaratne, Asif Ahmed Jillani, Himath Perera and Sidarth Narayanan.*

*3<sup>rd</sup> Row (L to R) - Ayman Safraz, Luqman Irshad, Mohammed Hifni, Vishan Liyanagoda, Ajeysaai Perinbaraj, Sidharth Krishnakumar and Rahul Vaithylingam.*

# Form 4C



Thassvitha Pathmasrikanth  
Form 4A



# වනාන්තරේ අපි

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Chithru Neelesh Gunawardena  
Form 4B

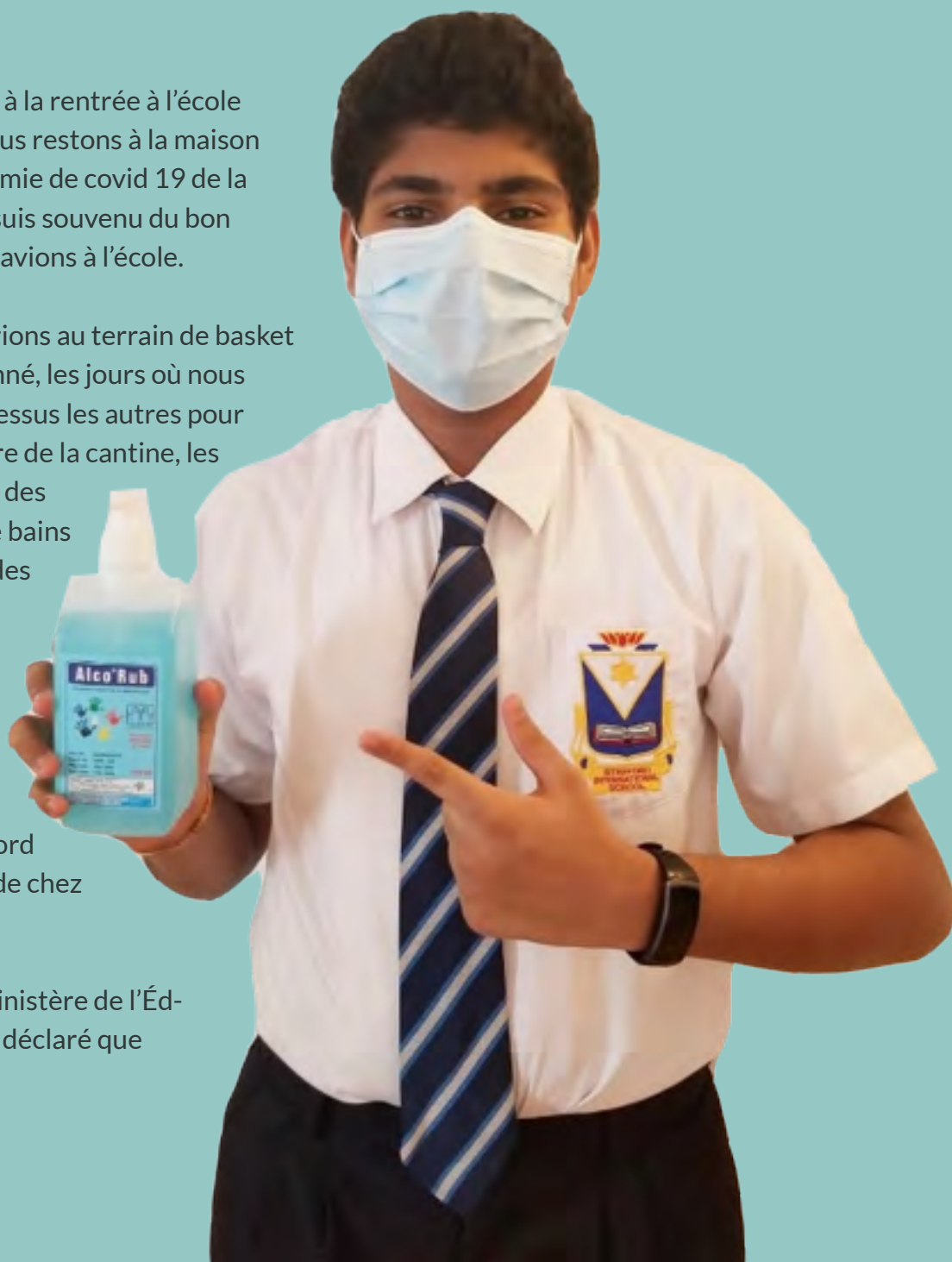


# Rentrée scolaire en août 2020

**J**e viens de penser à la rentrée à l'école en août 2020. Nous restons à la maison à cause de l'épidémie de covid 19 de la mi-mars 2020. Je me suis souvenu du bon vieux temps que nous avions à l'école.

Les jours où nous courions au terrain de basket dès que la cloche a sonné, les jours où nous sautions les uns par-dessus les autres pour obtenir de la nourriture de la cantine, les jours où nous restions des heures dans la salle de bains après l'entraînement des sports, criant comme un tas de fêtards. Les souvenirs que nous avons créés ces jours-ci resteront avec nous pour la vie car notre école - Stafford est notre maison loin de chez nous.

Le 13 mars 2020, le ministère de l'Éducation du Sri Lanka a déclaré que



toutes les écoles devaient être fermées pour les deux prochains mois. Ce matin-là, quand j'ai appris la nouvelle, j'ai été brisé.

Nous ne verrions pas notre école - Stafford pour les deux prochains mois. C'était trop choquant. Dès la première semaine de mars, des rires de mes camarades et des cris des enseignants ne seront pas entendus à l'école. Cependant certains pensaient que c'était un soulagement !!! Mais pas moi.

Le monde a changé et la vie aussi. Stafford a décidé de poursuivre ses services éducatifs en ligne. L'enseignement en ligne était une nouvelle expérience que nous n'avons jamais imaginée en apprenant dans un environnement de classe traditionnel. Mais il s'est finalement avéré être la solution la plus pratique pour maintenir la distance sociale.

Maintenant, le gouvernement va autoriser l'ouverture des écoles. Que se passerait-il alors?

Il n'y aura plus de scènes dramatiques à la cantine, « ayyo, Madme donnez- moi un donut s'il vous plait, Je voudrais une boisson froide » ou même se battre votre chemin à travers les hordes de personnes pendant la pause juste pour obtenir votre nourriture avant que la cloche sonne. Tout se fera de manière ordonnée et je suis sûr que on sera surveillé.

Les enseignants rappelleront l'importance d'un mètre de distance, de se laver les mains et de porter un masque pour contrôler la propagation du virus.

Néanmoins, j'attends de rentrer à la maison - Stafford. Pour tous les Staffordiens, le changement sera difficile, mais nous sommes Stafford, nous pouvons surmonter tout dans la vie!

Vishan Liyanagoda  
Form 4C

# Québec

Pic: Château Frontenac

Quebec est une province francophone au Canada. Sa capitale est la ville de Québec. Quebec est la plus grande province au Canada. C'est situé à l'est.

Il y a un autre site touristique à voir à Quebec. C'est la belle **Château Frontenac**, qui est un hôtel maintenant. C'est un monument historique à Quebec et c'est un site du patrimoine mondial de l'UNESCO. En fait, c'est l'hôtel le plus photographié au monde.

La Notre Dame est situé au France. Mais il y a une Notre Dame à Quebec aussi, qui est **la basilique Notre Dame**. Cette église a été construit en 1647 et elle est la première église en pierre à Quebec. Allez là-bas pour voir sa belle architecture et pour apprendre sa histoire magnifique.

**La poutine** est un plat original à Quebec. Ce plat consiste des frites, de la sauce et des fromage en grains.

**La chute Montmorency** est un autre merveilleux site historique. Cette une grande cascade et c'est 83 mètres en haut, alors cette chute est évidemment la plus haute chute à Quebec. Elle est aussi plus haute que la chute Niagara!

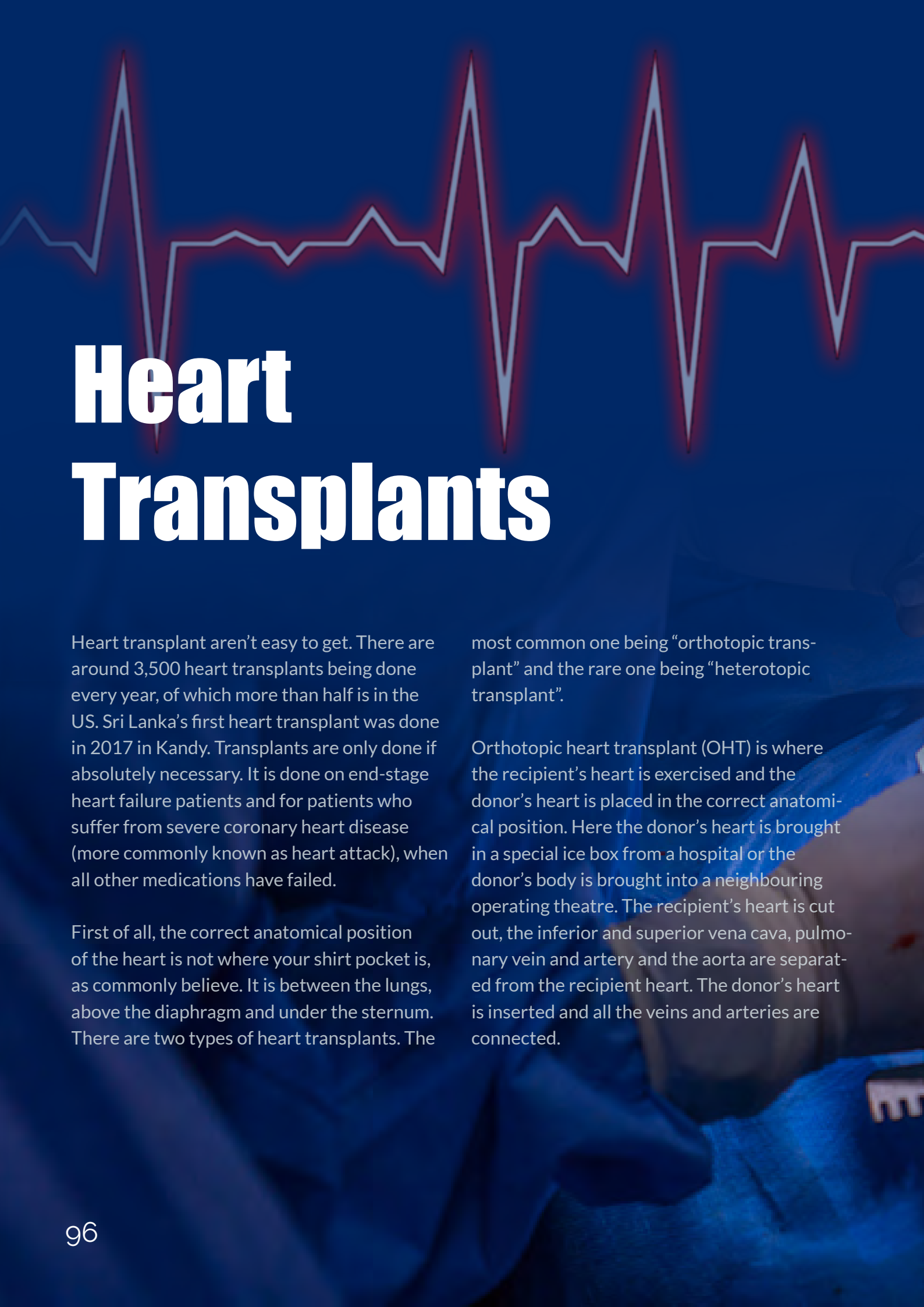
Quebec est connu pour ses célèbres musées. Si vous aimez apprendre l'histoire, allez au **musée de la civilisation** où on peut explorer l'histoire et la culture en detail. Si vous aimez dessiner, explorez le musée bien connu "musée national des beaux art du Quebec" pour voir des exposition d'art.

Senuthi Seneviratne  
Form 4B



Chithru Neelesh Gunawardena  
Form 4B





# Heart Transplants

Heart transplant aren't easy to get. There are around 3,500 heart transplants being done every year, of which more than half is in the US. Sri Lanka's first heart transplant was done in 2017 in Kandy. Transplants are only done if absolutely necessary. It is done on end-stage heart failure patients and for patients who suffer from severe coronary heart disease (more commonly known as heart attack), when all other medications have failed.

First of all, the correct anatomical position of the heart is not where your shirt pocket is, as commonly believe. It is between the lungs, above the diaphragm and under the sternum. There are two types of heart transplants. The

most common one being "orthotopic transplant" and the rare one being "heterotopic transplant".

Orthotopic heart transplant (OHT) is where the recipient's heart is exercised and the donor's heart is placed in the correct anatomical position. Here the donor's heart is brought in a special ice box from a hospital or the donor's body is brought into a neighbouring operating theatre. The recipient's heart is cut out, the inferior and superior vena cava, pulmonary vein and artery and the aorta are separated from the recipient heart. The donor's heart is inserted and all the veins and arteries are connected.

The second type of transplant, the heterotopic heart transplant (HHT) is where the recipient's heart isn't exercised. It is also called the "piggyback transplant", this is because it is similar to the donor's heart giving the recipient heart a piggyback ride. This surgery is very uncommon. The donor's heart is placed right to the recipient's heart. It is in case of severe acute rejection. The two hearts are joined at the left atrium, where the oxygenated blood from the

pulmonary vein flows into the donor's heart. This surgery is becoming less frequent with advances in immunosuppression medication. In this surgery we can truly say that two hearts beat as one.

Heart transplant usually guarantees about 15 years of life post-surgery. Heart transplant is normally caused by an unhealthy life-style, so let's choose to live a healthy lifestyle and make sure we can keep our own heart with us until we die.

Shenodh Peramunugama  
Form 4A

# මා දින දේශය

ශ්‍රී ලංකාව, සිලෝන්, තැප්‍රබෙන්, තම්බපණ්ණි, සිංහදේශ යනුවෙන් හැඳින්වෙන මගේ මේ පුංචි දිවයින ඉන්දියන් සයුර පවුරු වළල්ලක් සේ නිර්මල බව, සාමකාමී බව, සැනසීම අප සතු ප්‍රධාන ලක්ෂණයි අහිත, යොදා දු පුතුන් දහස් ගණනින් බිහි කොට ලොවට දායාද කල අප ඇති උත්තරිතර මවක් වන්නිය. අප තුල ඇත්තේ අපරිමිත සුවයකි, සුරක්ෂිත භාවයකි. ශ්‍රී ලාංකික දියණියකු වීමට මට මහත් අභිමානයකි.

ශ්‍රී ලංකාවේ ඉතා ප්‍රෞඩ ඉතිහාසයක් තිබේ. මෙම දූපත ඉතා විශිෂ්ට රජවරු රජකම් කල දිපයකි. විජය කුමරු ලංකාවේ පළමු මිනිස් රජු වුයේය. ඔහු ඉන්දියානු කුමරෙක් විය. ඔහුගේ අප්‍රසන්න හැසිරීම හේතුවෙන් ඔහුගේ පියා ඔහු සමග ඔහුගේ යාළුවන් 500ක් නැවක දමා ඉන්දියාවෙන් පිටමත් කළේය. එම නැවෙන් මෙම පිරිස කුඩා ද්වීපයකට පැමිණියහ. එම දූපතේ මුහුදු වෙරළේ පස් තඹ පාට විය. එම පාට නිසා, විජය කුමරු මෙම දූපත තම්බපණ්ණි ලෙස හැඳින්වීය. වර්තමානයේ එය ශ්‍රී ලංකාව ලෙස හැඳින්වේ. ශ්‍රී ලංකාවේ නුගොලක පිහිටීම ඉතා විශේෂයි. එම නිසා ඉන්දියානු සාගරයේ මුතු ඇටය ලෙස හැඳින්වේ.

ශ්‍රී ලංකාව සිංහල ද්වීපයකි. එය මුළු ලෝකයේම ඇති එකම සිංහල ද්වීපය වේ. ශ්‍රී ලංකාව ගෞතම බුදු රජුන් වහන්සේ තුන් වරක් වැඩි එකම රටයි.

ශ්‍රී ලංකාවේ රජු වූ කාශ්‍යප රජතුමා විශේෂ රජෙකි. නමුත් ඔහු තම පියාව මර දැමීමේය. කාශ්‍යපට තම පිය රජුගෙන් ධනය ලබා ගැනීමට අවශ්‍ය වුයේය. එම ධනය වැඩක් යැයි රජතුමා කී විට කාශ්‍යප කෝපයට පත් වුනේය. ඔහු ඔහුගේ පියාණන්ට දූවම් කර මැරුවේය. මෙය දැනගත් ඔහුගේ සහෝදරයා වූ මුගලන් කුමරු ඉතා කෝප වුයේය. ඔහුට බියවී, කාශ්‍යප වනාන්තරයකට පලා ගියේය. එම වනයේ ඔහු සිහිරි ගල මත මාලිගාවක් සැදුවේය.

වර්තමානයේ සිහිරිය නැරඹීමට බොහෝ විදේශිකයන් පැමිණෙති. එය ඇති විශිෂ්ට නිර්මාණයකි. එය ඉතා ආරක්ෂා සහිතව සාදා තිබේ. බොහෝ මිනිස්සු මෙම නිර්මාණය දැක පුදුමයට පත්වෙති. නමුත් සිහිරිය ශ්‍රී ලංකාවේ තිබෙන තවත් එක විශිෂ්ටමත් නිර්මාණයක් පමණි. ශ්‍රී ලංකාව ඉතා අලංකාර රටකි.

Senuthi Seneviratne  
Form 4B

# Mon école primaire



Je m'appelle Yashan et j'ai commencé l'école primaire quand j'avais cinq ans à <<Stafford International School>>. Le premier jour, j'avais vraiment peur d'aller en classe mais comme je m'y suis habitué, j'avais hâte d'y aller tous les jours.

Toutes mes maîtresses étaient super. Elles nous ont beaucoup aidé à apprendre nos chiffres et nos lettres et elles ont fait de l'artisanat avec nous. En plus, elles nous ont lu des histoires intéressantes pendant l'heure du conte.

Mon moment préféré à l'école primaire était la pause, moi et mes amis avions l'habitude de manger vite et d'aller jouer dans le bac à sable. Nous jouions à cache-cache. Parfois nous faisons des châteaux de sable. Ce sont mes meilleurs souvenirs d'école primaire.

Voici des photos de moi, mes amis et mes maîtresses.

Yashan Perera  
Form 4B



# மனித உரிமையும் சமத்துவமும்



உலகில் எந்த மனிதனின் முக்கிய அடிப்படை தேவைகள் சமத்துவம் மற்றும் சுய உரிமைகளாகும். புவியில் வசிக்கும் அனைத்து ஜீவராசிகளும் சமமாக தான் ஜீவிக்கின்றார்கள். தாயின் கருவிலிருந்து குழந்தைகள் பிறக்கும் பொழுது ஏழை பணக்காரன் கருப்பு, வெள்ளை மற்றும் சாதி, மொழி ஆகிய வேறுபாடுகளின்றி பிறக்கின்றார்கள். ஆனால் இந்த சமுதாயம் அனைவருக்கும் வேறுபாடுகள் அடங்கிய கருப்பு பூச்சிகளை பூசுகின்றார்கள். இந்த பூச்சுகள் கொண்டே, ஒருவரின் உரிமைகளை நியமிக்கின்றார்கள். இந்த செயலால் ஒரு பக்கத்திற்கு நன்மைகளும் மறு பக்கத்திற்கு தீமைகளும் விளைகின்றன. ஆனால் கடைசியில் அழிவது சமத்துவம் மட்டுமே, சமத்துவம் சுய உரிமைகளுக்கான அஸ்திவாரமாகும். அவ்வகையில் சமத்துவம் மற்றும் சுய

உரிமைகள் அற்ற சம்பவம் ஒன்றை சற்று நோக்குவோம்.

சமீபத்தில் அமெரிக்கா, மினியபொலின் என்ற ஊரில் திரு ஜோர்ஜ் ∴ பிலொயீட் என்ற ஓர் கறுப்பு இனத்தை சேர்ந்தவர் வசித்து வந்தார். அவர் கள்ள நோட்டு மோசடியில் ஈடுபட்டதால் அவரை அமெரிக்க காவலர்கள் கைது செய்தார்கள் 46 வயதாகிய ∴பிலொயீட் கைகளில் கைவிலங்குகளை மாட்டி சாலையில் அவரை வலுக்கட்டாயமாக படுக்க வைத்தார்கள். அதன் பின் காவலர்கள் திரு. ∴பிலாயீடின் கழுத்தில் அவர்களின் முழங்காலை வைத்திருந்தார்கள். சட்ட ரீதியாக இது குற்றம் என்று தடுக்க வந்தவர்களையும் காவலர்கள் தாக்கினர். திரு. ∴பிலொயீடின் இதய துடிப்பும் சுவாச விகிதமும் மெல்ல மெல்ல குறைந்தது வேதனையில்

என்னால் சுவாசிக்க முடியவில்லை  
என்று வலியுறுத்தியும் கருணை  
அற்ற காவலர்கள் தங்களது  
முழங்காலை எடுக்கவில்லை. எட்டு  
நிமிட கடும் போராட்டத்திற்கு பிறகு  
அவரின் கருப்பு தேகத்தை விட்டு  
கடைசி மூச்சும் பிரிந்தது. இத்தனை  
கொடுமையும், அவர் கறுப்பு இனத்தை  
சேர்ந்தவர் என்ற காரணத்தால்  
தான் தற்போது அமெரிக்க  
நாட்டில் போராட்டங்கள் மற்றும்  
ஆர்ப்பாட்டங்கள் கறுப்பு உயிர்களை  
காப்போம் என்ற தலைப்பில்  
வழி நடத்தப்பட்டது. கறுப்பு இன  
மக்களின் பாதுகாப்பு அணையாக  
வெள்ளை இன மக்கள் இணைந்து  
சமத்துவத்தை வெளிப்படுத்துகின்றனர்.  
அரசாங்கத்திற்கு எதிராக பல  
போராட்டங்கள் தீவிரமாக  
நடைபெறுகின்றன. நியாயத்திற்கான  
தொடங்கிய தீப்பொறி தற்போது  
சர்வதேச ரீதியில் பரவுகின்றது.  
திரு. ∴பிலொயீடின் கையில் பலம்

இருந்தது. ஆனால் அதிகாரம்  
இல்லை. நேர்மை இருந்தது.  
ஆனால் உரிமைகள் இல்லை.  
ஜோர்ஜ் ∴பிலொயீடின் அகால  
மறைவிற்கு காரணம் அவரின்  
நிறமா? இல்லை என்றால் அவரின்  
இனமா? இரண்டும் இல்லை அவரின்  
மரணத்திற்கு காரணம் இந்த  
இனவெறி பிடித்த சமுதாயமாகும்.  
இந்த சமுதாயம் இனங்கள் மற்றும்  
மதங்கள் இடையே தரம் பிரித்தால்  
சர்வநாசம் உண்டாகின்றது.  
எமது மூதாதையர்கள் போல்  
சமத்துவம் நிறைந்த வாழ்வை நாம்  
வாழ்வோமா? ஏன்பது கேள்விக்  
குறியாகும். கடைசியில் நான் கூற  
விரும்புவது இனம் என பிரிந்தது  
போதும் மதம் என பிரிந்தது போதும்  
மனிதம் ஒன்றே தீர்வாகும்.

நன்றி

E. Elakiyan  
Form 4A



# නව ආරම්භයක්

ඇය දුම්රියේ ජේන්ලෙන් ඵලිය දෙස බලාගෙන සිටියා. රත්තරන් පාට හිරු ඵලිය ටිකෙන් ටික නැතිවී ගිනිත් රූ අහසේ බැබළෙන තරු ඇයට පෙනුණා. අයගේ සිතට සිතුවිලි වලාකුළු වගේ පාවෙලා ආවේය. මතක කාලේ සිටම ඇයට පොරේ පිටට මලේ පිරුණු ජීවිතයක් තිබුණේ.

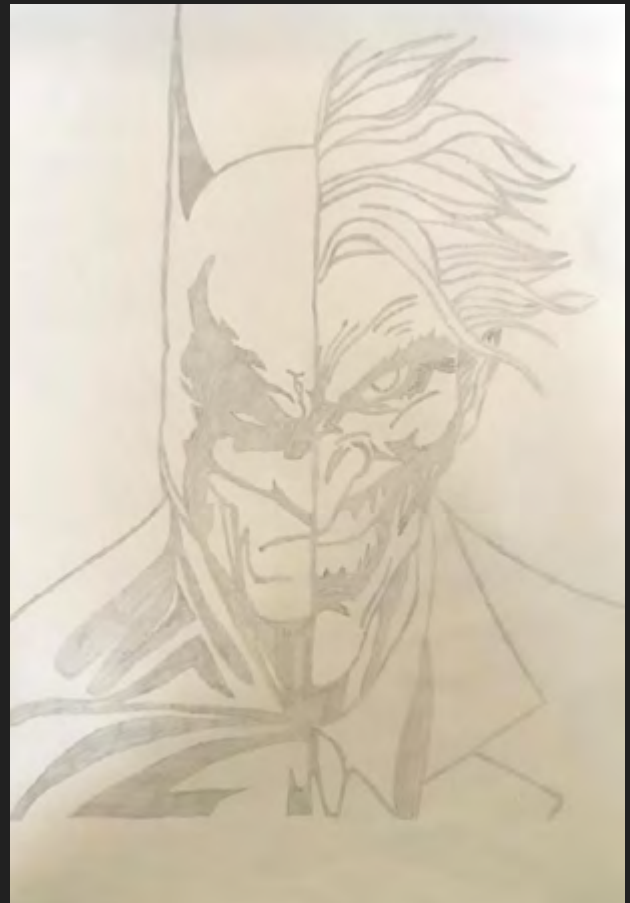
ඇයගේ අම්මට එයාව ලැබෙන්න ඔන්න මෙන්න සිටියාම, අයගේ තාත්ත ඇයව ගෙදරින් පිටත් කරා. අයගේ අම්මට අතේ සතයක් වත් තිබුණේ නැති නිසා, කිලෝමීටර් දහයක් දුර රෝහලට ඇවිදගෙන ගිනිත්, එදා රෑම ඇයව මේ ලෝකයට බිහි කරලා, අම්ම අවසන් හුස්මය ගත්ත. ඇයව ගන්නට කවුරුත් ආවේ නැති නිසා, ඇයව අනාට නිවාසයකට දැමීම. එදා ඉඳන් අයගේ ලෝකය පිරි තිබුණේ හිස් බඩවලින් සහ පරණ ඇඳුම් වලින්.

දුම්රිය එක පාරටම සෙලවිලා නැවතුණාම අයගේ සිත නැවත වර්තමාන ලෝකයට ආවා. අනිත් මගියෝ එක පාරටම මී මැසි රංචුවක් වගේ දුම්රියේ පිටවීමේ දොරට ගියාට, ඇය ඇයගේ ආසනයේ වාඩි වී විනාඩි ගණනක් සිටියාය. අද ඇයගේ ජීවිතය වෙනස් වෙන දවසක් වේ. ගිය අවුරුදු එකොළහම අනාට නිවාසයේ එකම විදිහට ජීවත් වුණු ඇයගේ ලේ වතුර වුණා. ඇයට මහා බයක් දැනුණ. යට මේ ජීවිතය වෙනස් කරන

අවස්ථාව ලබා දුන්නේ මන්දැයි ඇයට තේරුමෙන් නැහැ. ඇය විශේෂ කෙනෙක් නොවේ. ඇයට අනාට නිවාසයේ සිටිය ළමයෙකු වගේ ලස්සන දිග කොණ්ඩයක් තිබුණේ නැහැ. වෙනත් ළමයෙක් වගේ ඇයට ලස්සන ලා දුම්රු ඇස් තිබුණේ නැහැ. ඇය සාමාන්‍ය ළමයෙකු විතරයි. ඇයට මහා ලැජ්ජාවක් දැනුණි. ඇය හමුවීමට යන මිනිසුන් ඇය ගැන මොනා හිතයි ද? ඇයව දැක්කම ඔවුන් ඇයව තේරීම ගැන කනගාටුවෙයිද? එත් දැන් එයාට ඒ ගැන කරන්න කිසිම දෙයක් නැහැ. ඉතින් අප කරදරකාරී මනසකින් දුම්රියෙන් පිටත් වුණා.

ඇය දුම්රිය පොළේ කොනකට ගිනිත් නිටගෙන කඩි මුඩියේ හැමතැනම බැලුවා. හැමතැනම සිටියේ ඇය නොදන්නා මිනිසුන්. එකපාරට ඇයට ඇහුණ කවුරුහරි ඇගෙ නම කියා කපගසනවා. ඇය ඒ සද්දේ දෙසට ඇවිදගෙන ගිනිත් ඒ කටහඬේ අයිතිකරු සොයාගන්නා. ප්‍රීතිමත් මුහුණක් තිබුණු අවුරුදු පහහක විතර කාන්තාවක් හා කාරුණික ඇස් තිබුණ පිරිමියෙක්. ඇය ඇයගේ අළුත් පවුල දෙස බැලුවම මහා ප්‍රීතියට පත්වෙලා කලින් සිතපු සෑම කරදරම ඇගේ සිතින් ගියා. ඇයට ජීවිතයේ පළමු වතාවට ඇගේ අනාගතය හොඳ වෙයි කියා සිතුවා. ඇයට තවදුරට දකින්න ජීවත්වෙන්නට අවශ්‍ය නැහැ \* ඇයට දැන් පවුලක් ඇත.

Ramudhi De Silva  
Form 4C



Karuppiah Pujitt  
Form 4B





*1<sup>st</sup> Row (L to R) - Sabiha Shifan, Nethmi Kariyawasam, Tharuxni Mohanarajah, Dulini Wijesuriya, Veroni Perera, Mrs. Ayanthie Munasinghe (Class Teacher), Ramesh Shivan, Abdul Hassan, Mohanraj Pranhav and Yasith Kiriheena.*

*2<sup>nd</sup> Row (L to R) - Amaaya Abeyweera, Mystika Fernando, Oneli Rajavasan, Nesha Rathnayake, Kavindu Sudasinghe, Calvin Benadict, Thusanth Mahendran, Arqam Nawzath and Umer Risfan.*

*3<sup>rd</sup> Row (L to R) - Jaden Wahid, Dinuk Wijerathna, Vithushan Varatharaj, Idusha Wattage, Nehan Perera, Ruchith Sathkorala and Avinash Jeevaratnam.*

# Form 3A



*1<sup>st</sup> Row (L to R) - Chamudi Dinara, Eshaal Hassan, Thisumi Karunaratne, Mrs. Nirodha Thilakarathne (Class Teacher), Kaitlyn De Zilwa, Imesh Hewapatha and Akmal Abdurrahim.*

*2<sup>nd</sup> Row (L to R) - Chanuli Gunawardena, Nishmitha Kamalesh, Shaluka Hewapatha, Zion Hirdramani, Niketh Wanniarachchi, Tharamrika Ashokkumar and Keshivika Rajkumar.*

*3<sup>rd</sup> Row (L to R) - Venouk Wickremaratne, Radhesh Zureshkumar, Pream Sri Sanjeev, Veshanth Ganeshamoorthy, Arya Tikku and Kumuthu Thulhan.*

*Absent - Yusuf Shehzan Mansoor, Zainab Imthiaz and Vichinthya Nilaweera.*

# Form 3B



*1<sup>st</sup> Row (L to R) - Abdullah Hifni, Amaya Gurusinghe, Thisagi Jayasekara, Thishya Hettipathirana, Mrs. Muditha Seneviratne(Class Teacher), Vakeshan Sugandan, Vethara Abeywardena, Pavishka Udayasankar and Kandula Senaratne.*

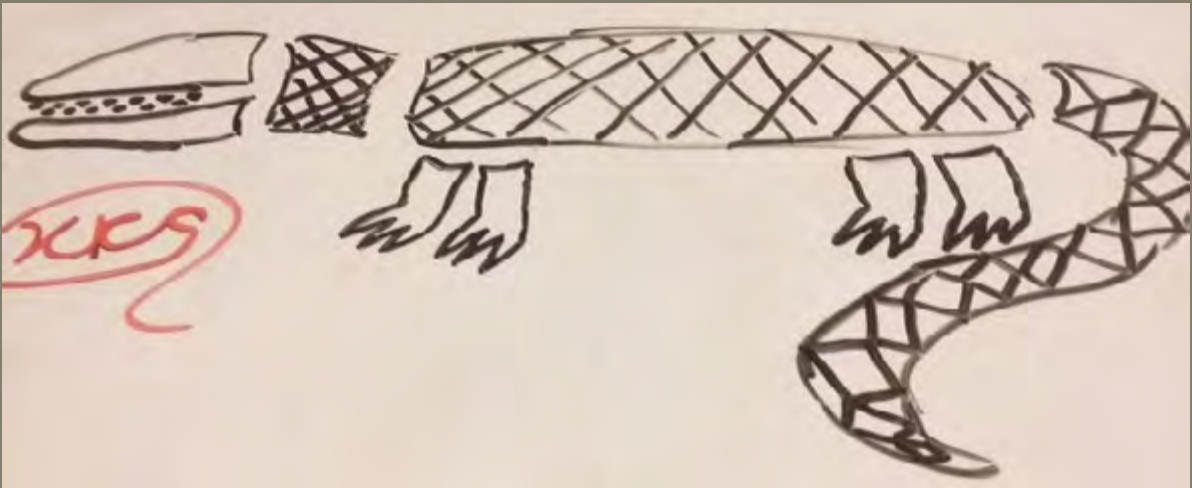
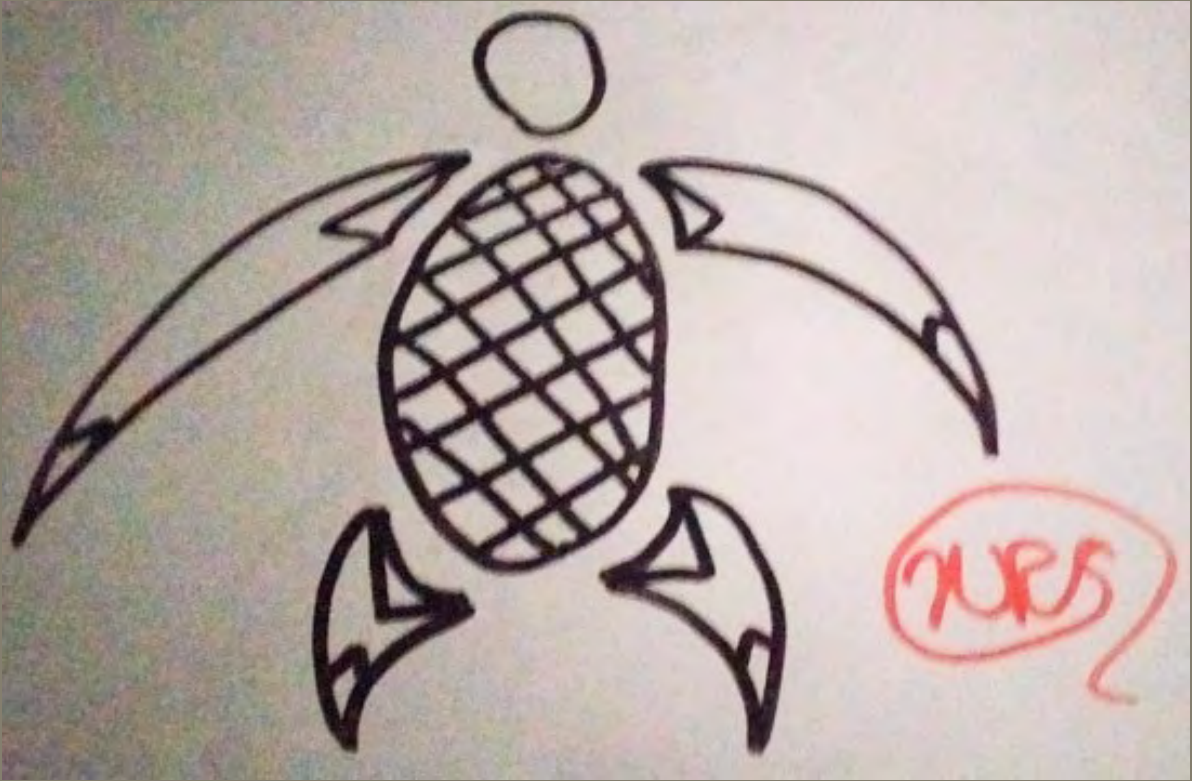
*2<sup>nd</sup> Row (L to R) - Madhushan Logeswaran, Arjun Saravanan Kirubananthan, Jayharish Shivakumar, Sohum Jayasekara, Kumuthu Jayawardena, Zenad Ahmed, and Joel Davey.*

*3<sup>rd</sup> Row (L to R) - Mohamed Arham Kalam, Abeyahustan Kamaleshan, Siyath Anandasiri, Mohammed Raihan Faiz, Chenthil Sriyan Kanth and Valentino Reginold.*

# Form 3C



# SUBMISSIONS



Kankanampathirage Kandula Senaratne  
Form 3C



# A CONVERSATION ON ONLINE SCHOOL.

Summer was a quiet girl. She was in her room, surrounded by sweet-smelling sunflowers when she decided to read her most precious book. As she carefully scanned each and every word in the book her emerald eyes gazed upon the words “my good friend”. She too had a good friend. A best friend. A sister almost. Someone who cared for her like no one else would. Someone who understood her when no one could. Someone who she loved with all her heart. She hated the thought of not knowing whether her friend was okay, the thought of whether she will never see her again and the thought of what she would do without her. Nothing. Without warning her phone rang. Summer hesitantly picked it up. Looked at it and smiled. “Hi Summer,” a familiar voice spoke. “Is this a bad time?” “No. No it’s not.” A chuckling Summer replied hoping to mask her wavy and watery voice. “I was just reading Hannah.” She continued. Hannah was Summer’s friend. Her only friend. Summer and Hannah met each other when Summer moved to England. They got on well at school and constantly bantered - until one day Summer’s parents decided they should move

back to Australia. Summer and Hannah have been on their own ever since.

Hannah, unlike Summer looked at the positive aspects of life rather than the negative ones. The reason for this was because there was a time when she didn’t have any positive aspects to look at-a time when she was abandoned. “I wish we could talk to each other but like face to face!” Hannah began. “Why don’t we chat through Zoom?” a quizzical Summer asked. “You’re kidding right? Zoom is the absolute worst!” declared Hannah. “Are you talking about the online lessons situation?” questioned a puzzled Summer. “Yes. Online classes are exceptionally exasperating! There has got to be a better way to gain education than by online classes. Right? There has just got to be!” Hannah declared. “Probably,” muttered Summer who was delighted that Hannah had a lot to say about this subject. “Yesterday I was reading this article about the hardships of online classes in New Zealand and it-was-shocking! Lessons there will and I quote ‘be broadcasted on television’!” exclaimed Hannah.



Although hoping to only answer with a few mutters here and there Summer becoming more interested in the subject replied “To be fair between students who skip classes to students who don’t have access to the internet it is quite a struggle. So, I do in fact understand where they are coming from.”

Hannah being excited that Summer gave an honest and opinionated reply continued “Remember Cara? The girl who always aces her tests at school here. She doesn’t have access to the internet and I’m pretty positive that she isn’t the only one. What exactly will happen to people like her?”

Hannah began “I really don’t— “

“And don’t even get me started about late comers. If students are going to come to class late why do they even bother to come at all? Have they ever heard of the word ‘punctuality’? Yesterday in English Madeline arrived 30 minutes late! 30! Classes are only 40 minutes lo--” Hannah paused, realizing that she had cut her friend off. “Oh, I apologize. It wasn’t my intention to cut you off.” Hannah said, hoping her

friend wouldn’t despise her for having done so. “Oh no it’s okay. You were really on a roll there weren’t you?” Summer giggled.” Anyhow I just wanted to say that if students like us are struggling imagine how the other millions of kids who don’t have access to internet are struggling?” Summer replied.

“You’re right.” An astounded Hannah conceded. “We are extremely lucky that during this daunting and alarming time we are still able to receive education however annoying and however difficult the process of it may be.”

“Likewise, no matter how much we complain about online learning let alone this whole situation we still mustn’t forget about the other millions of children who aren’t as lucky.” Summer added.

“You are quite correct Summer. Anyhow, I actually need to go now. I have a ton of assignments to get through.” Hannah replied.

“Okay, well I’ll talk to you later.” responded a laughing Summer.

“Okay. Goodbye” Hannah replied.

Thisagi Jayasekara  
Form 3C





# Tigris oculus

"So, he hasn't had a doctor for years?" she asked. "No," answered the young male nurse. He spoke with a tone of humour in it, like a man's suffering was funny to him. "Are you sure you wish to meet him? He is very strange, no?"

The doctor simply smiled. She had met a young man with a toilet seat stuck to his head, a woman with a hole in her skull and a man who said he saw penguins in his nightmares. "I'm sure I'll be fine," she answered.

"OK, your problem, no, if you get scar, don't tell me," answered the young man, as they reached the room. He took the key out, tentatively, as if worried the lock would eat his

hand. As the door opened, the doctor let out a gasp.

An old man was stabbing his arm with a spoon, peeling off the flesh vigorously, showing no pain. She immediately ran and grabbed the spoon and regretted that action almost immediately.

The man began screaming bloody murder. "Aankhen! Aankhen!" Eyes. Eyes. The doctor was confused. Her guide looked at her and shrugged. "If spoon taken, Kali's wrath falls in the room. Won't stop screaming. Anyway, it doesn't hurt him, no?" The doctor was taken aback. "How could that not hurt?" she shouted

above the screaming. "Severe nerve damage to the right arm," the nurse answered. "Stabbed himself with a toxin long ago, nerves in his arm barely respond. Miracle he lived."

The doctor slowly gave him back the spoon, hoping he wouldn't start stabbing himself. The screaming stopped. The old man looked at her. "What do you want?" he asked in Hindi. "To help you." the doctor answered, whilst gesturing to the nurse to leave the room. As she took a seat, she heard the door close behind her.

You are the only patient that hasn't been able to be rehabilitated in this institute. Fifty-years, sir, for fifty years your records show you haven't been in a solid mental state." Her patient grinned. "I'm completely sane, trust me." "Then why do you stab yourself with that spoon!" she asked, shocked at the level of calmness in her own voice. "Why do you not leave? Is this how you want to spend the rest of your life?"

The man solemnly stared at the spoon. "You don't understand..." he began. "Then, please tell me, so I can help you." The old man's eyes glazed over, as if remembering. Always remembering.

The city was beautiful. This stupid war changed it, though, thought Rajesh, strolling down the boulevard. The city was loud, bustling and chaotic. Black markets everywhere. No one could survive without them. Milk was worth its weight in gold.

Tiger skin, however, makes you rich overnight. Rajesh wasn't rich, he hunted way before the war, before prices sky-rocketed. Now, however, his friend would be willing to pay him a pretty penny for his old profession. He turned down an alleyway, leading to a beat and broken-down hotel. This type of place

didn't have walk-in customers. You had to be known in the trade.

"Rajesh!" a voice shouted. Rajesh turned with mild annoyance. "Ah, friend, friend!" Amir screamed with happiness. Rajesh wanted to throw up. The both had worked in the same field, in the same poor village, with poorer parents and yet, HE was the one with the money. He was the one who got a career in the drug business. Not Rajesh. Stupid religious crap.

"Amir, nice to see you, men." Rajesh muttered, feigning mild interest. "Ah, Rajesh, after so long. How are you, how's your mother?" questioned Amir.

"Don't go there Amir," Rajesh muttered with deadly calmness. Amir shut up.

"We all make mistakes in the heat of passion, men, not to worry." Amir consoled, placing his hand on Rajesh's shoulder.

"Don't give me that poetic crap, men, what do you want?" Rajesh said, knocking Amir's hand away. Amir's smile faded. "Fine, fine, straight to business, I see." Amir then pulled out a box. A simple black box.

"This, my friend, is the future!" Amir whispered. Rajesh sighed. This man tried to market out houses inside the house. Bloody idiot! The only thing keeping him going was the drug business, but even that was dwindling. Well, if the war can prevent idiots like this getting rich, maybe there was some good to come out of it.

"What is it?" asked Rajesh, already regretting the answer. "This my friend," said Amir. "Is basically a bullet that contains a poison."

"The hell, that's already been done idiot!" Rajesh said, getting ready to slap Amir for wasting his time. "But... but listen Rajesh!" stuttered Amir.



"This poison, da... damages any animals nervous system!" "What?" began Rajesh. "It immediately destroys it. Its physically burnt off!"

"That's ama..." began Rajesh.

"And I want you to test it!" Amir squealed. "You want me to stab myself with that!" retorted Rajesh.

"NO, no, I want you to hunt a tiger!" Amir corrected. "Just to test it. I'll pay you 100,000 rupees. Maybe 150,000 if you bring the skin."

Before Amir even knew it, Rajesh grabbed the box. "I'll see you here in two days. There's been several sightings of a fat one. So, make that 200,000."

"How much is he giving us again?" Eesha asked. "200,000" said Rajesh, smiling to himself. Nothing usually impressed Eesha, but she sounded a bit interested. "Well, that should

be enough for two days, at the rate prices are going up." Eesha's voice came ruefully over the receiver.

"You mean set us for life." Corrected Rajesh, smiling. "See, Rajesh, I told you moving houses was the right choice, now you're getting more business!" said Eesha gleefully.

Rajesh's face turned sad for a moment. "How is my mother?" he inquired. "She is..." Eesha began. "She is... comfortable. That's all that matters. The devil will be purged from her soul soon."

It was at moments like these when Rajesh wanted to trust religion but knew he couldn't. Whichever God was watching over his family He had forsaken them.

"Be careful of the police, Rajesh, ok?" Eesha said, quietly. "Don't worry Eesha, it won't be like last time. I don't have to worry about that blundering idiot leaking everything too soon." Rajesh hung up. As he left the post office,





the sky cleared.

The sightings originated near the river. It flowed from the forest and supplied the town's public well. The tiger was sighted further upstream. The wind was blowing towards his direction, so whatever was upstream couldn't smell him. An advantage to Rajesh.

A rustling ahead made him stop. Deep breathing could be heard if he focused hard enough. The rustling then stopped. Sensing an opportunity, Rajesh crept past the bushes that were covering his view and came face to face with...

It's eyes were so beautiful. They leaked emotion; the lapis coloured eyes seemed to stare at his soul. He felt memories of roti and papadam being cooked in a kitchen. Who was making them? Some were burning, but no one was there.

A tiger. A giant tiger, face to face with

him, eating a deer. Shoot it, thought Rajesh. Why. Can't. I. Shoot it.

Someone should remove the roti from the pan. The tigers eyes seemed as worried about the roti as he was.

The trigger was pulled before Rajesh even knew it. It was hurt, but it didn't immediately fall. "Is the poison working?" thought Rajesh. Maybe it all was a scam, maybe Amir just wanted him dead.

The tiger then began to run. Rajesh immediately chased after it, considering if another bullet was needed for the effects to kick in.

It began to cross a river, the current too strong for Rajesh to swim through. Quickly, he began to open the box to reload, when suddenly, he heard a thump. The tiger was lying on the opposite side of the river.

Shoot it. Shoot it, Rajesh thought.

But something prevented him from



doing so. The tiger was panting, it had struggled to cross the river. Trying to get up, its legs buckled, its stomach weighing it down.

It began to cry.

It was a sound Rajesh had never heard before. A sound of desperation, coming from an extremely large animal. Why didn't it attack when it could have, when Rajesh first saw it?

What was stopping it?

The eyes were brimming with sorrow now. Hurting. There was something else in them. Some feeling, not sadness, something else. Something else.

The eyes seemed suddenly small when compared to the unusually large tiger. The light was dying from them now. And suddenly, the feeling could be deciphered.

Far away, on a hospital bed in Mumbai, no one heard a patient flat lining.

"Well done friend!" shouted Amir as soon as he saw the tiger skin in front of him. They were at the hotel where Rajesh had previously met Amir. The room was lavish, only the selected could sleep here. "Rajesh, are you listening, hello?" Rajesh snapped out of his dream.

What have you done?

"You did amazing, Rajesh! A three in one package mind you!" Amir laughed. "Why don't you spend the night here, for old time's sake?"

But the words fell on deaf ears.

"Its eyes Amir," began Rajesh. Amir's smile slowly faded. "They were beautiful... had they always been like that?" questioned Rajesh.

"I... I think you should get some rest Rajesh." said Amir. "Eyes." Rajesh said as he left the room.

"Sir," said one of Amir's servants. Rajesh looked up from his masala chai. "You have an urgent phone call, sir, from your wife."

Amir felt worried about his friend. He had been acting strange, ever since he had come with the skin. Was it the unborn he had prematurely birthed for the extra money? Who knows when it comes to Rajesh.

Deep down, Amir knew it was his fault that Rajesh had to leave his family, so he had hoped to be able to make it up to him by paying him to do a simple job. Now he was sadder than ever. The eyes in the jar seemed to be looking at him.

"Sir!" yelled one of his servants, from outside the room. His tone sounded urgent. "Co... come in." answered Amir. The boy immediately ran into the room, stuttering endlessly.

"Calm down idiot!" screamed Amir. "The hell happened?"

"Sir," began the boy. "Rajesh, he... he stabbed his left arm with the bullet sir!"

"What!" asked Amir, his panic reaching an all time high. "WAS IT FULL!"

"No sir, he used the same one retrieved from the tiger, there is still some left!" Amir immediately began running to Rajesh's room. He was on the floor, face down, covered in alcohol, the bullet near him.

"Rajesh," cried Amir, falling to his knees. He began to try and wake him, tears streaming in his eyes. "Please, no." Amir grasped Rajesh's hand, trying to wake him, but failing to do so. The sound of sirens filled his ears. Rajesh was barely breathing

Amir was suddenly seeing a pair of lapis eyes. Eyes. Eyes. They caused his friend's death. No. That's not true. It's your fault, Amir. Yes. My fault.

"We have two bodies here sir!" screamed an emergency worker. "Both alive, some kind of dart next to them!" "Bring them, now! Probably

some kind of drug!”

The old man suddenly snapped back to reality. The doctor was gone. His spoon, gone. His right arm bandaged. Eyes. Eyes. In a brief moment, all he loved had been taken away from him in an instant. His money. His friend. Maybe there was still hope, but all he could focus on was the Eyes. The Eyes. The Eyes that led to his downfall. The trusting, loving Eyes, described to him in detail. The Eyes removed and put in a glass jar on a desk. Viewable for hours.

The doctor walked towards her car. The man was waiting outside, doing arm exercises for his left one. Noticing her, he turned. “Well?” he questioned in Hindi. “Your friend didn’t respond to any of my questions. I patched his

arm up, but all the while he was gazing into distance.” she answered. The man fell silent. “Don’t worry, I’ll visit him tomorrow and see what I can do.” she said, comforting him.

“Well, it’s been years, and he still hasn’t improved. I paid a fortune in doctors, but none of them have done any good. Let’s hope you are the one.” the old man said bitterly.

“Do you want a lift home?” asked the doctor, changing the subject. “No, I’m fine, I’ll walk, I need the exercise.” answered the man.

As the doctor was getting into the car, she remembered something. “I’ve forgotten your name.” she jokingly said.

For the first time today, the old man smiled. “Rajesh, doctor. My name is Rajesh.”

Siyath Anandasiri  
Form 3C



# *L'Uniforme Scolaire*

J'aime vraiment mon uniforme scolaire. L'uniforme scolaire empêche la discrimination. Si les étudiants sont permis à porter des vêtements décontractés à l'école, les élèves riches porteront de vêtements plus chers que les étudiants pauvres.

De plus le matin c'est est plus facile à décider quoi porter à l'école si vous devez porter l'uniforme scolaire.

En revanche, je suis une personne traditionnelle. Donc, je pense que l'uniforme scolaire est très important.

# *Les Contrôles*

Je ne suis pas un fan de contrôles parce qu'ils sont stressants et parfois ennuyeux, mais je sais qu'ils sont nécessaires et très importants. C'est un moyen de nous motiver à apprendre des choses.

Les contrôles sont très difficiles la plupart du temps mais ils nous aident à mieux apprendre. En plus, les contrôles sont très utiles. Grâce aux contrôles, les étudiants étudient de plus vite. Les contrôles sont une partie importante de notre éducation, donc si nous ne faisons pas de contrôles, il n'y a pas de but d'aller à l'école. Quand les contrôles sont proches, je deviens assez motivée parce que la plupart des enfants sont obligés d'obtenir de bonnes notes.

Thisagi Jayasekara  
Form 3C

# கவிதை

விடாமுயற்சி  
துன்பம் வரும் போதும்  
இன்பம் வரும் போதும்  
கூடவே இருக்கும்  
ஒரே நண்பன்  
நமது உழைப்பு  
மட்டும் தான்

# தன்னம்பிக்கை

வாழ்கை ஒரு  
நிமிடத்தில் மாறுமா என்று  
தெரியவில்லை  
ஆனால் ஒரு நிமிடத்தில்  
எடுக்கும் முடிவுதான்  
வாழ்க்கையையே மாற்றிவிடும்

R. Kesivika  
Form 3C

# அம்மா.....



தொட்டிலிட்டு ஆட்டினாய்  
சிரிக்க வைத்து மகிழ்ந்தாய்  
அழகையை நிறுத்தினாய் எனை  
அணைத்து முத்தமிட்டாய்  
உனக்கு எப்படி அம்மா நன்றி  
சொல்வேன்?

நடைப்பயில கற்றுத் தந்தாய்  
விழுந்தவுடன் ஊக்குவித்தாய்  
தவறு, சரி கற்றுத் தந்தாய்,  
மேன்மையாய் எனை வளர்த்தாய்  
உனக்கு எப்படி அம்மா நன்றி  
சொல்வேன்?

வீழ்ந்தவுடன் தட்டிக் கொடுத்தாய்,  
சாதித்தவுடன் கொண்டாடினாய்  
என் நிகழ்காலத்தை யுகித்தாய்  
என் வருங்காலத்தை கனவு கண்டாய்  
உனக்கு எப்படி அம்மா நன்றி  
சொல்வேன்?

உன் அருகில் நான் இருந்தால், பா-  
துகாப்பாய்  
உணர்கின்றேன்  
நீ இன்றி தனித்திருந்தால் இருள்  
குழ்ந்து தவிக்கின்றேன்  
உன் அன்பிற்கு முன்னால் உலகமே  
சிறுத்துவிடும்  
நீ தந்த தாய்பாலில் உன் உணர்வும்  
கலந்திருக்கும்  
நீ செய்த அனைத்திற்கு  
உனக்கு எப்படி அம்மா நன்றி  
சொல்வேன்?  
அம்மா.... அம்மா..... அம்மா.....

Tharuxni Mohanarajah  
Form 3A

# MON PREMIER VOYAGE EN CAMPING!

Avez-vous fait du camping? Sinon, vous devriez, parce que c'est une expérience fantastique!

Quand j'étais petite, je suis allée dans une école de filles en Australie. Cette école était "Seymour College". Mais c'était un peu différent de Stafford!

Comment? Hmm, nous avons célébré "Jour du Pyjama", "Semaine du Livre" et "Journée de Cheveux Fous"! Mais mon événement préféré était les voyages de camping! Je n'avais jamais campé, alors, j'étais excité pour ma première fois.

Le matin du départ, nous nous sommes réveillés à 4 heures du matin et avons pris un car. Un gros car! Il nous a fallu 3 heures pour aller à notre camping.

Pendant le voyage, nous avons chanté des chansons, dansé et pris beaucoup de photos. Le premier site de camp était dans une forêt! Une forêt magnifique! Après nous avons installé les tentes, nous avons chanté des chansons, joué du ukulélé, grillé des guimauves et dormi. Lendemain, nous nous sommes réveillés et allés faire une randonnée. C'était fascinant! Nous avons vu des kangaroos, de beaux oiseaux et et d'autre animaux! Bizarre! Pendant quelques jours, nous sommes restés dans la forêt et exploré!

La semaine prochaine, nous sommes pris un autre bus et voyagé pendant 6 heures! C'était

très fatigant et ennuyeux! Le deuxième site de camp était une cabane moderne. Nous avons partagé les chambres et mes colocataires étaient Sehansa, Clemmie, Maya-Rose, Sylvie et Chloe.

Partager les chambres était super! Pour moi, les prochaines nuits ont été mes meilleurs souvenirs. Nous avons regardé des films, fait du karaoké et bien d'autres! Nous avons cuisiné et non, nous n'avons pas fait poison! Pendant le matin, nous avons fait des pizzas, des pâtés à la viande et des burritos. Délicieux! Le dernier jour, nous avons fait des cerfs-volants et joué à la plage.

En conclusion, c'était une expérience incroyable! Je pense que tout le monde doit aller camper. Cela pourrait changer votre vie...

des guimauves: marshmallows

lendemain: The next day

une randonnée: a hike

une cabane moderne: a modern cabin

partagé: shared

colocataires: roommates

des pâtés à la viande: meat pies

cerfs-volants: kites

la plage: the beach

Thisagi Jayasekara  
Form 3C





*1<sup>st</sup> Row (L to R) - Ahmed Hussain Abdul Cader, Shaahid Ahamed Mansoor, Mohammed Mustafaa Imtiaz, Nikitha Christopher Ramanayaka, Ayyub Naushad Hassan, Mrs.Dilini Wickramasinghe (Class Teacher), Hewapathinige Leshan Yashwinda Nanayakkara, Kiara Peiris, Osheen Martus, Aisha Rai Fernando and Blake Shirmaz Ciappina.*

*2<sup>nd</sup> Row (L to R) - Aasif Imran, Dwayne Anuj Ramsay, Lohan Tharinda Perera, Lalitharatnam Hitesh, Dinuri Senara Peiris and Husena Aliaggar Adamally.*

*3<sup>rd</sup> Row (L to R) - Warshahannadige Ashen Senmitha De Silva, Ayaan Meezan, Jayasuriya Arachchige Danalee Thiranga Perera, Soneli Nehara Madihahewa, Ariya Priyathepuli Prathapasinghe, Shivashankaran Rishi Narayanan and Dawood Shazeen.*

*Absent - Lakindu Raneth Aryasinha and Yasogayathri Saravanan.*

# Form 2A



*1<sup>st</sup> Row (L to R) - Ocean Fernando, Nubaid Udayar, Kavith Amerasinghe, Jaafar Sabry, Mrs. Anagi De Silva (Class Teacher), Seja Perera, Visallika Kuruparan, Nichole Tissera and Kael Muthasinm.*

*2<sup>nd</sup> Row (L to R) - Raznan Rimzy, Chanuk Arsakularatne, Tharul Hamangoda, R. Viknesh, Ria Hridayesh, Onela Devendra, Amrithasai Perinbaraaj and Pavani Dassenaieke.*

*3<sup>rd</sup> Row (L to R) - Mruthulaa Isaac, Kalaimohan Shakkin, Nithuni Perera and Isha Vansandi.*

*Absent - Nilan Dissanayake, Adam Farook, Abishak Maheshwaran and Aidan Francis Perera.*

# Form 2B



*1<sup>st</sup> Row (L to R) - Onel Johan Ranasinghe, Thisath Dissanayake, Bilal Haldeen, Thuvarahan Sukumar, Ms Nilani Pathmanarayanan (Class Teacher), Kanishka Sugandan, Thisal Pathirana, Suven Seoras and Abdul Shafraz.*

*2<sup>nd</sup> Row (L to R) - Supul Baddegama, Arushnaa Vishnukanth, Thanuharini Poowendran, Delishca Rathnayaka, Yeshika Theverapperuma, Anisha Shanmugamani, Ovindu Karunaratne, Ethan Fernando, Fawaz Rimzan and Maliq Thambydorai.*

*3<sup>rd</sup> Row (L to R) - Mahishaali Ganeshamoorthy, Natasha Rodrigo, Anuk De Silva, Abdullah Nisfan, Christina Amerasinghe, Abubakr Rasmi, Aween Cuttilan and Sineth Sathnidu.*

*Absent – Natara Kumarasinghe*

# Form 2C

# SUBMISSIONS



Aisha Fernando  
Form 2A



# A SPIN OFF ON THE 3 LITTLE PIGS

SCENE WHERE THE WOLF IS TRYING TO EAT THE  
THIRD PIG.

WOLF TRYING TO BLOW THE HOUSE DOWN.

WOLF: I huffed and puffed and this house is still not coming down. What on Earth is this made of?

PIG 3: (SHOUTS OUT THE WINDOW) It's made of bricks you stupid wolf!

WOLF: You know I could climb the chimney, but it seems like something an ignorant, foolish wolf would do. A clever wolf would...let's see...aha! Break down the door!

MEANWHILE INSIDE THE HOUSE PIG 3 DIALS 911.

PIG 3: Please come to save me and the hairs on my chinny chin chin...oh you're on your way? Thank you.

THE WOLF RUSHES IN AND BREAKS THE DOOR.

PIG 3: Huh, I thought you would go down the chimney.



WOLF: I'm coming to eat you just like my father ate yours!  
(PAUSES) I mean yes, our rivalry is as old as the earth  
itself, dating back to my great-great-great grandfather,  
Wolfiam. He was a very- (GROWLS) Enough talking!

POUNCES AT PIG.

PIG 3: You shall never touch me! Not even by the hairs of my China  
chin chin...oh wait...chinny chin-oh, who honestly cares?  
(DIVES UNDER A TABLE)

SUDDENLY A BRIGHT LIGHT SHINED IN BETWEEN  
THEM. IN COMES THE FAIRY PIGMOTHER.

FP: Hallo, I am your hairy pigfather ..eh sorry...FAIRY  
PIGMOTHER and I have come to save you!

PIG 3: Wait I thought those only existed in books...(ADDRESSES  
AUDIENCE) it's not like we're in a famous fairytale...  
right?

WOLF: Well...well... well... the more the merrier

PIG 3: Quickly Fairy Pigmother, by the hair of my Chinny..chin...  
chin I wish the wolf would go away!

FP: Your wish will be granted. Bibbity,bobbity, boba tea, make  
this wolf go disappear-[hesitates and adds]-ie!

FOG ENTERS, FOLLOWED BY A LOUD BOOM.

Wolf: (HOWLS IN AGONY)

WOLF DISAPPEARS.

*End scene*

Christina Amerasinghe  
Form 2C

# MY BAKING JOURNEY

My love for baking started when I was at the age of 5, and as of now, I have done a lot of baking. Following are some of my goodies created over the years.



These are cupcakes made of my favorite flavors, coffee and chocolate. I got the idea for these when I was drinking a cup of coffee, and these cupcakes actually turned to be really



This cake was inspired by old script books, which is why I scraped bits of cake here and there. As it was New Year's Eve, I frosted a 2020 on top and sprinkled some crushed wafer sticks on it. I think this cake looked just like I wanted it to.



The idea for making this cake actually came when I was watching my favorite YouTube channel "The Icing Artist". She made it with fondant, but I used butter icing. It did look like her cake but it simply had a different type of icing.



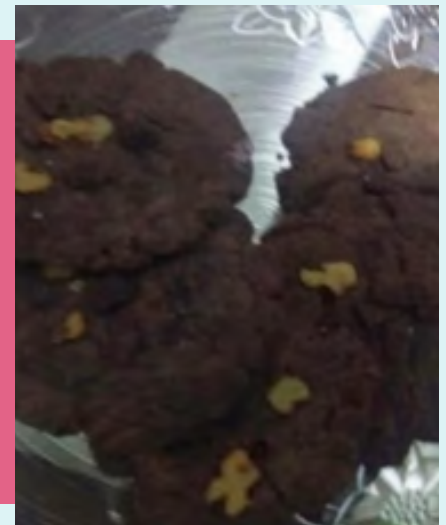
This cake was a surprise from me for my grandfather on his 75th birthday!



This was my first ever fondant cake. I love rabbits, so decorated it with a cute, mischievous one, who had been out playing in some



During quarantine, I was really bored, so I tried this banana fudge cake (left) and chocolate and walnut cookies (right). I saw these recipes on TV and it actually turned out pretty well and looked exactly like the one



Arushnaa Vishnukanth  
Form 2C





Aisha Fernando  
Form 2A

<https://youtu.be/sVAG8luP0Ws>

Click the link above for a behind  
the scenes video!

# MY EXPERIENCE AT STAFFORD

Hello! My name is Tharul. I'm a student in Form 2 and I'm going to tell you my experience at Stafford.

My first day at school was not that great; I had to leave my mother, despite her working in Stafford. Then I met my best friend Ahira, who everyone claimed was my twin. We were often asked if we were siblings, and unfortunately we had to say no. I then went on to year 4, which I didn't like very much because of all the notes. However, year 5 was great, because I scored 99 for English, and 97 for health; my reward was a golden retriever and a German shepherd, gifted by my mother. Year 6 was fairly boring and in Form One I did not enjoy geography at all. I experienced the worst year of my life in Form 2; my best friend of 12 years, Ahira, left school. To make things worse, I found out I had a heart problem, but my Form 2 teachers told me not to be stressed out. Miss Namalee and Miss Suharah helped me out, and said that nothing will happen to me. That is why I love this school.

Tharul Hamangoda  
Form 2B



# Forced Pause

Time still ticking, imprisoned at home,  
School had been over for a month going on four.

Digital life, is starting to bloom,  
But 40 Gigs of internet taken through zoom.

Nothing to do and nowhere to go.  
Infinite coils of Netflix, never no more.

Time is always moving so slow,  
I sometimes wonder "how much more?"

Office buildings left the way it's been  
Almost like a frozen a crime scene

Nature starts to make its way  
From where it was unbid and used to stay

The world winds down and almost to cease  
From a merry mad ride that wouldn't decrease.

A great surprise and a horrible scare  
To the entire world that's still in despair

Now slowly things start to change  
And the world begins to rearrange

After all the tiring and hard teamwork,  
The world begins to slowly work

Now soon the world will go back to play,  
And we all will get back our full monthly pay.

Chanuk Arsakularatne  
Form 2B

End



Reactions



Record



Share Screen



Chat



Participants



Security

# euphoria

This school, a place of wonder, a place of learning, yet most of all a place of care. Every teacher I ever met at this school since playgroup, permitted, moreover, patronized me developing not just my mind but my heart too. Aristotle once said, “Educating the mind without the heart is like education not at all”. So, I consider myself felicitous as I have a phenomenal school, where educators, take your hand open your mind and, forever, touch your heart.

Taught to think and not what to think. When I got into this school, I had to sing a song. I sang a perfect “connotation” of the lyrics of my song, it didn’t matter, for everyone thinks in a unique manner. Taught to think differently; appreciate the difference. Let me conclude to a few notes which harmonize the lyric, “Where the mind speaks and the heart filters, euphoria.” Stafford a place, where minds speak from their hearts, hence a place of academic euphoria.

Anuk De Silva  
Form 2C





# Our Planet

Life is short,  
But regret is long.  
Our planet,  
The earth,  
Has served and protected us,  
In many ways.  
Although we've never put it to thought.  
Thunder and lightning,  
Sunshine or snow,  
The earth stayed strong,  
To protect us all.  
We've not cared.  
Not a moment did we spare,  
To think about,  
Reducing the amount of methane,  
Journeying through the air.  
Nor the gallons of rubber duckies,  
Under the seabed,  
Trapping fish in despair.  
Then came twenty-twenty,  
When a new virus began to spread.  
COVID- 19.  
Nature's new hero.  
People locked themselves in houses,  
Friends said their goodbyes.  
Doctors and nurses left their families at home,  
To go say, "hello," to needy patients outside.  
Many lost their jobs,  
And kids were schooled online,  
There were lots of rapid changes.  
The almost bankrupt, mask manufacturers,  
Got even more orders than they could handle.





Amidst the chaos,  
Animals roamed,  
Invading many places.  
The earth stayed calm and went through the  
pain,  
And watched gleefully,  
As the twenty-twenty northern hemisphere  
ozone hole,  
Came to an end.  
“Jolly yay!” it said.  
As blue filled the once greeny waters.  
Trees turned into rainbows,  
And the sky glistened like a mirror.  
While people coughed their hearts out,  
Our planet couldn’t do anything...  
But celebrate,  
As we once did, some time ago.

Osheen Martus  
Form 2A



# Heal the world

Earth is a wonderful planet where many organisms live, but if we humans, destroy it where else can we go?

Humans cut down trees and destroy the ecosystem to further build factories. People dig deep underground to collect fossil fuels but don't realize how much damage they cause to the Earth.

There are many problems the world is facing because of us. The burning of fossil fuel increases the level of heat which comes to the Earth. About two million people are displaced by weather and climate-linked disasters. Climate change also threatens peatland ecosystems. There are also many other problems such as ocean acidification which are still ongoing.

Another problem that is going on these days is the COVID 19 outbreak. There is both a good side and a bad side to this problem. We can see that pollution is reducing, because factories and cars are at a cease. People are growing plants which further reduces the carbon dioxide in the atmosphere. Levels of two major air pollutants have been drastically reduced since lockdown began in response to COVID 19 pandemic.

Even though there are some people who destroy the world, there are some who try to save it. There are some world organization and public policy such as the Paris Agreement that tries to stop the increase of world hazards.

Isha Vansandi  
Form 2B





Isha Vansandi  
Form 2B





Isha Vansandi  
Form 2B



Visallika Kuruparan  
Form 2B



*1<sup>st</sup> Row (L to R) - Avanthika Subashkar, Sarah Mariam Abdul Latiff, Phrashika Denesh Kanna, Gloriya Stanley Rowland, Dakshika Punithan, Mrs Nelum Senanayake (Class Teacher), Rannulu Avindra Kumudesh de Zoysa Abeyweera, Varun Santosh Mathavan, Sukitha Sujana Fernando, Sayishiyam Kurincheedaran, Hingurala Mudiyanseelage Tenuja Karunatilake and Muhammedh Ayyub Fouzi.*

*2<sup>nd</sup> Row (L to R) - Ahmed Sulaiman Afrath Jabir, Sohan Sanjith Sivakumar, Logachandran Anojan, Sayed Maqsood Rahman Rifai Mowlana, A W Venuk Jithein S Abeygunasekara, Mohamed Talha Nawzath, Mohamed Rayyan Roshan, Yohan Malik Yoharajah, Uruvitiya Senarath Yapage Vihas Nethsuka and Nathan Latiff.*

*3<sup>rd</sup> Row (L to R) - Amrik Wettimuny, Muhammed Akram Uvais Hamza, Murad Ahamed Raji, Thileeban Aakashan, Aanya Thayuri De Silva, Aaksha Shenaya Gunathilake and Muhammed Shareef Muhammed Shafee.*

# Form 1A





*1<sup>st</sup> Row (L to R) - Mukarram Jameel, Kiyantha Perera, Shawn Hannan, Keshav Mohanraj, Ranud Rajakarunanayake, Mrs. Natalie Fernando (Class Teacher), Bhupesh Selvanayagam, Mithush Mahinthan, Thesara Manathunge and Maria Navamani.*

*2<sup>nd</sup> Row (L to R) - Muthuni Wattage, Oshani Pathirana, Marine Gunaratne, Haala Hakim, Methasa Pathirana, Maleesha Gunathilake, Nidurshan Mohan and Umar Athick.*

*3<sup>rd</sup> Row (L to R) - Lidushaan Murali, Yonal Karunatileke, Shania Kulatilake, Cinderella Fernando, Iyaana Seneviratne, Punita Sirimalwatte, Abdullah Fiyaz, Dharishta Peiris and Amitesh Peeris.*

# Form 1B



*1<sup>st</sup> Row (L to R) - Dihara Jayaratne, Raya Rikaz, Sivaraj Mahathiey, Jinudi Dissanayake, Ms. Nayomi Perera (Class Teacher), Dhanesh Punithan, Praven Muruganathan, Umar Rizwan, Bradyn Cardoza and Abdurrahman Aslam.*

*2<sup>nd</sup> Row (L to R) - Abdurrahman Cader, Joel Daniel, Amani Ruzwan, Yumna Safraz, Adam Mansoor, Thisath Karunaratne, Triston Fernando, Senanka Hettihewa, Avanthie Krishnakumar and Khadija.*

*3<sup>rd</sup> Row (L to R) - Rashobhan Sriitharan, Ahil Nadarajah, Taher Adamjee, Aleena Arshad, Jeshan Pushpanathan, Nadupama Abeywickramasinghe, Yahya Imran, Ladukshan Saravananthan and Hussein Akram.*

*Absent - Nithra Jothylingam*

# Form 1C

# SUBMISSIONS



Jinudi Dissanayake  
Form 1C



# Old Saint Georgie

Once upon a time,  
In midst of busy old London,  
There lived a young man,  
Named Saint Georgie,  
Who was quite a bit popular  
For his bravery and gold.

Then one stormy evening,  
The news arrived.  
That a bloodthirsty dragon had arrived,  
Ready to eat its dinner.  
The dragon flew past the tall city gates,  
As it snatched a few men as a starter.  
And Saint Georgie stared at it,  
Preparing for another savage battle.

He then went back to his castle,  
And prepared for battle,  
As he was the Knight In Shining Armour.

And as he rode his horse across the battlefield,  
The dragon roared, ready to eat Saint Georgie,  
And gobbled and gobbled waiting till his final  
prey arrived,

But before a bird could eat a worm,  
Saint Georgie jumped from his horse,  
And a knife was perfectly pierced  
Through the dragon's cruel heart,  
And as usual Saint Georgie saved the day.

Bhupesh Selvanayagam  
Form 1B

# Deutschland

Deutschland ist ein Land in Europa. Ihre bekannteste Sprache ist Deutsch. Berlin ist die Hauptstadt in Deutschland. Deutschland berühmtester Wald ist der Schwarzwald. Deutschland hat 83 Millionen Einwohner. Ihr Nationalsport ist Fußball. Ihre Währung ist Euro. Ihre Nationaltier ist das europäische Reh. Deutschland Nationalblume ist die Cyani-Blume.

Deutschlands berühmtestes Wahrzeichen ist das Schloss Neuschwanstein. Deutschlands älteste Stadt ist Trier. Deutschlands Unabhängigkeitstag ist der 3. Oktober. Die andere deutsche Stadt Frankfurt hat viele Wolkenkratzer und eine europäische Zentralbank. Ihre bekanntesten Lebensmittel sind Sauerbraten, Bratwurst und Rinderroulade.



Khadija Infiyaz  
Form 1C





# The day the world went SILENT!

The day the world went silent,  
Was because of human violence.  
No one to be seen on the roads  
Or even hardly any toads.

Due to our misunderstanding,  
A lot are suffering.  
No food drink or place to sleep  
All you have to do is weep.

Business going so slow'vvv  
But parents suffering and making us grow.  
Hundreds dying every day,  
I don't think there might be a way.

People stuck at home in quarantine,  
And people don't feel just fine.  
A day we can never forget  
When we all heard that it's lockdown!

No one on the streets or shops,  
But there are a lot of cops.  
Education, ruined,  
Everyone looking for a cure fluid.

People suffering to pay bills,  
Some are even living on hills.  
News getting updated everyday  
People watching T.V. in every way!

Everyone wearing masks,  
And finding it a task!  
The day the world went silent  
Was because of human violence!  
IT IS CORONA VIRUS!

Yumna Safraz  
Form 1C





# Die Bundesliga The Bundes League

Das Fußball Bundesliga ist eine Fußballiga in Deutschland. An der spitz des deutschen Fußballiga Systems, die Bundesliga ist Deutschlands Grundschule Fußball Wettbewerb.

**Aktueller Champion:** FC Bayern München .  
**Die meisten Aufritte:** Charly Körbel  
**Die meisten Meisterschaften haben gewonnen ist :** FC Bayern München (mit 28 Titeln)  
**Torschütze in diesem Jahr:** Lewondawski  
**Bester Torschütze:** Gerd Müller  
**Organisierender Körper:** Deutsche Fußball Liga.



Die Liga wurde in ihrem aktuellen Format ab 1963 gegründet und besteht heute aus 18 Mannschaften. Die Zusammensetzung der Mannschaften ändert sich jede Saison durch einen Abstiegsprozess mit der zweiten Liga des deutschen Fußball, die 2. Bundesliga. In der Saison 2017 und 2018, die Gesamteinnahmen der Bundesliga waren bei 3.81 Milliarden Euro.

Amrik Wettimuny  
Akram Hamza  
Form 1A

# COVID-19

2020 a year of distress.  
Where did it come from?  
All this crazy stress.

It started with a bat.  
From a day in the market.  
A long walk home  
With vegetables and rice in a basket.

Woke up in the morning.  
With a cough and a cold.  
Sneezing all over.  
Wondering if he was old.

From there it didn't stop.  
It was all over the place.  
Trump didn't care  
What a big disgrace

As the virus kept spreading.  
Quarantine had just begun  
Over 1 million cases were heading  
I don't know what could be done.



Khadija Infiyaz  
Form 1C



# Deutschland

Deutschland, auch als Bundesrepublik Deutschland genannt, ist ein Land in Mitteleuropa. Es ist ein Land, das vielen sehr gute und interessante Sachen hat.

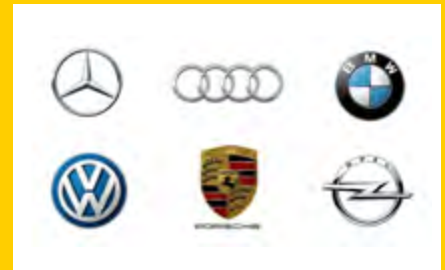
Deutschland ist ein entwickeltes Land mit viel Handel. Es ist auch berühmt für Autos und elektronische Produkte. Die deutsche Währung ist Euro. Es hat die größte Volkswirtschaft in Europa. Die Deutsche Wirtschaft ist die größte verarbeitende Wirtschaft in Europa.

Deutschland hat eine demokratische Bundesregierung. Seit 1949 regieren die Sozialdemokratische Partei Deutschlands und die Christlich Demokratische Union Deutschlands regieren Deutschland. Die derzeitige Kanzlerin ist Angela Merkel und der derzeitige

Präsident ist Frank Walter Steinmeier. Der Präsident ist das Staatsoberhaupt.

Deutschland hat eine lange und interessante Geschichte, aber ist vor allem für den Zweiten Weltkrieg bekannt. Alles begann, als Adolph Hitler aus dem Gefängnis entlassen wurde. Er wurde sehr beliebt und wurde dann Kanzler, indem er sich den Nazis anschloss. Er gründete dann das dritte Reich, das zum Zweiten Weltkrieg führte. Am Ende verlor Deutschland den Krieg und musste sich umbringen, bevor er getötet wurde. Es gibt auch viele deutsche Erfindungen wie die Druckmaschine, der Kaffeefilter, die Klebeband und sogar Aspirin und all dies wurden in den frühen Jahren seiner Geschichte hergestellt!

Deutschland ist mein Lieblingsland!



Bhupesh Selvanayagam  
Form 1B



# Weihnachten



Weihnachten wird am vierundzwanzigsten Dezember mit vielen Traditionen gefeiert. Familien verbringen am fünfundzwanzigsten und an der sechsundzwanzigsten Zeit miteinander. Die Feierlichkeiten beginnen Ende November oder Anfang Dezember mit den Adventsfesten. Jeden Sonntag vor Weihnachten wird eine neue Kerze angezündet. Städte und Gemeinden sind voller Weihnachtsmärkte. Sie bestehen aus Ständen, an denen Weihnachtsstollen, Lebkuchenherzen und andere traditionelle Süßigkeiten verkauft werden. Dekorationen, Weihnachtsmützen und festliche Handschuhe werden überall verkauft. Adventskränze und Kalender Eine weitere Tradition auf Weihnachtsmärkten ist der Zwetschgenmann. Es sind eigenartige kleine Puppen aus Pflaumen und Walnüsse. Die Nussknackerpuppe ist die berühmteste Holzpuppe.

Am 6. Dezember feiern die Menschen den Nikolaustag. Weihnachtslieder werden gesungen

und Kinder strecken ihre Schuhe, Strümpfe und sogar Teller aus, damit der Weihnachtsmann Geschenke und Süßigkeiten hinterlässt. Am Weihnachtstag dürfen kleine Kinder erst abends im Wohnzimmer feiern. Die Leute essen weniger und gehen in die Kirche. Einige Familien haben möglicherweise einen Verwandten oder Freund, der sich als Weihnachtsmann verkleidet. Sie lesen Geschichten, singen Weihnachtslieder und essen Weihnachtsstollen.

Avanthie Krishnakumar  
Form 1C



# the sky

When I look up into the sky,  
I very much wish to fly,  
The color of the sky is a beautiful blue,  
And its beauty is so true.

Fluffy clouds float in the sky, and clouds are  
almost like ice cream,  
Its loveliness brings tears to my eye,  
The sky is so heavenly and vibrant,  
And the sky is very big that it can cover a whole  
island!

Oh, the sky she is truly a queen,  
She's nothing like you've ever seen,  
And when she cries her tears fall down as rain,  
That means that she is in pain.

How lucky you are you lucky birds,  
To fly in that gorgeous sky,  
If I too had a pair of wings,  
I'd feel like a very happy King!

The sky is as blue as the ocean,  
It is one of nature's treasures,  
The sky is so very precious.  
Oh, the sky is such a beauty it's true.

At sunrise, the sky is pink,  
At sunset, the sky is orange,  
At night, the sky is black with stars,  
But the true color of the sky will always remain  
a beautiful blue

So, make sure the sky is loved,  
And when you look at the sky you will be  
stunned,  
Yes, if you love her, she will love you,  
She will be yours the beautiful blue, the  
beautiful blue!

Jinudi Dissanayake  
Form 1C





# 日本 Nihon Japan

- » Japan is a group of islands in the Western Pacific, off the coast of China.
- » The 4 biggest islands are Honshu (本州), Hokkaido (北海道), Shikoku (四国), and Kyushu (九州).
- » Honshu (本州) is the largest of the 4 main islands.
- » Tokyo (東京), the capital of Japan is on the island Honshu.
- » National Language: Japanese / Nihongo (日本語)
- » Capital city: Tokyo (東京)
- » National Tree: Cherry Blossom / Sakura (桜)
- » National Animal: Snow Monkey / Nihonzaru (ニホンザル)
- » National Flowers: Chrysanthemum / Kiku (菊) and Cherry Blossom / Sakura (桜)
- » National Fish: Carp / Koi (鯉)
- » National Butterfly: Great Purple emperor / ō-murasaki (大紫 or オオムラサキ)
- » National Instrument: Koto / Koto (琴)
- » National Stone: Jade / Hisui (ヒスイ)
- » National Mount: Mt. Fuji / Fujisan (富士山)
- » National sport: Sumo wrestling / sumou (相撲)
- » National Founder: The mythical emperor Jimmu / Jinmu-tennō (神武天皇)
- » National dishes: Sushi, Ramen, and Japanese curry / sushi, ramen and karē.
- » National liquor: Sake / sake (酒)
- » National Fruit: Japanese persimmon / Kaki (柿)
- » National Currency: Japanese yen / en (円)





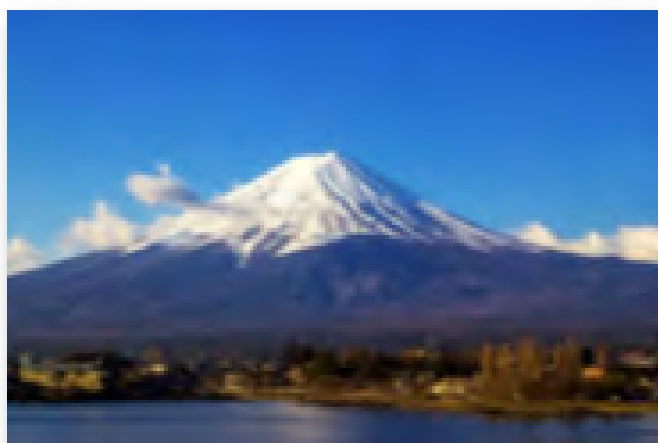
Sake (酒)



Cherry Blossom Tree (桜)



Japanese Yen / ¥ (coins) (円)



Top: Mt. Fuji (富士山)



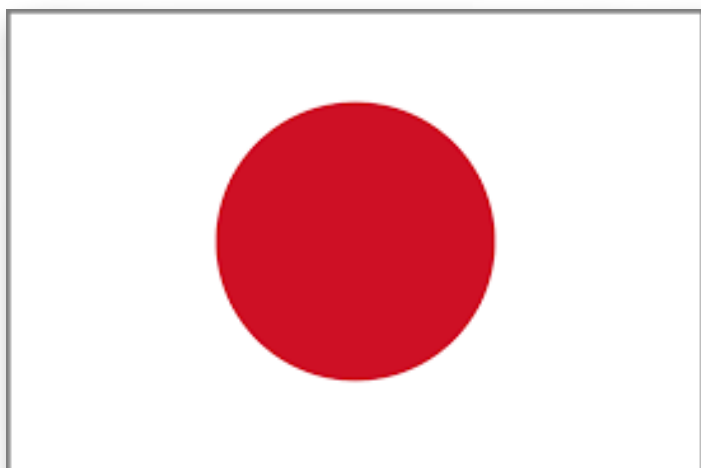
Left: Japanese Yen / ¥ (paper money) (円)



Sushi (すし)



Ramen (ラーメン)



Flag of Japan /  
Nisshōki (日章旗,  
the "flag of sun")  
/ more commonly  
known  
in Japan as  
Hinomaru (日の丸,  
the "circle of the  
sun").



Japanese Yen / ¥ (coins) (円)



Map of Japan / Nihon (日本)

# VIDEO SUBMISSIONS



<https://youtu.be/ggeMDei4iLA>

Click on the link above to watch video submissions from Form 1.

*Disclaimer:* To protect the privacy of our students, this video has been set to unlisted. This means it cannot be viewed by any person online without a direct link.



# VIDEO VIDEO VIDEO SUBMISSIONS



<https://youtu.be/la9n4qOGiqk>

**Click on the link above to watch a skit  
by our Middle School French students!**

*Disclaimer:* To protect the privacy of our students, this video has been set to unlisted. This means it cannot be viewed by any person online without a direct link.

# Upper Primary

166 YEAR 6

192 YEAR 5



# Sectional Report

2019/20

It has been my pleasure and delight to lead the Upper primary school as its Vice Principal this year.

The challenges posed by the ongoing COVID-19 pandemic, has meant that we have had to change the way we cover the school curriculum for your children. To this end we have navigated the worlds of distance learning and remote engagement to chart a new course for children to be computer literate, resourceful, open minded, adaptable and discerning, and to really apply themselves into shaping their academic futures. A number of innovative study methods have ensured the smooth running of online classes to keep the students immersed in the learning process without interruption.

Nevertheless, I would like to focus on the highlights of the year gone by, particularly looking at students life pre-lock-down.

**Curriculum:** We at SIS have a strong scholastic tradition and have striven to be forward and outward looking to maintain a high level of academic excellence across a breadth of study. A key feature has been the importance placed on personalised attention tailored to the needs of children. We have also focused on developing independent learning techniques for the students, so that they may engage in educational activities at their own pace. Additionally, we encourage students to readily participate in activities outside the main curriculum, so that they can develop a holistic and inclusive educational experience.

**Children's Day:** Children's Day was celebrated on the 1st of October 2019 with a Magic show and each student received a memento to commemorate this event. A focus of this event



was to enable children to understand the profound significance of receiving an education and to highlight the fact that all children, irrespective of circumstances, have the right to a well rounded education.

**Sports:** Physical Development is indispensable for growth and is an integral part of the day to day school routine. Our students participated in the Inter House Athletics and Swimming Meets, with some of our Athletes going on to represent Stafford International at the Inter International Athletics Meet (ISSAC) and Swimming Meet. Ranidu Pathmasinghe and Manmitha Jinasena brought honour to the school by winning silver and Bronze at the Western Province Karate Tournament, and I wish to extend my heartiest congratulations to them both.

**Esthetic Studies:** Art, Music and Drama offer rewarding opportunities to pursue creative expression and gives breadth to grow self-awareness and character. On this note, an Art exhibition was held on the 20th of February 2020 at the school auditorium entitled 'Fingers can talk'. This provided students with the opportunity to display their many creative talents and we were lucky enough to witness some exquisite artistic pieces.

This year our Junior Choir participated in the School Carol service, favouring the congregation with a special Christmas carol. Their hard work and dedication leading up to this event paid off as the performance was thoroughly enjoyed and well received by all.

**Project show casing:** The new wing of the Year 5 and 6 building turned into a hive of activity buzzing with parents, teachers and well wishes eager to see and learn from the variety exhibition which covered topics ranging from Air pollution, Western and Eastern Music makers, Mathematicians (Year 6), Dinosaur World, Ancient World and Around the world in 10 minutes (Year 5). The kids showcased the best of their expertise on each subject and thoroughly enjoyed the collaborative learning space (as did the adults!).

**School walk:** Students and teachers from Year 5 and 6 joined the walk organized by the Interact Club of the School. It was a great experience for all participants, energetically shouting slogans, and singing waving blue and white pompoms. Students of Years 5 and 6 captivated the crowd with their Bollywood dance performance.

Founder's Day Celebrations: For the first time in the history of the school, Founder's Day was celebrated with the students conducting the general assembly. The theme was centered around providing an insight into the history of the school and celebrating our humble beginnings while acknowledging our advancements and achievements as a school over the years.

World Environment Day (WED): "Biodiversity" was the theme of World Environment Day this year. The festivities saw many students participate in the Art, Speech and Essay competition organized by the WED Committee in collaboration with Shangri - la Hotels and Resorts.

Field Trip: This year students of Year 5 undertook a field trip to the Kothmale Milk factory. They were able to see first-hand the processes involved in the production of milk, yoghurt and ice cream and of course to readily sample these delectable treats.

Students of Year 6 participated in an environmental excursion to Kirialle, where they were able to observe various ecologies and learn about the importance of environmental conservation.

I am profoundly grateful to Mr.Suvin Wettimuny and the Management of SIS for the support, guidance and direction given at all times.

I wish to thank all the teachers of Years 5 and 6 for their commitment to imparting a good and solid education, and for spurring and encouraging the students to strive for higher goals. Thank you, dear Teachers.

**Ms. Ruba R. Weerasinghe**  
Vice Principal  
Upper Primary

# Some highlights from this year ...



Field Trip



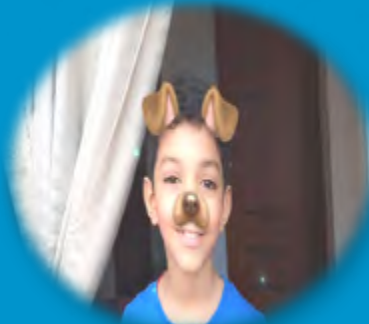


## Independence Day

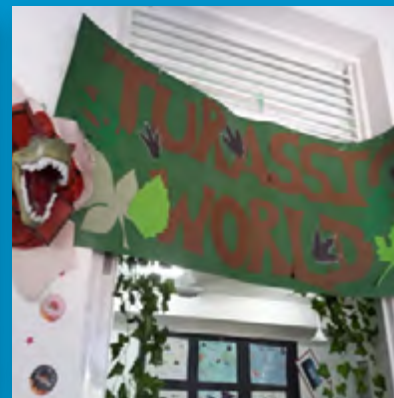
## A Day in School



# Lockdown Diaries...







## This & That Exhibition





Ranindu Pathmasinghe  
Silver for Kata / Bronze  
for Kumite at the Western  
Province Championship  
and Gold for Kata at the  
Ambassador of Japan Karate  
Championship



Manmitha Jinasena  
Silver for Kumite/Bronze for  
Kata at the Western Province  
Championship

# Results of the World Environment Day Competition

Speech Competition - "Biodiversity Is Around Us: How can I protect it?"

|               |                         |
|---------------|-------------------------|
| Winner        | Ranuli Jayawardena (6C) |
| 1st runner up | Yasir Siddique (5A)     |
| 2nd runner up | Rumeth Jayatissa (6A)   |

Essay Competition - "Biodiversity is life: How can I protect it?"

|               |                                 |
|---------------|---------------------------------|
| Winner        | Duvish & Vidush Perera (6C)     |
| 1st runner up | Avanthi Krishnakumar (Form I C) |
| 2nd runner up | Jinudi Disسانayake (Form I C)   |

Art Competition - "The world's a place for living things"

|               |                                 |
|---------------|---------------------------------|
| Winner        | Joanna Navamani (6A)            |
| 1st runner up | Keshava Thenuja Ranasinghe (5C) |
| 2nd runner up | Fathima Sidhra (5A)             |





Winner  
Joanna Navamani  
Year 6A

1st Runner Up  
Keshava Thenuja  
Ranasinghe  
Year 5C



2nd Runner Up  
Fathima Sidhra  
Year 5A





*Seated (L to R) - Mrs. Yoges Sunderampillai (Class Teacher), Mrs. Ruba Weerasinghe (Vice Principal – Upper Primary)*

*1<sup>st</sup> Row (L to R) - Imaam Irshad, Uvinyda Fernando, Hayaa Infiyaz, Ranuga Wckramaratne, Abdur Rahman, Shanelki Hettipathirana, Yavin Madurapperuma, Sharaen Mangalakumar and Mysha Hassan.*

*2<sup>nd</sup> Row (L to R) - Sathsarani Kandage, Ranidu Pathmasinghe, Hamdha Hussein, Joanna Navamani, Yusuf Rushan, Amiesha Karunaratne, Varsha Sarvananthan, Ambritha Sithambaranathan, Ashvithaa Baskaran and Hashan Sudantha.*

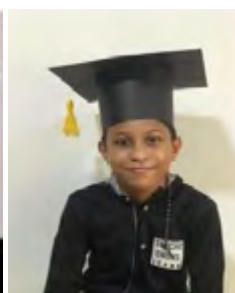
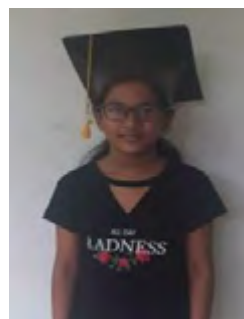
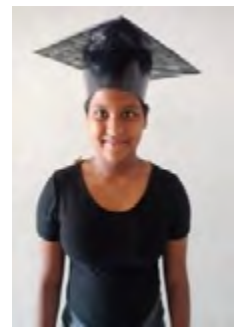
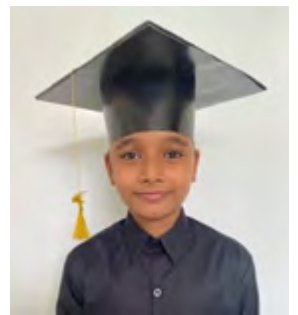
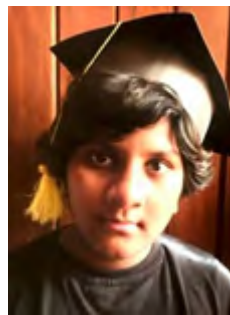
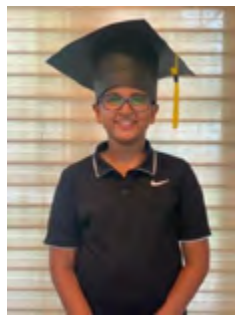
*3<sup>rd</sup> Row (L to R) - Rumeth Jayathissa, Hashini Fernando, Vihan Gomes, Sinadhi Edirimanna, Thenuki Weeraratne, Kethujan Pirabakaran and Keshave Nishanthavel.*

*Absent – Kayla Fernando*

# Year 6A

Class  
of 2020

Year 6 @





*Seated (L to R) - Ms. Roshani Premaratne (Class Teacher), Mrs. Ruba Weerasinghe (Vice Principal – Upper Primary)*

*1<sup>st</sup> Row (L to R) - Varshaana Periyasamy, Thiseni Rupasinghe, Kavini Gunawardena, Imzaan Shiyam, Yajnesh Kanagarathnam, Ranuga Dissanayake, Hiba Hiraz, Isa Akram, Tenuli Dissanayake and Anjela De Silva.*

*2<sup>nd</sup> Row (L to R) - Sadhushana Poowendran, Saikrishan Hallock, Pramel Fransisco, Pragarish Shivakumar, Hafsa Milhan, Hamdan Ali Waffa, Shaveen Jayawardena , Manuthi Ayansa and Vidushi Withanage.*

*3<sup>rd</sup> Row (L to R) - Tamir Imran, Anjelo De Silva, Sawani Sanchala Silva, Srivaishnavi Karurunamoorthy, Adithya Thudugala and Hashini Walisundara.*

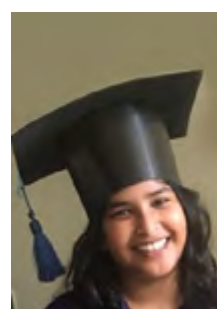
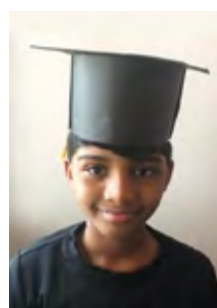
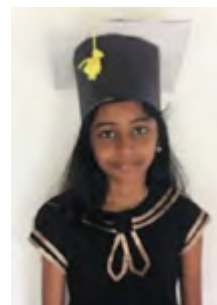
*Absent - Yevin Gunasekara*

# Year 6B



Class  
of 2020

Year 6 B





*Seated (L to R) - Ms. Sachithi Samaraweera (Class Teacher), Mrs. Ruba Weerasinghe (Vice Principal – Upper Primary)*

*1<sup>st</sup> Row (L to R) - Pranatha Edirisinghe, Haleema Shifan, Aimee Fernando, Reiha Mawsoof, Vidush Perera, Duvish Perera, Shaahid Fiyas and Akith Fernando.*

*2<sup>nd</sup> Row (L to R) - Ranuli Jayawardene, Manmitha Jinasena, Yaeesh Arafath, Ibrahim Sharhan, Rhyan Fernando, Deneth Gunawardhana, Shezan Junaid and Nisha Anthara.*

*3<sup>rd</sup> Row (L to R) - Hesanya Premarathne, Meshaach Fernando, Thisuli Madawela, Ayden De Silva, Sehansa Wimalaratne, Mishca Cooray, Naren Pelpola, Binuwara Mendis and Hasini Dassenaieke.*

*Absent - Abishena Pathmasri, Taeisha Kuruppu and Saheli Pathirage.*

# Year 6C



*Class*  
of 2020 

Year 6C







*"Cherry Blossom Tree - Cotton Swabs"*

Manuthi Ayansa

Year 6B

# BIODIVERSITY

Hello my name is Duvish and today I am going to talk about biodiversity and how we can protect it. Biodiversity is important to all living things but the sad thing is that we are losing biodiversity at a rate. Many animals and living things we have now may go extinct within the next few years. Knowing all this we all have one question how can we stop biodiversity and instead protect it?

The first thing we can do to protect biodiversity is by recycling. Recycling lessens pollution by decreasing energy, electricity, and water consumption and the need for landfills. We should also make sure to do the three R's - Reduce, Reuse, Recycle

The second thing we can do to protect biodiversity is by conserving water. Fresh bodies of water are essential to biodiversity so we need to make sure we don't waste it. We can use less water by taking five-minute showers or not running the water when washing up the dishes, can help protect vital wetlands.

The third thing we can do to protect biodiversity is by protecting natural habitats. Human impact on the earth can have a devastating impact on biodiversity. Small steps like keeping to walking paths, and not stepping through flowers or crops, can help protect what is growing there.

The fourth thing we can do to protect biodiversity is by eating more organically grown produce items. These are fruits and vegetables that were grown without the use of harmful fertilizers that are often made from a vast array of chemicals and components.

The fifth thing we can do to protect biodiversity is to use energy conserving light bulbs around our houses. It is possible to purchase LED light bulbs for all of your fixtures, lamps and recess locations to improve overall efficiency and protect the environment.

The sixth and final way I am going to talk about is to reduce or eliminate the use of products that come in aerosol cans. These products are known to damage the ozone layer, the environment and to add to the pollution of the air that we breathe.

In conclusion there are many ways we can protect biodiversity and I just spoke about a few. Overall, we as humans need to protect our planet and make sure we don't lose biodiversity because in the end we will be responsible for the mess we make. In conclusion there are many ways we can protect biodiversity the only thing we need to do is to make that change.

Duvish Perera  
Year 6C



# The Last Standing Wonder of the Ancient World

A pyramid is a shape with triangular sides that join at an apex on the top. The shape of the pyramids themselves may have been designed to evoke the rays of the sun streaming between heaven and earth as historians believe that they were built for religious purpose as Egyptians were one of the first civilizations to believe in an afterlife. So, all the effort went into creating a grand tomb for the king who, as a mediator between the Gods and the people, was thought to be deserving of the finest of tombs.

The Great Pyramid is the oldest and the largest of the three pyramids in the Giza pyramid complex located in Modern Cairo, Egypt, and is believed to be built as the tomb for the Fourth Dynasty Pharaoh Khufu (Or Cheops).

Standing at 455 feet tall, the Great Pyramid covers 13.1 acres. It is estimated that 2.3 million stone blocks weighing between 2 and 15 tonnes each, were used to build this massive structure. It has taken approximately 20 years to complete the pyramid and several theories are debated by scholars as to how it was built and by whom. Some theories point to slave labour, some evidence and theories suggest that paid skilled workers worked tirelessly to build the Great Pyramid during the course of 20 years and there are also ideas that aliens built the pyramids. However, the way this pyramid was built constructed is a marvelous feat and should be awed and respected because it is still standing today with relatively minor damage.

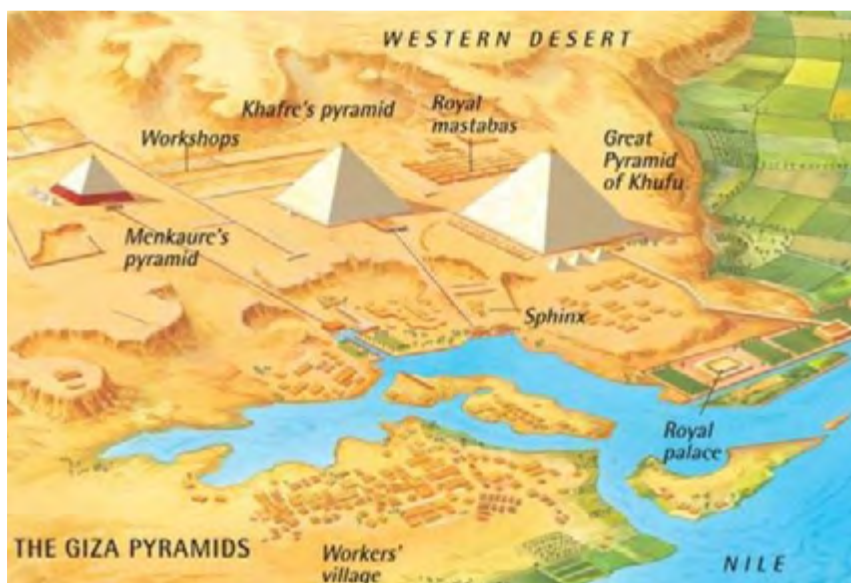




Just like the other pyramids found in Egypt, the Great Pyramid itself is filled with internal passages and chambers. It would also have housed all the necessary goods for a fruitful journey to the afterlife, including a great deal of precious metals and stones, food and hand carved furnishings. But to the archaeologist's utter dismay, no mummies or grave goods have been found inside this great pyramid except for the rectangular granite sarcophagus in the king's chamber. Historians and archaeologists believe that the treasures in the Great Pyramid must have been robbed and looted after the end of the old kingdom.

Being the oldest of the seven wonders of the Ancient World and the only one to remain largely intact, the Great Pyramid of Giza is indeed one of the greatest creations found on Earth.

Ranuli Jayawardena  
Year 6C





Ranidu Pathmasinghe  
Year 6B

**This is what I believe my school stands for.**

**S  
T  
A  
F  
F  
O  
R  
D**

*Super*

*Thriving*

*Amazing*

Famous

***FANTASTIC***

**OUTSTANDING**

**Revolutionary**

**DREAMERS**

**That is what Stafford teaches  
us to be, and helps us achieve.  
I love my school very much!**

Yaeesh Arafath  
Year 6C



# A LOCKDOWN RECIPE

## *Potato, Cheese and Pineapple Roll*

### **INGREDIENTS:**

- Potatoes
- Cheddar cheese
- Chopped Pineapples
- Pepper
- Salt

### **INSTRUCTIONS:**

- Take three to four potatoes and sliced them in circle shape (number of potatoes depends on the number of people) Grated cheddar cheese or slices. Take few slices of pineapple and chop them in to small pieces. If you put them in a non-stick pan and mix little chilly and sugar and cook for few minutes will give you better taste.
- Pre heat the oven to 280C and take a baking tray apply some butter or baking spray or you can use a baking paper. Place the potatoes in the tray put cheese covering all spaces between potato slices. Sprinkle some salt and pepper. Bake it for 10 minutes.
- Take the tray out and place the pineapples on top of the baked potatoes and cheese and put cheese on top of that and bake it for 15 minutes again.
- When it's ready take it out. Once it's cool down start removing from one side and roll it. Cut in to any size of your choice and serve.

It is a healthy and light meal for dinner.

Manmitha Senadhi Jinasena  
Year 6C



Hayaa Infiyaz  
Year 6A





Pranatha Edirisinghe  
Year 6C



# Galileo Galilei

Galileo di Vincenzo Bonaiuti de' Galilei was an Italian astronomer, physicist and engineer from Pisa. He was born on the 15th of February, 1564, in Pisa, Italy. He died on the 8th of January, 1642 in Arcetri, Italy.

Galileo has been called the “father of observational astronomy”, the “father of modern physics”, the “father of the scientific method”, and the “father of modern science”.

The design Galileo Galilei used in 1609 to build a telescope is commonly called a Galilean telescope. A Galilean telescope results in a non-inverted and upright image, because the design has no intermediary focus.

In Galileo's telescope the objective lenses are convex and the eye lens is concave. Galileo knew that light from an object placed at a distance from a convex lens created an identical image on the opposite side of the lens.

Galileo turned his new, high powered telescope to the sky. In early 1610, he made the first in a remarkable series

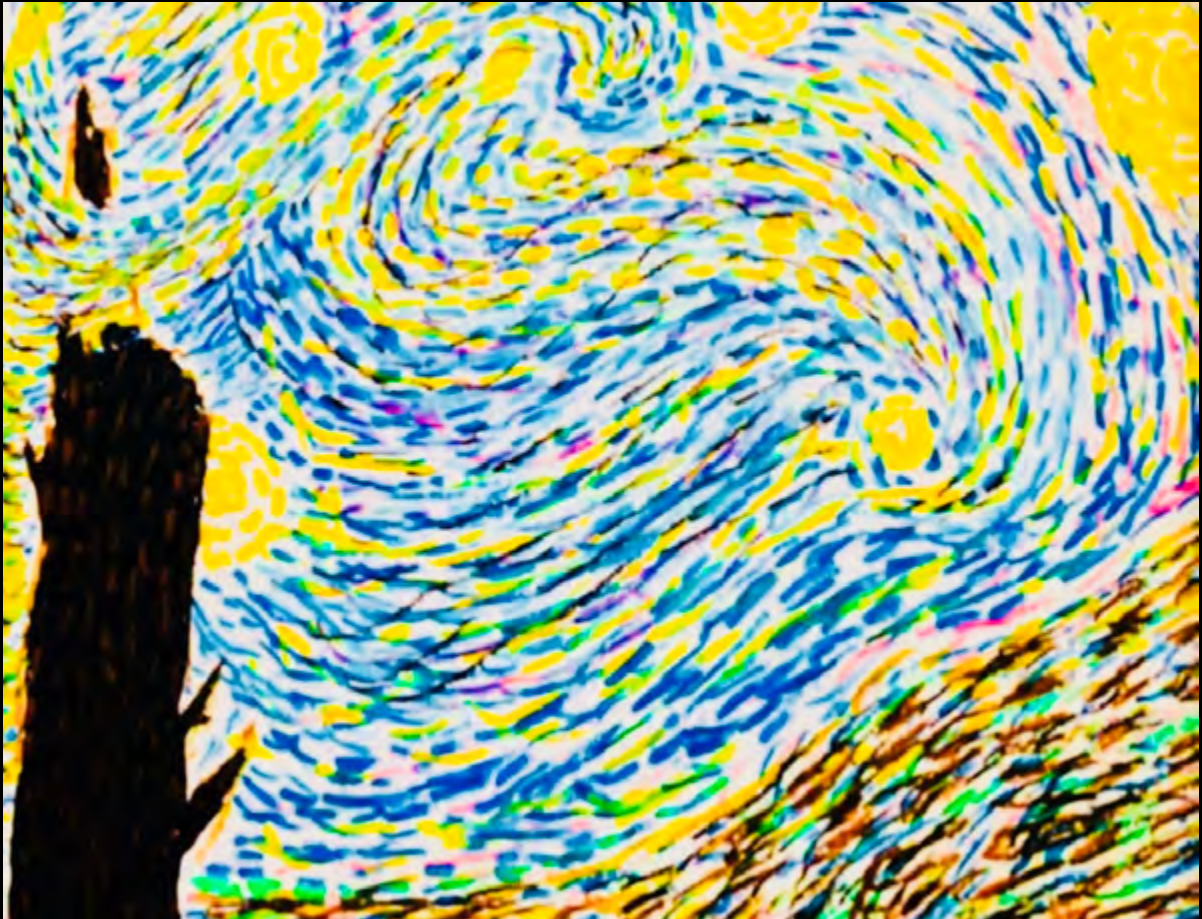
of discoveries. He spent several weeks observing a set of stars near Jupiter as they revolved around the planet. Here are some of his discoveries and creations.

- Craters and mountains on the Moon. The Moon's surface was not smooth and perfect as received wisdom had claimed but rough, with mountains and craters whose shadows changed the position of the Sun.
- The phases of Venus.
- Jupiter's moons
- The stars of the Milky Way
- The first pendulum clock.

Galileo was truly a great person.



Anjelo Rock Damian De Silva  
Year 6B



*"Starry Night - Oil Pastels"*

Manuthi Ayansa

Year 6B



# BIODIVERSITY

You may have heard a lot about biodiversity as we are losing a lot of it on the species level. Biodiversity is all around us you see it everywhere you go from animals to trees. The sad thing is that we are losing a lot of it. Today I will talk about a few things we could do to protect biodiversity.

There are many things we can do to protect biodiversity one way is to Recycle. Recycling is using your waste to make something creative out of it. There are also recycling bins, by putting the waste in the correct bin it will have a positive effect on the environment.

You can also reduce and reuse your waste. Reducing is not buying more than you need, by reducing you will use a lot less packaging that comes with what you buy. Reusing is when you have one thing that you would throw away but instead you use it again, for example when you go to the grocery store you get plastic bags instead of throwing them away you can reuse them.

Another way of protecting biodiversity is to educate yourself and those around you. You can do this by telling people about what can happen if we do not protect biodiversity. You can teach them some ways of protecting biodiversity. You can also make a poster about how to protect biodiversity.

You can also plant more plants. Planting can help to protect biodiversity as it supports the wider ecosystem of your local area. You can also protect natural habitats. You can do small things to protect natural habitats one way is to only walk on the walking paths and not step on the flowers and other plants.

These are some of the many ways we can protect biodiversity. Overall it is our jobs as humans to protect biodiversity. Using some of these methods can have a big impact on Earth. Together we can make Earth a better place for all of us.

Vidush Perera  
Year 6C



# Riddles

**Answers are at the bottom. No peeking!**

- 1.** I have cities but no houses, forests but no trees, rivers but no water. What am I?
- 2.** What can travel around the world while staying in a corner?
- 3.** What has many keys but can't open a single lock?
- 4.** What is made of water but if you put it in water, it will die?
- 5.** It is greater than God, more evil than the devil, the poor have it, the rich need it and if you eat it, you die. What am I?
- 6.** Who makes it has no need of it, who buys it has no use for it, who uses it can neither see nor feel it. What is it?
- 7.** What is a light as a feather, but even the world's strongest man couldn't hold it for a minute. What is it?
- 8.** What question can you never answer yes to?
- 9.** I have branches but no fruits, trunk or leaves. What am I?
- 10.** What can you hold in your left hand but not your right hand?

**1.** A world map **2.** A stamp **3.** A piano **4.** Ice **5.** Nothing **6.** A coffin **7.** His breath  
**8.** Are you asleep? **9.** A bank **10.** Your right elbow

Yavin Madurapperuma  
Year 6A



Haleema Shifan  
Year 6C





Hayaa Infiyaz  
Year 6A



# Moments to cherish

As where it all began at first grade and where we move on to forms while mist  
bargains

The memories we've met and friends all made

A whole new world we shall await

Every teacher ever met are placed in our hearts at a certain place,  
would never be replaced by a single vein

From the funny moments to a an "A "grade, us breaking apart primary is a  
punch in our brains

Everything is going to change, from classes to buildings in our form grades

Entering a new level is where we've been placed,

From Miss Ruba's Semolina puddings to amazing dramatic literature lessons,

to Miss Vanessa's charming voice to Miss Satchithi's little math tricks to

Miss Yogesh's stunning scientific clues and the list I could go on and on

Only thing we all wish now is to cherish those moments

That we will all miss somehow. Even though it is the end

We know each of us will be friends!

Hesanya Premarathne

Year 6C





Pranatha Edirisinghe  
Year 6C





Manmitha Senadhi Jinasena  
Year 6C





Ranuli Jayawardene  
Year 6C

# VIDEO SUBMISSIONS



<https://youtu.be/sUSiTYhJcS8>

Click on the link above to watch video submissions from Year 6.

*Disclaimer:* To protect the privacy of our students, this video has been set to unlisted. This means it cannot be viewed by any person online without a direct link.



*Seated (L to R) - Mrs Yeshani Liyanage (Class Teacher), Mrs. Ruba Weerasinghe (Vice Principal – Upper Primary)*

*1<sup>st</sup> Row (L to R) - Dihene Dharmaratne, Sameeha Imitiaz, Senuja Bastian, Adithri Vishnukanth, Ethika Jayasinghe, Saisruti Kurincheedaran, Simra Meezan, Dilith Kodikara and Nethaya Alahendra.*

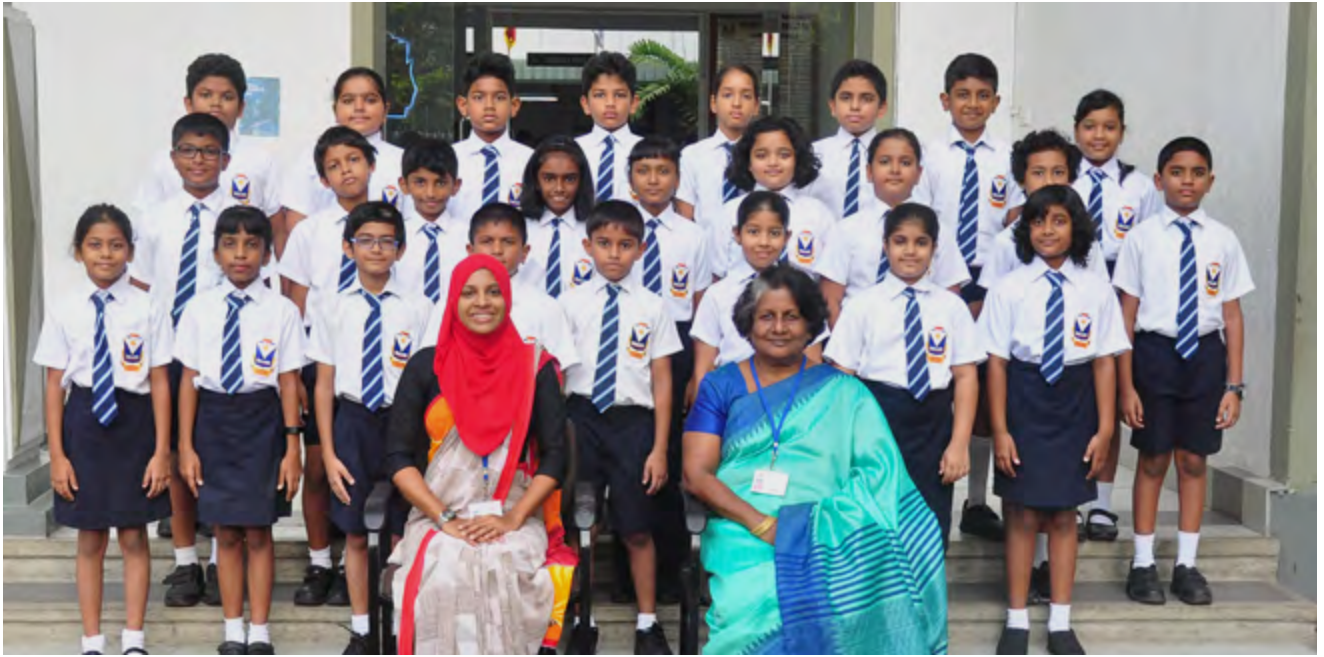
*2<sup>nd</sup> Row (L to R) - Dion Harris, Kirthek Kirubananthan, Sidhra Shiraz, Anushma Wijekoon, Mikhail Martin, Yasir Sadique, Dihein Jayakody and Sana Dushanth.*

*3<sup>rd</sup> Row (L to R) - Enya Alahakoon, Nabiha Mazumder, Luqman Ul Hakim, Danudi Wickramarathne, Ramindi Aryasinha, Ranindu Aryasinha and Girishwin Sivavadivel.*

*Absent - Thesan Wimalaratne, Arinesh Jeyakanthan and Yenuli Dissanayake.*

# Year 5A





*Seated (L to R) - Mrs Zahra Haseeb (Assistant Teacher), Mrs. Ruba Weerasinghe (Vice Principal - Upper Primary)*

*1<sup>st</sup> Row (L to R) - Sithmi Hulangamuwa, Preshali Maxi, Hamza Mustafa, Gemunu Senarathne, Ibrahim Hifni, Kiyara Gunasinghe, Sanaya Alwis and Aleena Rimzi.*

*2<sup>nd</sup> Row (L to R) - Minuke Wijeratne, Leshem Rodrigo, Harishwanth Sithambaranathan, Joshitha Rajkumar, Sabeeha Shakeer, Alanya Jayasuriya, Reya Amalean, Lily Wickramasinghe and Rajkumar Yahmethan.*

*3<sup>rd</sup> Row (L to R) - Aswin Sarawanathan, Aysha Fazl, Salmaan Sharfan, Daawid Haki, Dahami Abeynanda, Diyaan Gunathilake, Adithya Prathap and Lakshithaa Lalitharathnam.*

*Absent - Mrs Prasangi Punchihewa (Class Teacher)*

# Year 5B



*Seated (L to R) - Ms. Kaushalya Narayanan (Class Teacher), Mrs. Ruba Weerasinghe (Vice Principal, Upper Primary), Ms. Priyanka Paranehewa (Assistant Teacher)*

*1<sup>st</sup> Row (L to R) - Thenuk Rubasinghe, Mia Muthasim, Namitha Senaratne, Keshava Ranasinghe, K. Pugalesh, Malik Rafeek, Sabeera Makan Markar and Dhroova Kharthik.*

*2<sup>nd</sup> Row (L to R) - Pranav Rajkumar, Aman Hamid, Teshan Fernando, Kavinu Fernando, Akain Willathgamuwa, Muthuli Ranasinghe, Inara Anandasiri and Nethini Kandage.*

*3<sup>rd</sup> Row (L to R) - Senara Mallimaratchi, Saanya Mansoor, Hans Chung, Senuth Perera, Oshini Fernando, Dhashaa Premkumar, Daanyaal Noohu and Nethuli Amarasinghe.*

*Absent - Yarshitha Anbarasan*

# Year 5C

# SUBMISSIONS



Abdul Wahid Rasmy  
Year 5B



# Jean-Dominique Bauby

(1952-1997)

*Jean-Dominique was driving his son, Théophile, to the theatre one evening when he lost control of his body and his car slid off the road. Terrified, Théophile got out and ran for help. His father had suffered a stroke, which meant that blood hadn't been able to reach his brain.*

Jean Dominique woke up twenty days later.

He could no longer move.

He could still think, hear and see, but he couldn't control any part of his body except for one eyelid.

It was a huge and upsetting shock.

Before the accident, he'd been the head editor of one of France's most Famous fashion magazines. He'd driven fast cars and eaten in fancy restaurants. He had a wife and two children that he loved. Now what would he do?

His therapist invented a system of communication. At first, it was blinking once for yes and twice for no, then it evolved so that

he could spell out whole words and sentences.

Using just his one eyelid, Jean Dominique wrote an entire book called

The Diving Bell And the Butterfly. In the book, he explains that he struggled at first with his new physical condition, but eventually learned how to escape through adventures in his mind.

"My mind takes flight like a butterfly,"

he said. There is so much to do. You can wander off in space or in time, set out for Tierra Del Fuego or King Midas's court

The book was a bestseller, was made into a film, and prompted a lot of scientists to carry out more research on the condition, called locked in syndrome.

Jean Dominique proved that no matter how difficult your situation is, you can still make a difference in the world.

Joshitha Rajkumar  
Year 5B





# Biodiversity is Life: How can I protect it?

We humans think that Earth is a place only made for us to live, but humans, animals & plants all live in this place called Earth. All of us need oxygen, food, clean water, good soil, medicine, shelter, and protection to live. However, we see them being destroyed by our own human kind. Due to civilization, the environment is being damaged, and we lose a lot of rare kind of animals and trees, which results in pollution, spread of diseases and severe climate changes.

Biodiversity has been threatened by us, because we humans use land to build. Changes we make damage natural habitats. The most commonly heard is the cutting down of forests, polluting the ocean and usage of plastic. The biggest damage is done when we build cities and houses for

us to live, which increases the noise and pollution which make it difficult for animals to live, so they die or go to other areas.

When ships are damaged at sea, the oil spills in to the sea, polluting the sea water. We also see garbage being dumped in to the sea. These badly affect the fish, plants and other animals that live in water.

We come across a lot of climate changes these days, all because of us destroying our rainforests for development. We've witnessed landslides, heavy rains, flooding, and Tsunami's, all because we keep cutting trees. Unbearable sunlight or heat will one day melt the areas covered in ice, and increase sea levels, and swallow islands such as ours.





## **So what can I do to help the loss of biodiversity?**

I could support the birds and plants in my compound and neighborhood, by providing water & food. I can help by not throwing garbage all over the place. I will tell my mother to shop for quality toys and clothes so that I can reuse them and pass it on to my brother. I will not purchase toys that have cost an animal its life. I will turn on a

light when it's only needed, this way I will help save electricity, water, and many other resources. I will not bring home any wild things after a trip, as plants and animals often die outside their habitats. I will help my parents plant more trees in our garden. I will water the plants and help them grow well.

I promise to be a responsible child who will help protect our environment.

Keshava Tenuja Ranasinghe  
Year 5C





Joshitha Rajkumar  
Year 5B

200

done by Joshitha



# *I Love this Boy*

We saved a little kitten,  
Now he is eight months old,  
With him I am quite smitten,  
As I think he is rather bold.

We named him Cotton,  
Though he is not all white,  
I think he looks like a black and white button,  
That is on my father's shirt that hangs on the  
clothes line.

There are times that he acts like a clown,  
Chasing his tale thinking it is a toy,  
He climbs a tree and cries when he can't come  
down,  
Only I know how much I love this boy.

Nethuli Amarasinghe  
Year 5C





# ANTS ON MY FEET

There are ants on my feet,  
Ohh... there are ants on my feet,  
They think I'm their treat,  
Well! I'm sweet,  
But not the type to eat.

There are ants on my feet,  
Ohh... there are ants on my feet,  
When I go to my garden seat,  
To listen to the birds' tweet  
All the ants meet on my feet.

Sanaya Alwis  
Year 5B





Joshitha Rajkumar  
Year 5B





Dhashaa Premkumar  
Year 5C

"Land of the Dinos"  
Aman Hamid  
Year 5C



Sanaya Alwis  
Year 5B





Sameeha Imtiaz  
Year 5A

# BROWNIE RECIPE

Serves 10 people  
10 minutes to prepare  
1 hour 10 minutes

## INGREDIENTS:

250 grams dark chocolate  
3 eggs  
150 grams Astra butter  
1 cup flour  
1 cup sugar  
125 grams milk chocolate (chopped)  
100 grams cashew nut (chopped)  
1 tsp vanilla

## DIRECTIONS:

1. Melt the dark chocolate and butter over low flame in a double boiler.
2. Beat the eggs and sugar.
3. Add into the chocolate mix.
4. Add in the flour and mix.
5. Take the pan off the flame.
6. Add in the milk chocolate, cashew and vanilla.
7. Pour the mixture into a greased pan or line with baking paper.
8. Preheat oven for 10 minutes at 200 degrees.
9. Bake for 30 minutes at 180 degrees.
10. Let in cool completely before cutting.
11. Serve with vanilla ice cream and topping of your choice.

Aysha Fazl  
Year 5B



Fathima Sidhra Shiraz  
Year 5A







Diyaan Gunatilake  
Year 5B

**Protect  
Wildlife**

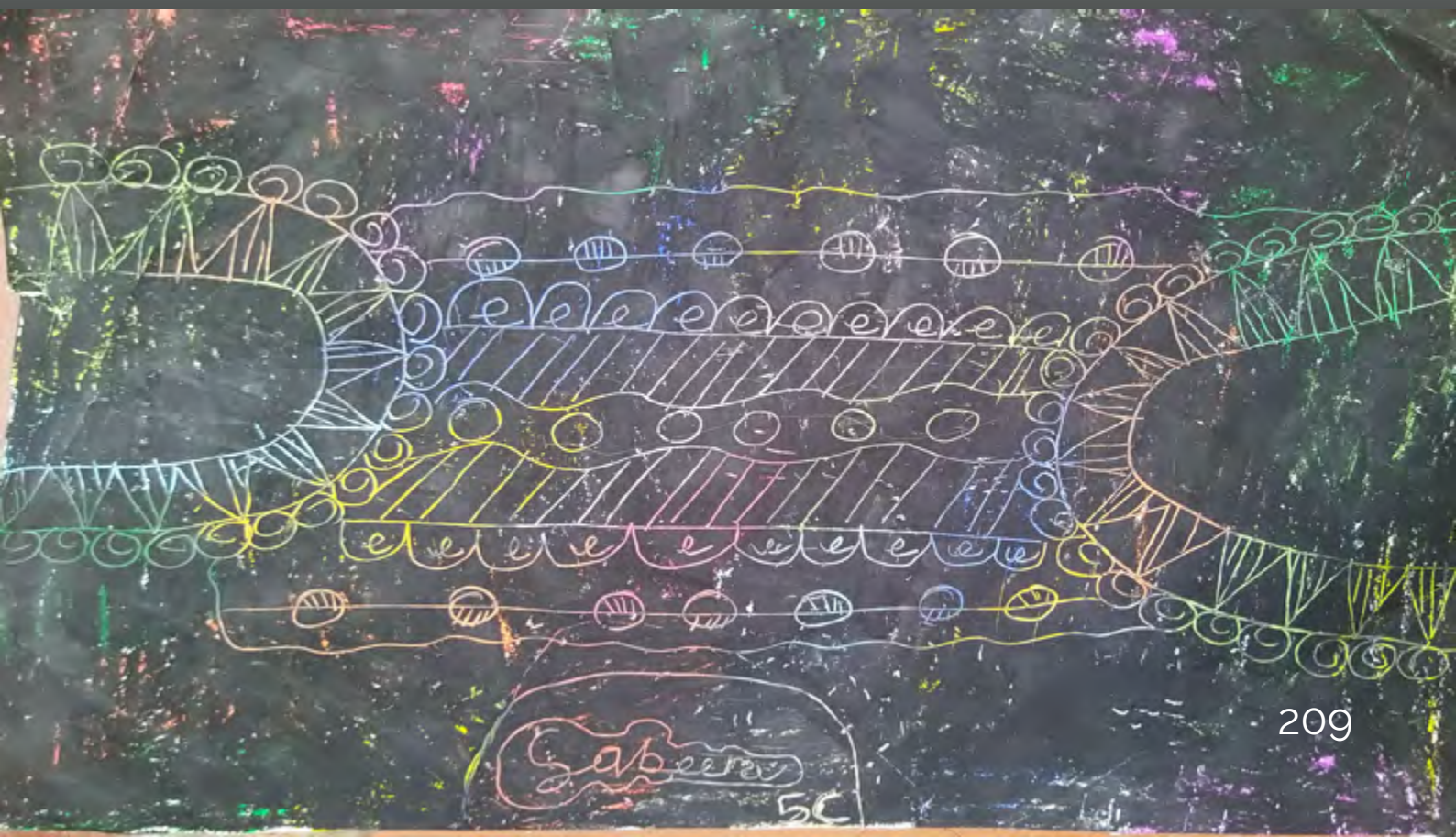
The world's a place for living things





Dhroova Kharthik  
Year 5C

Sabeera Macan Markar  
Year 5C





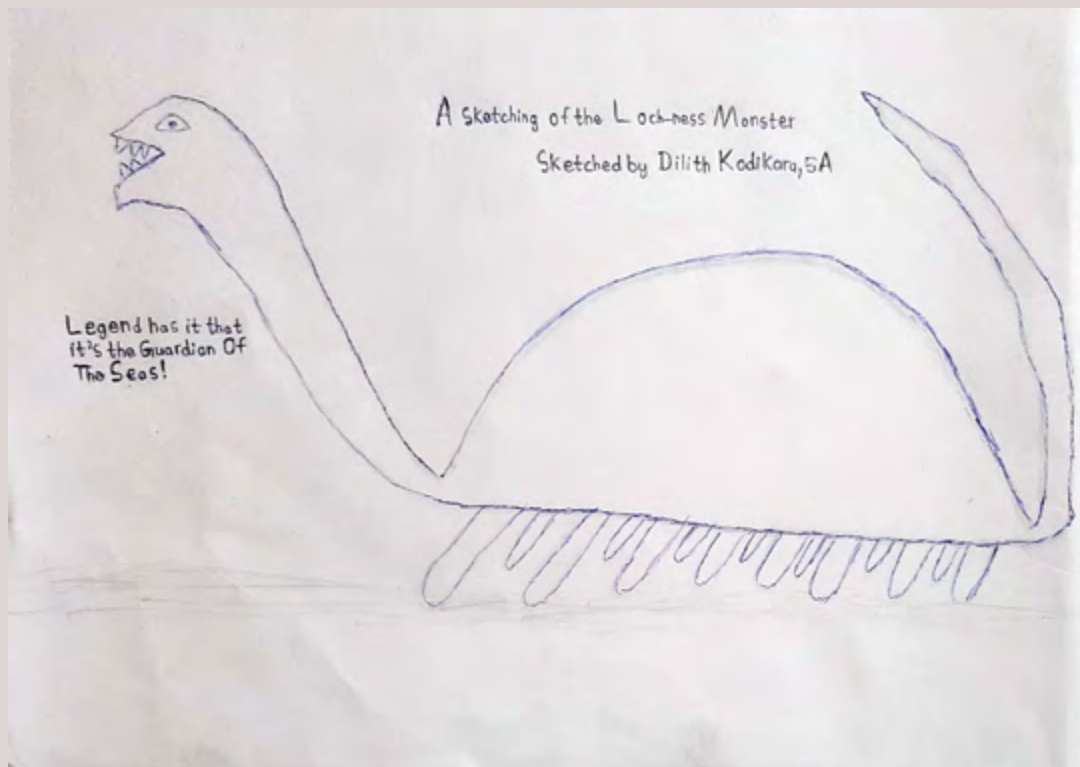


Fathima Sidhra Shiraz  
Year 5A





*"Spiderverse"*  
Mikhail Martin  
Year 5A



*"The Loch-ness Monster"*

Dilith Kodikara

Year 5A

# VIDEO SUBMISSIONS



[https://youtu.be/gzvtNjF\\_QZI](https://youtu.be/gzvtNjF_QZI)

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# Lower Primary

|     |              |
|-----|--------------|
| 224 | YEAR 4       |
| 243 | YEAR 3       |
| 260 | YEAR 2       |
| 272 | YEAR 1       |
| 295 | KINDERGARTEN |
| 312 | RECEPTION    |



# Sectional Report

2019/20

As we come to the end of another academic year, let me start this message in hope that you and your families remain safe and healthy.

It gives me great pleasure to present to you the Lower Primary - Vice Principal's Report for the 2019/2020 Academic Year.

Celebrating 60 years of excellence, Stafford International School has grown over the years into an institution dedicated to providing its students a host of opportunities to excel in both academics and extracurricular activities, producing holistic individuals equipped with healthy minds in healthy bodies.

At Stafford, students are encouraged to learn both within and beyond the classroom through a wide and rich variety of learning experiences. This is achieved through educational excursions, outdoor learning activities, project exhibitions, concerts, school fairs and sport meets. All these activities foster within our students a strong sense of self-esteem, confidence, social skills and leadership skills, to name a few. The activities and events of the Lower Primary held this year include;

- Children's Day celebration - 1st October, 2019.

To celebrate Children's Day at Stafford, students were given a thrilling surprise with a delightful magic show and a treat at the end of the day. It truly was an unforgettable experience for all students.

- Health Week - 14th to the 18th October, 2019



Health is most definitely wealth. During this week, students were encouraged to follow a healthy meal plan. Healthy food vendors set up stalls on the school grounds to provide nutritious meals and drinks for all. With fun cooking activities, lessons on healthy habits and a presentation by “Roots” on healthy food, the students of Lower Primary gained a new-found respect and love for healthy eating.

- Christmas Celebrations - 6th December, 2019

Adding to the festive cheer, the students and teachers of Year 4 produced and presented a Christmas programme, which was topped off by a visit from Santa who had gifts for all students.

- Class Excursions were held throughout the month of January 2020 for all classes from the Preschool to Year 4.

Students were provided with an opportunity to break away from routine class work and have a day of fun with their peers and teachers.

1. The Preschool visited the Arpico supermarket to do some shopping with their shopping lists in hand followed by a snack break at McDonalds.

2. Year 1 visited the Fun Factory for some fun and games.

3. Year 2 were taken on a Tour of the city of Colombo with a stop at Super Kids.

4. Year 3 were taken to Fun Factory followed by a drive around the many land marks in the City of Colombo.

5. Year 4 had a day at the movies, with Dr. Dolittle.

- The 72nd Independence Day celebrations – 3rd February, 2020

Independence Day was celebrated in the Lower Primary with informative speeches, colourful dance and song performances by students to commemorate 72 years of Sri Lankan Independence.

- Founder's Day - 11th February, 2020

60 years of excellence at Stafford International School was

celebrated with a presentation detailing the history of our school. During the presentation, a few students took to the stage and shared with the audience reasons they love their school so much.

- Project Showcase, “Play, Learn, Build”– 29th February, 2020

The project showcase provided students the ideal opportunity to showcase 21st century learning skills instilled at Stafford. Through project-based work, on various topics of interest, students were encouraged to be innovative and creative while working collaboratively with their peers. They were given a chance to effectively communicate and present their ideas to a curious and appreciative audience.

- The Walk and Fair 2020 - 29th February 2020.

Organized by the Interact Club of Stafford International School, this was a day of fun in the sun for all students across the school, with the students of Year 4 participating in the Walk this year.

- Online Science Exhibition (Year 1) - 11th June, 2020

Being away from school didn't stop our learners from being creative. Constructively utilizing the virtual classroom, the students of Year 1 displayed their creative crafts and experiments to their peers and teachers through an online Zoom Science Exhibition.

Despite the situation in the world today, one of the focus points at Stafford for our teachers and students has been to learn resilience and the ability to adapt to any situation. I am proud to say we at Stafford have come quite far - from when we started this academic year, in our school and classrooms, to what we are now, teaching and inspiring in virtual classrooms. We are moving forward with perseverance, adapting to the new normal while continuously providing the best education possible for our students.

We have all been faced with unprecedented challenges this year. I take this opportunity to extend my appreciation to all parents for their trust, patience and understanding as we have adapted to drastic changes these past few months. I am extremely appreciative of our teachers for their hard work, flexibility and positive outlook on the many new meth-

odologies adapted so we can do what we love to do - to teach. I thank our dynamic panel of Directors and the Management team of Stafford for their unwavering support and guidance.

Finally, thank you to all our students! Your resilience has been inspiring. Even though so much has changed for you, you have remained hopeful and optimistic. You have shown adaptability and the love of learning - no matter what the world may bring.

As we come to the end of yet another academic year, I look forward to the beginning of another successful year of excellence.

Be safe, be strong.

**Ms. Julie Karunaratne**  
Vice Principal  
Lower Primary



# Some highlights from this year ...

Year 1's excursion  
to the Fun  
Factory.



Reception  
celebrating  
Children's Day!



## The Christmas Program





Top, Left:  
Year 1 celebrates Health Week!



Our Primary students have a lesson on healthy food!



Year 4's excursion  
to the movies.



Year 4 students  
enjoying the  
annual Walk  
and Fair by our  
school's Interact  
Club!



1<sup>st</sup> Row [Seated] (L to R) - Devin Hewa Madduma, Dehaan Perera, Sasmin Weerathunga, HanBi Chung, Anugi Lanerolle, Madeeha Shafraz, Shalena Suthagar and Madusha Murali.

2<sup>nd</sup> Row (L to R) - Zainab Cafoor, Tanish De Silva, Dhierges Pathmasrikanth, Samuel Rowland, K.Kavisan, Raihan Hussain, Himaan Perera, Umayya Rajapakshe and Maheli Perera.

3<sup>rd</sup> Row (L to R) - Mrenalini Issac, Shanuk Malaka, Zaid Muzni, Saif Sharfraz, Senuth Fernando, Ms. Nimesha de Silva (Class Teacher).

4<sup>th</sup> Row (L to R) - Ms. Sharon Holmes, Adeeb Ahmed, Thehana Muthukumarana and Senuji Perera.

Absent - Ms. Ziyana Thawfeek (Assistant Teacher)

# Year 4A



*1<sup>st</sup> Row [Seated] (L to R) - Aisha Safraz, Dora Bensalem, Muhammed Mushtaq, Thawishiya Thiyagalingam, Hamdiyah Hussein, M. Thanugi Chenaya Perera, Yuhuli Vihasa Munasinghe, J.W. Aaron Richard and Banuka Periyapperuma.*

*2<sup>nd</sup> Row (L to R) - Sinethi Senarathne, Suheli Mendis, Ms. Anoja Ellawala (Assistant Teacher), Shanil Perera, Muhammed Ayyub Hamid, Anishkan Maheswaran, Sehas Budmina Kandage, Adrian Santhakumar, Kaveen Kohombange, Eshan Nadarajah, Thinon Weeraddana, Inoosh Rajaguru Sydney and Ms Ravindra Karunatilake (Class Teacher).*

*Absent - Yuwan Randira Gajanayake, Yara Richelli and Sahas Wijetunga.*

# Year 4B





*1<sup>st</sup> Row [Seated] (L to R) - Vinuk Juan, Nithum Meemaduma, Praneesh Saravanan, Meha Ubeyasekara, Johnathan Vidanage and Gayonya Kalaimohan.*

*2<sup>nd</sup> Row (L to R) - Nanthiha Varatharaj, Chenuli Dadallage, Buvindu Riveen, Umar Mushtaq, Nemindee Handunnetti, Sarah Sharma, Hashmah Milhan and Thrishaadi Kamaleshan.*

*3<sup>rd</sup> Row (L to R) - Ms. Vindhya Rupasinghe (Assistant Teacher), Nethun Wanduragala, Nethuka Hettiarachchige, Thayyib Bishri, Thileeban Rethekshan, Thanuka Wijerathne, Adeeb Imran and Ms. Natalie Henagamage (Class Teacher).*

*Absent- Diya Hridayesh*

# Year 4C

# SUBMISSIONS



Adeeb Ahmed  
Year 4A



# MY BEYBLADE FROM CHINA

I like Beyblades very much. Beyblades are toys which we spin using a small spinning mechanism, powered with a ripcord. You can have battles with your friends. I really wanted a Beyblade.

One day I saw a Beyblade on the internet that caught my eye. I really wanted to buy it, so I ran to my father to ask him for it. He bought it for me. I was so excited, but there was just one thing stopping me.... Covid 19. Covid 19 came and delayed it from reaching Sri Lanka.

It ruined everything! I waited for the postman but he never seemed to come. A few weeks later, when I was up in my room, I heard the postman coming and ringing at my doorbell. I ran to the gate as fast as my legs could take me.

It was the Beyblade at last! I was so happy but the only problem that was stopping me was how I could finally open it because of Covid 19. After keeping it unopened for about fifteen days my brother told me it was finally time to open it with gloves. I was really scared but I did it. I played with it a lot because it was my favourite toy. It was the best.

Banuka Periyapperuma  
Year 4B







Thayyib Bishri  
Year 4C



Adeeb Imran  
Year 4C



Adeeb Imran  
Year 4C





*"Pandemic 2K19"*  
Praneesh Saravanan  
Year 4C



# Fun Facts!!

**Today I'm going to tell you some interesting facts and figures.**

- » Sun does not rise in the east and set in the west. It appears to rise and set due to the revolution of the earth. Now that's obvious!
- » A sneeze travels about 100 miles per hour.
- » Like fingerprints, everyone's tongue print is different.
- » Dolphins are the only aquatic mammals that can recognize themselves in mirrors.
- » African Elephants are the biggest mammals on Earth alive today. The ones in Sri Lanka are the second largest.
- » A jar of honey can stay edible for more than 3000 years with no added preservatives or refrigeration.
- » Bananas are curved because they grow towards the sun.
- » A lion's roar can be heard from 5 miles away.
- » The Titanic was the first ship to use SOS signal. This means it was the first one to sink after using the SOS signal as well.
- » A small child could swim through the veins of a blue whale.
- » China has more English speakers than the whole of United States. Perks of being the highest populated nation in the world.
- » During your lifetime, you will spend around thirty-eight days brushing your teeth.
- » The human nose can remember 50,000 different scents.

Aaron Richard  
Year 4B



*"Dinosaur Park"*

Sasmin Dulnitha Weerathunga  
Year 4A

*"My School"*  
Sahas Wijetunga  
Year 4B





Sarah Sharma  
Year 4C





# Jokes.

1. What is purple and sounds like ape?  
A grape.
2. What did the frog order at the fast food restaurant??  
French FLIES and diet CROAK.
3. What goes up the stairs but never moves?  
A carpet.
4. What do witches put on their hair??  
Scare spray.
5. Why was the Skeleton afraid of the dog ?  
Because the dog likes bones!
6. Why do zebras like old movies?  
Because they are black and white.
7. Why is history like fruitcake?  
It's full of dates.
8. What did the scarf say to the hat?  
You go ahead and I'll hang around.
9. Why don't oysters share?  
Because they are shellfish.
10. How do you make an octopus laugh?  
Ten tickles.
11. What goes 'quick, quick '?  
A duck with hiccups.

Adeeb Ahmed  
Year 4A

"Aquarium"  
Aaron Richards  
Year 4B



"Dinosaur"  
Aaron Richards  
Year 4B





"Ballet Dance"

Rethekshan Thileeban

Year 4C



Ballet Dance

Rethekshan - 4C

Pencil shading



# EXTINCT SHARKS

I love sharks, mostly the extinct ones as they are fascinating creatures. There are many types of sharks, but most of the powerful sharks are now extinct. Nowadays, great whites and tiger sharks are the most ferocious, right? The sharks I am going to explain are bigger, deadlier, and scarier.

The first shark is a small shark called Stethacanthus. This shark died about 320 million years ago. It's special because of a small mushroom like fin which has spines that can stab and kill other animals.

The second shark is the largest and scariest shark to ever exist, and it is the Megalodon. This ferocious shark's teeth are 6.9 inches long. A female Megalodon was twice as big as a male

Megalodon, measuring up to 59 feet.

The third shark is called the Dunkleosteus. This shark was covered with thick, stony bones, making it almost impossible to kill it. This shark even has bite marks from its own species on its protective bone.

The fourth shark is called the Mosasaurus. This shark can swim up to 48 kilometres per hour. This shark lived in the time of dinosaurs, and he was the most powerful one at that time. He could whip his enemies from behind and lunge at it with immense power.

The last shark we are going to talk about is the Helicoprion. This shark's teeth were like a spike tire, rotating and crushing its prey.



Kaveen Kohombange  
Year 4B



*"Colourful galaxy"*

Sehas Budmina Kandage

Year 4B

# MY TURTLE AND I

I love turtles. Turtles are my favourite animals in the world. I've always wanted a pet turtle. One day I asked my parents for a pet turtle, but they didn't let me get one. I asked them a few more times and I was almost going to give up but then they told me that they would buy me one.

The next day we went to Diyatha market and bought the turtle. There were so many turtles in the shop but the only one that caught my eye was the bright green and playful one. I couldn't wait until we went home to see my tiny pet turtle. My patience was finally going to end once we got home. I spent most of my time with it. After school, I came running to see my cute little pet.

A few months later, when I came back from school, the turtle was MISSING!! At first, I thought it was hiding under the leaves but it was actually gone. I was so worried. I searched everywhere but had no luck. I was so sad. I guess it's lost forever. I still love my turtle, wherever he is.

Buvindu Riveen  
Year 4C







# CONGRATULATIONS KAVEEN KOHOMBANGE

UNDER 09 CHAMPION OF THE  
33RD JAPAN JUNIOR OPEN SQUASH CHAMPIONSHIPS.



Kaveen Kohombange  
Year 4B

# VIDEO SUBMISSIONS



<https://youtu.be/UQnUSausJV0>

**Click on the link above to watch video submissions from Year 4.**

*Disclaimer:* To protect the privacy of our students, this video has been set to unlisted. This means it cannot be viewed by any person online without a direct link.





*1<sup>st</sup> Row (L to R) - Hana Farook, Neriya Venkat, Yuhas De Zoysa, Abdul Rahaman, Keshalee Ranatunga, Muadh Rizan, Rajkumar Prakalya, Tharrun Paramanathan, Sara Jillani and Yaqub Muzammil.*

*2<sup>nd</sup> Row (L to R) - Mrs. Aruni Senadira (Class Teacher), Steven Arambawela, Raashid Bakeer Markar, Raaed Reyaz, Chathmin Pannawenna, Hiruga Wickramaratna, Thiharitha Vishnubharath, Simrah Shiraz, Jeyamoorthy Vikesh and Ms. Harini Jayakody (Assistant Teacher).*

*3<sup>rd</sup> Row (L to R) - Rochelle Fernando, Ashvin Arsakularatne, Shan Gunasekera, Gayendra Kuruppu, P Abileshan, Suhail Refaideen, Lakindu Dissanayake, Prajit Kumaraswamy*

*New Addmissions (Not in the photograph) - Sherina Amerasinghe and Andreo Niles.*

# Year 3A





*1<sup>st</sup> Row (L to R) - Ms. Yasundara Silva (Assistant Teacher), Aashiq Mafaz, Amesh Gurusinghe, Vinuk Madawala, Thenuga De Silva, Lenash Deyalage, Ayyad Hamid, Suhail Rali, Usman Athick, Uahas Jayadewa and Mrs. Rukmali De Mel (Class Teacher).*

*2<sup>nd</sup> Row (L to R) - F. Zahra Shakib, Nitheishan Mangalakumar, Senul Mahawatte, Chethil Jayathunga, Vithun Arasu, Yenara Bandara, Keshava Kariyawasam, Chanuki Weddikkaraachchi, Aadam Afzal and Roain Gamwarige.*

*Absent - Prakathi Suthagaran*

# Year 3B



*1<sup>st</sup> Row (L to R) - Pradhiksha Prasath, Sofia Salim, Raeef Imtiaz, Nethan Kiruparatnam, Mihela Leelasena, Abdul Malik Aslam and Ridhun Sudeshkumar.*

*2<sup>nd</sup> Row (L to R) - Mrs. Indika Rodrigo (Class Teacher), Chanumi Gunarathne, Abdallah Khalifa Hussain, Miura Ekanayake, Dimash Fernando, Mahdhi Munzir, Avinash Nishanthavel, Yehansa Senanayake, Janave Dhinesh and Ms. Dinushi Edirisinghe (Assistant Teacher).*

*Absent - Taabish Nawzath*

# Year 3C

# SUBMISSIONS



Mihela Leelasena  
Year 3C



# *My Role Model*

Everyone has a role model in their life to admire. It can be a parent, superhero or just someone they like. For me my role model is my father.

He is the one I always admire in my life. He is very knowledgeable, successful and he always encourages me to be stronger, and supports any goal I try to reach. He also buys me anything I need, only if it is of benefit to me. He works very hard to provide the best for my family and I. He always tells us stories about his life, and I really enjoy listening to them.

Last, but not least, my father has always been by my side to help me achieve my goals; he is the person with the biggest heart.

I hope and pray that god blesses him with nothing but best always. I will always make sure to make my dad proud of me!

Abdul Malik  
Year 3C



# MY SCHOOL PROJECT COMPETITION

There was an announcement in our school that there was to be a project competition on the 29th of February, 2020. I was interested, and I decided to enter.

I was asked to present Sri Lankan spices and Indian food dishes for the competition. I was given the role of a chef. It required having a proper dress, a white apron and a chef hat over my school uniform.

There was a time frame of only one week to decide the dishes, so that they could be made and arranged for the competition day. I was very excited and discussed the various ideas with my mother. Finally, we decided to make Indian Kheer (sweet Khiri Bhat), Caramel pudding and Indian mixture (Murukku).

I also had a full set of 9 boxes with spices. They were Cardamom, Cinnamon, Cloves, Black pepper, Fennel, Fenugreek, Cumin seed, Mustard and Turmeric. I had to study in detail and prepare to explain the benefits of all these spices.

Everything was ready and there was just one day left for the competition. My mother prepared the food on the completion day and we went to the school and set up our table for display. My Class Teacher helped me arrange all the things. She had made a very beautiful chef hat for me.

It was 07.30 a.m. in the morning, and all the children were busy making arrangements for their own projects. We had a small snack and then the competition started. Our Principal and all the parents of the school came to see our project displays. They tasted the dishes and I explained to them the benefits of the spices that I had displayed. My parents and my brother also came to see my display. Everybody liked my presentation and the food that I had, and appreciated my project.

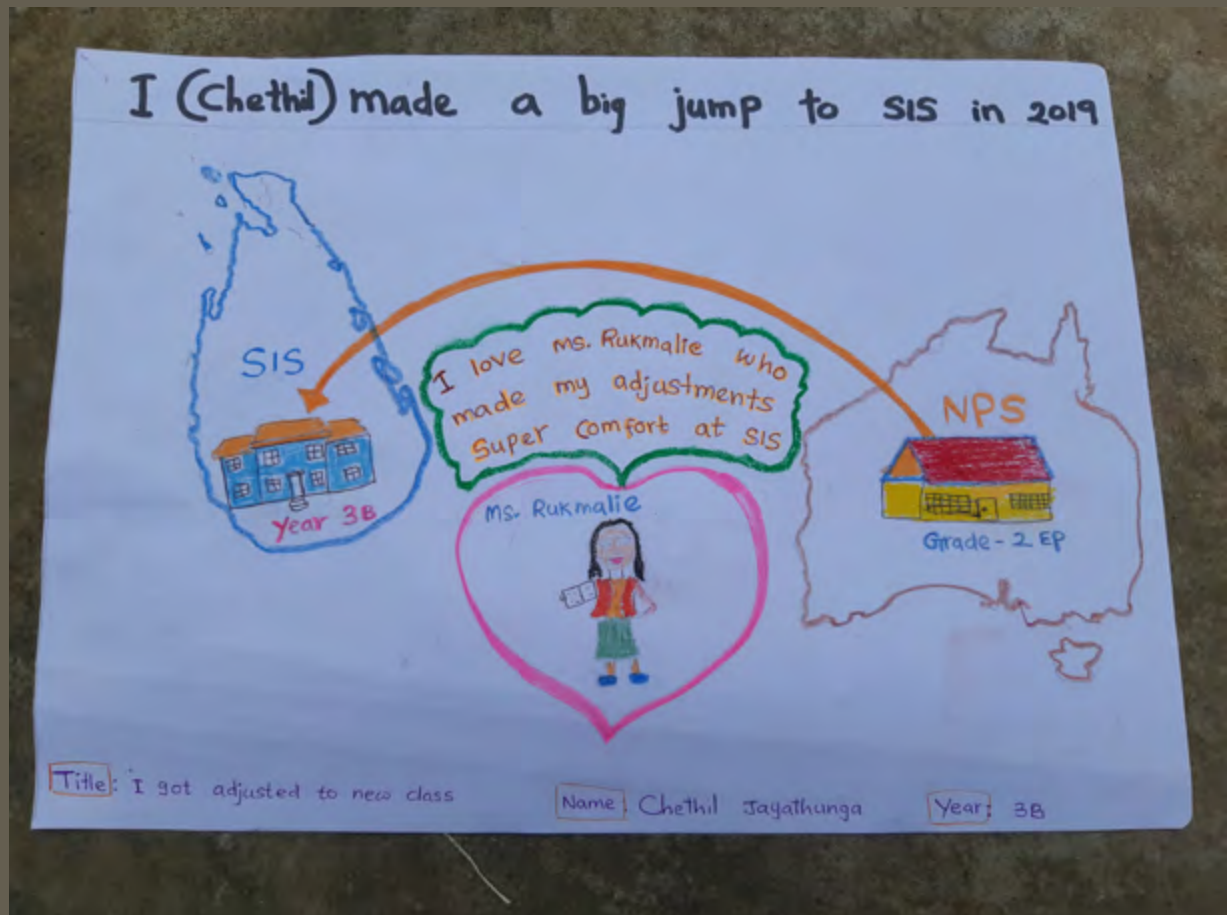
The competition finally ended at 1.30 p.m. I was truly happy with the response I received for my project.

Sara Ahmed Jillani  
Year 3A

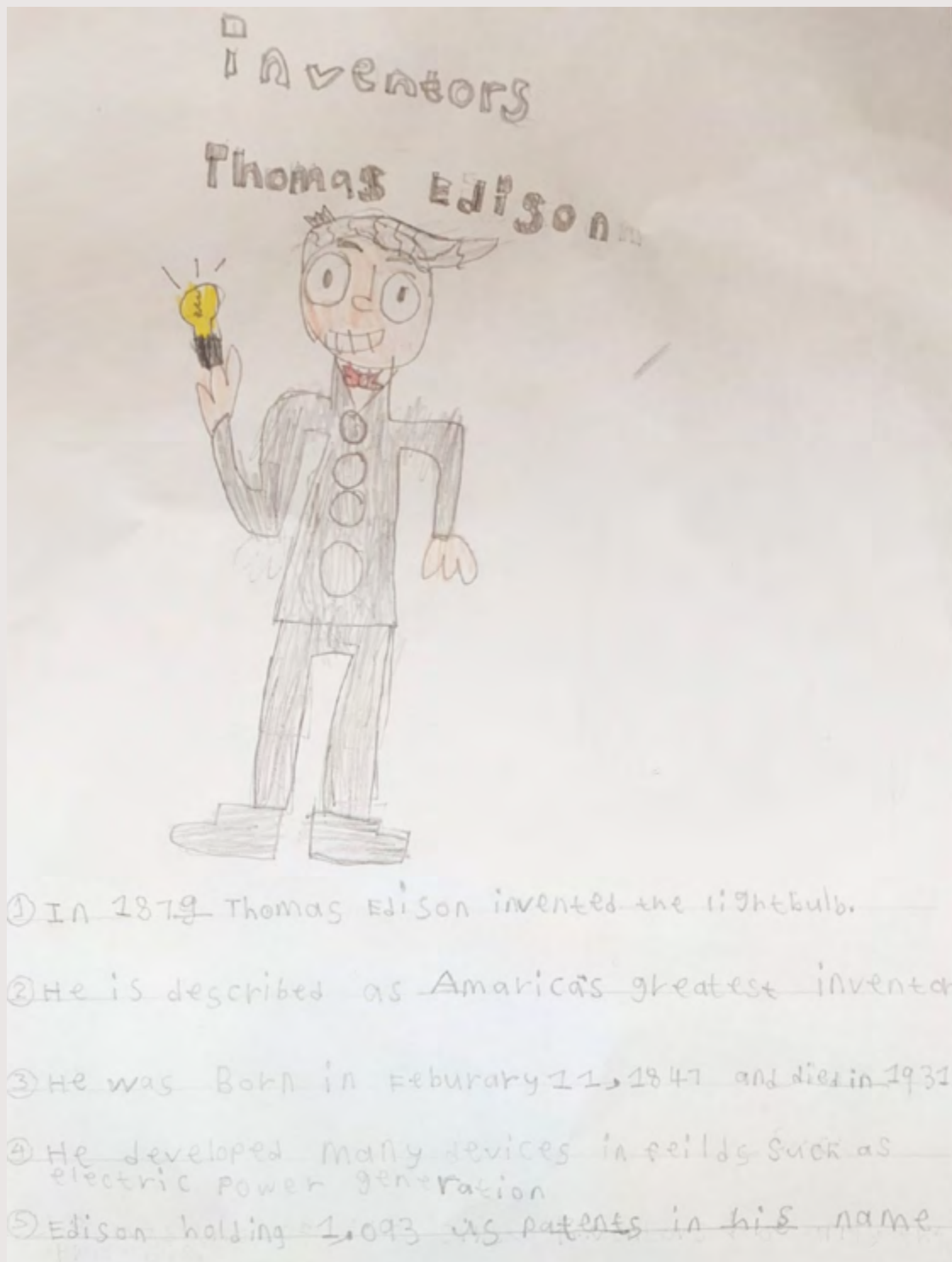


Sara Ahmed Jillani  
Year 3A





Chethil Jayatunga  
Year 3B



- ① IN 1879 Thomas Edison invented the lightbulb.
- ② He is described as America's greatest inventor.
- ③ He was Born in February 11, 1847 and died in 1931.
- ④ He developed many devices in fields such as electric power generation.
- ⑤ Edison holding 1,093 US patents in his name.

Keshava Kariyawasam  
Year 3B

# SUN MOON AND STARS

I see the sun every morning,  
But why I can't see the moon shinning.

The stars are still there,  
But why can't I see them anywhere.

Morning to night, night to morning,  
How this amazing rotation is happening.

When I see the moon in Sri Lanka,  
Why my cousin can't see it in America.

The Sun, Moon, Stars and all universe's treasure,  
It makes me wonder, sometimes I puzzled, sometimes I measure.

Simrah Shiraz  
Year 3A





*"Paris"*

Abdallah Khalifa Hussain  
Year 3C

*"The Seaside"*

Chathmin Panawanne  
Year 3A

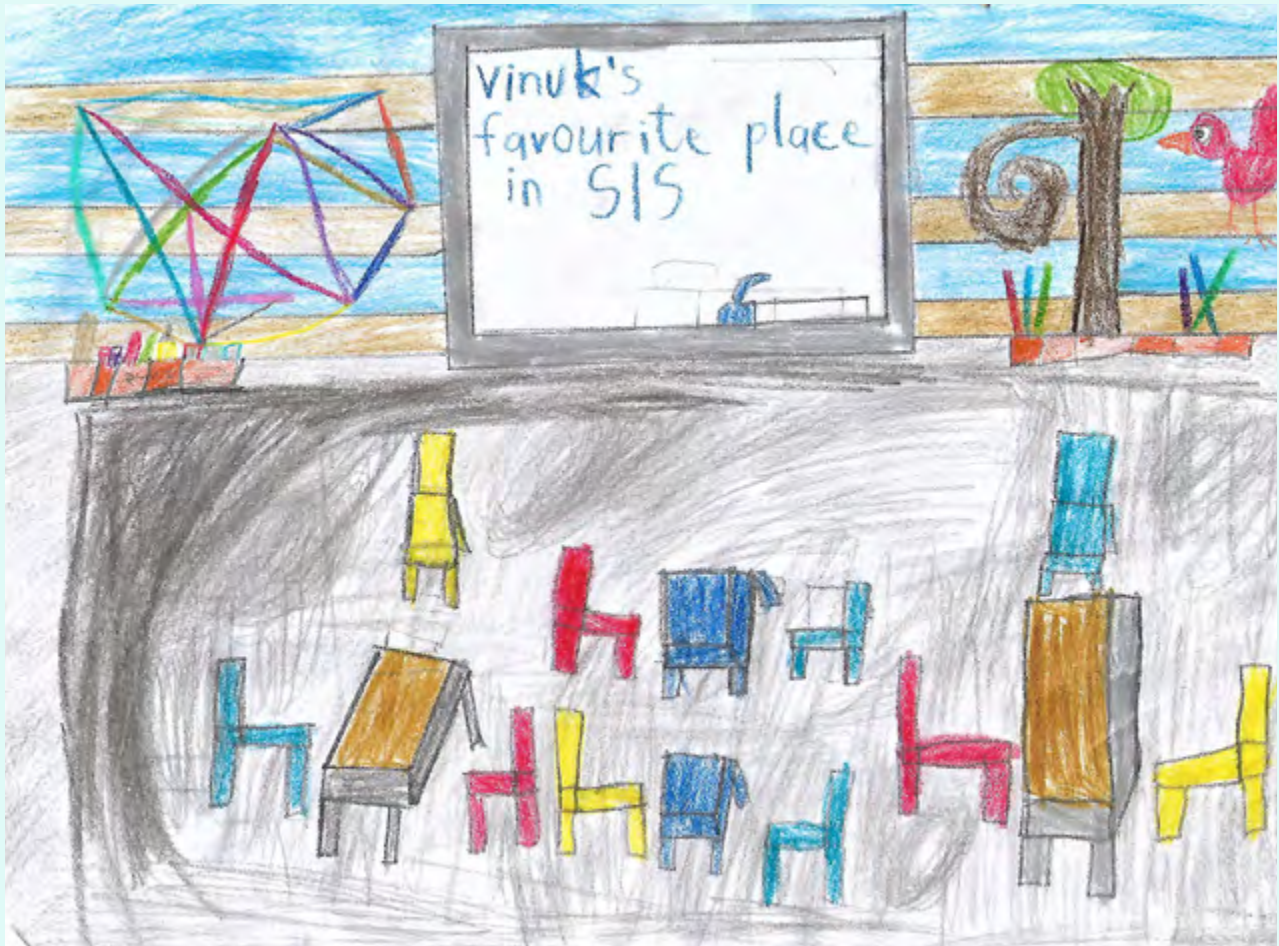


CHATHMIN PANAWANNE  
YEAR 3-A  
THE SEA SIDE





*"Volcano"*  
Aman Hamid  
Year 3B



*"My Favourite Place"*  
Vinuk Madawala  
Year 3B



# Yehansa's Best Riddles

## *The Secret Word*

What starts with a "F",  
ends with a "N" and  
has lots of water taks.  
What is it?

A. Fire station



## *Age Battle*

When I was 8 years old,  
my brother was half  
of my age. Now I'm 18  
years old, How old is  
my brother?

A. He's 14 years old,  
Because he is 4 years  
younger than me.



## *Car Get Away*

A car was stolen. The police found three houses with the same exact car that was stolen. House "A" the car is pointing to the road. House "B" the car was pointing to the house. House "c" the car is in garage ,who stole the car?

A. House "A" is the thief, because his car is pointing to the road for an advantage to drive



## *Mellow Yellow Red*

There's a little Yellow One Story house and a little red couch with a little Yellow table and a little red car in a little Yellow room ,what color is the stairs?

A. There are no stairs because it's one story house.



Yehansa Senanayake  
Year 3C



# VIDEO SUBMISSIONS



<https://youtu.be/scezTyhDvtk>

**Click on the link above to watch video submissions from Year 3.**

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# Year 2 (A, B & C)

**1<sup>st</sup> Row [Seated] (L to R)** - Thereen Martus, Dheena Noohu, Minuli Wickremasinghe, Zaky Ahmed, Ishwaran Nandakumar, Sasha Pathirana, Ajjai Arvindratnam, Mahith Liyanage, Hamdan Basith, Aiden Rapheal, Soniru Ratnayake, Sharani Wijekoon, Saudah Sharfan, Haridev Parthiban and Batul Hussein.

**2<sup>nd</sup> Row (L to R)** - Rojith Arunprasath, Thinuga Dissanayke, Aavna Seneviratne, Laakshaya Thileeban, Ayaan Shameel, Senen Liyanaarachchi, Raaghav Premnath, Adhaa Zacariya, Aisha Jaldin, Dinaya Perera, Jehan Pathirana, Thinuki Karunarathne, Maryam Hifni, Aadhav Vijayalatan and Dhyana Kariyawasam.

**3<sup>rd</sup> Row (L to R)** - Akshith Baskaran, Sithmi Kurukulasuriya, Umar Shafriz, Kanshiga Kajentran, Keshia Richardson, Imadh Akram, Thinisha Perera, Ganuli Malagala, Piyakthie Denesh Kanna, Siana Gunasekara, Sethuni Kandage, Senuja Karunatilake, Ethan Emmanuel, Jaiden Muthuthantri, Aayuka Wedamulla, Talal Mohamed, Vismaya Dhande, Ahsan Aakif, Ahmed Shafriz, Sithuka Jayasekera, Umar Thaha, Akain de Silva, Dhahas Ediriweera, Sonali Silva, Ms Gimshani Peiris (2B – Assistant Teacher) and Ms Vanessa Wanigasekara (2B – Class Teacher).

**4<sup>th</sup> Row (L to R)** - Ms Jameela Rameez (2C – Assistant Teacher), Ms Shermani Bari (2A – Class Teacher), Ms Nishani Dhanushka (2C – Class Teacher), Dinel Kanumale, Avilash Lathitharatnam, Micheal Fernando, Yumna Muzni, Zainab Mansoor, Fathima Zaina, Thesath Kumaranayake, Akshaat Vickneshwaran, Eiza Raazy, Senuka Hewapathirana, Yusuf Nibras, Kehara Silva and Ms Aqueela Othman (2A – Assistant Teacher).

**Absent** - Haaritha Wirithamulla , Fiona Rohner, Adam Bensalem and Noor Bensalem.



# SUBMISSIONS



Dinel Kanumale  
Year 2A

# LOVE AND RESPECT NATURE

Protecting our nature starts with you. It will help us to live healthy. The more you love nature, the more it will protect you.

## Tips to protect Nature:

- Reduce waste and plastic
- Save water and electricity
- Plant a tree. It will give us clean air.
- Don't litter everywhere.

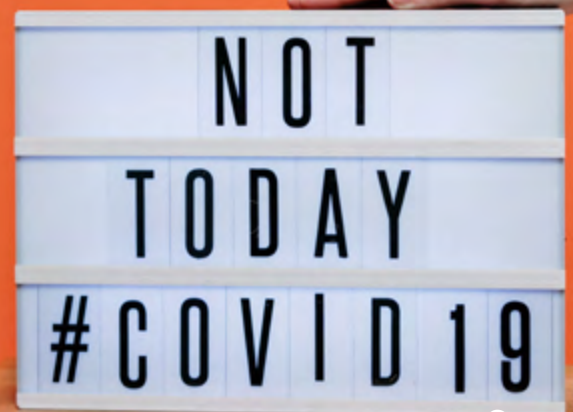
Now lets all love nature, and make it beautiful.  
To make a better world, make a better you.

Sasha Pathirana  
Year 2A

## COVID ANAGRAM

Corona, please go away.  
Once again, I beg you.  
Virus you are very bad.  
I'm missing my school, corona please  
Disappear from our planet!

P. Raaghav  
Year 2B





*"Four Seasons"*  
Sharani Wijekoon  
Year 2A

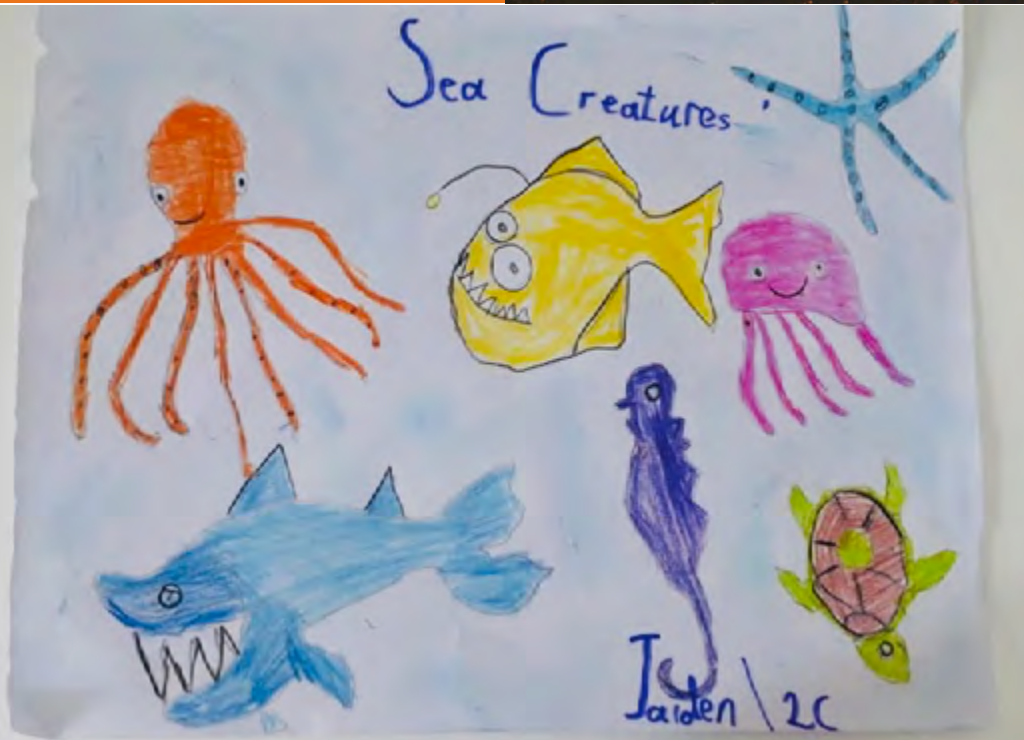






"My long stay at home"  
Thereen Martus  
Year 2A

"My sister and me"  
Dhahas Ediriweera  
Year 2C



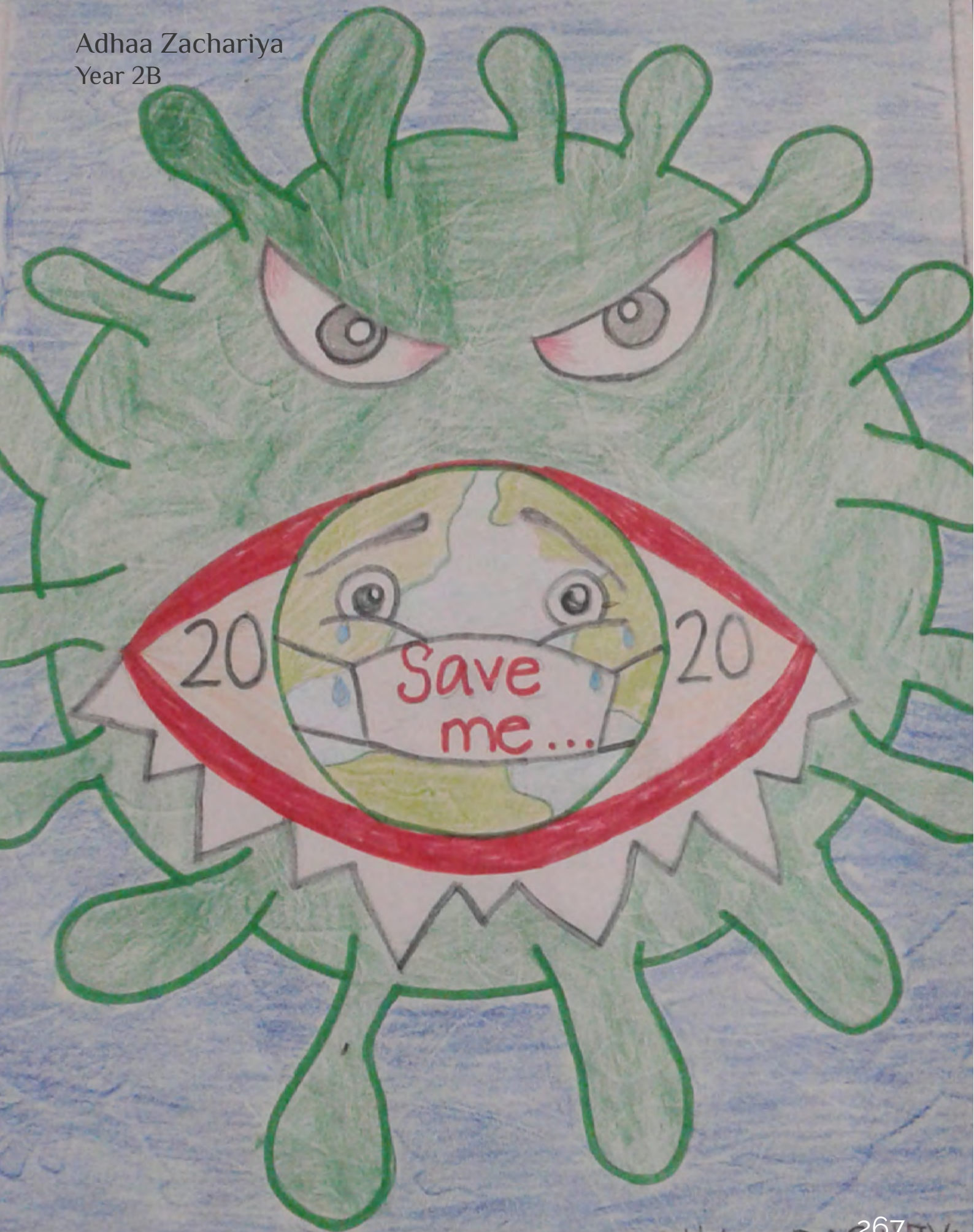
"Sea Creatures"  
Jaiden Muthutanthri  
Year 2C

*"Robot and Spiderman"*  
Dinel Kanumale  
Year 2A





Adhaa Zachariya  
Year 2B



ADHAA ZACHARIYA  
2B



# "WHY ARE THERE NO JOKES ABOUT PIZZA?"

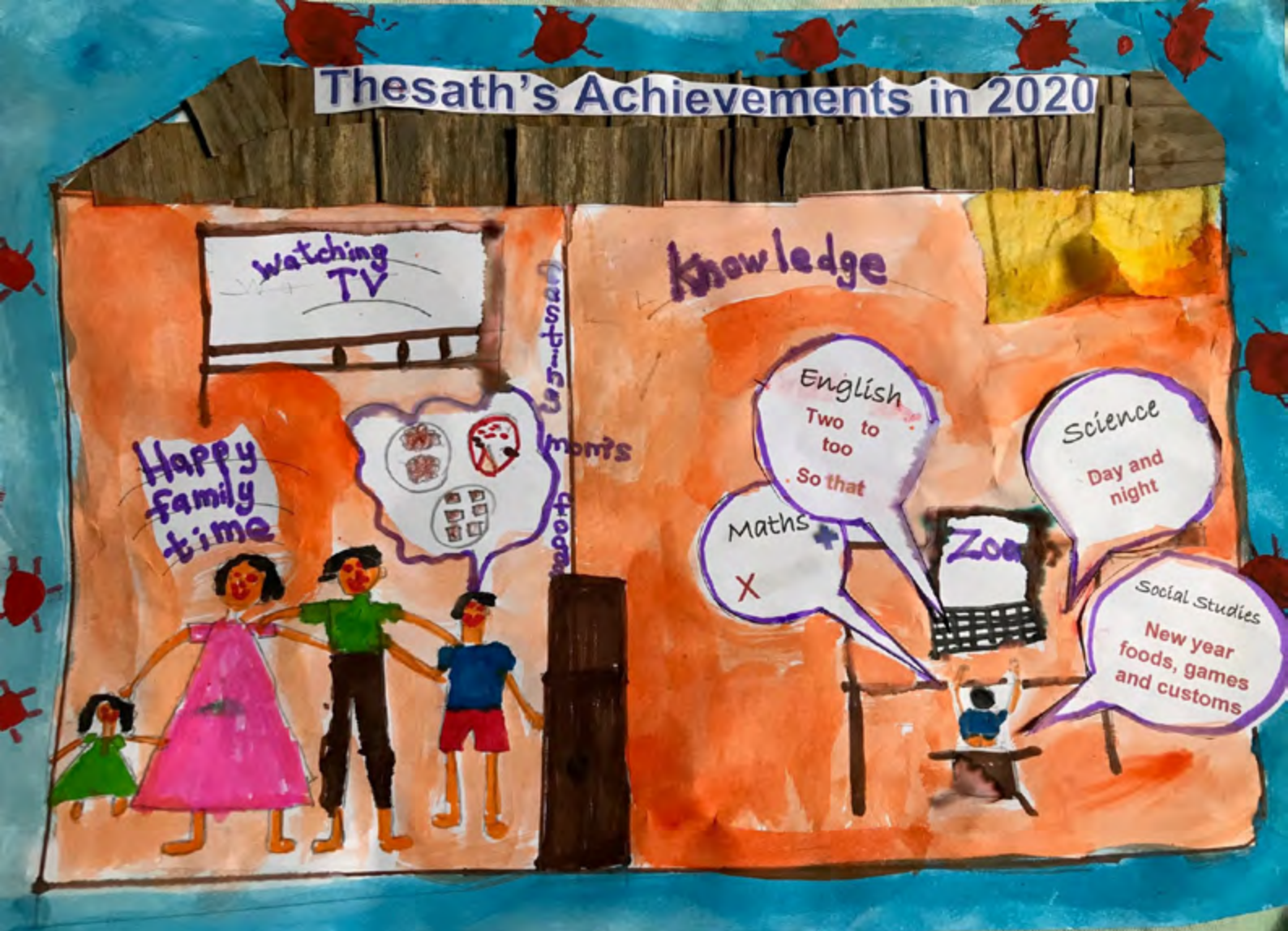
"BEACUASE THEY ARE SO  
CHEEESY."

(MICHAEL ROLLS OVER WITH  
LAUGHTER)

Michael Fernando  
Year 2A



Kehara Siriwardana  
Year 2C



"Thesath's Achievements in 2020"

Thesath Kumaranayake

Year 2A





*"205 piece puzzle"*  
Yusuf Nibras  
Year 2C



# VIDEO SUBMISSIONS



<https://youtu.be/7QBK0c-2EM4>

Click on the link above to watch video submissions from Year 2.

*Disclaimer:* To protect the privacy of our students, this video has been set to unlisted. This means it cannot be viewed by any person online without a direct link.



*1<sup>st</sup> Row (L to R) - Daanish Marasinghe, Thinula Geegana Arachchi, Suhanth Srirag and Anuhas Aryan.*

*2<sup>nd</sup> Row (L to R) - Keayen Perera, Chanumi Pathiraja, Nafeesa Cader, Yenuk Punchihewa, Aaron Lanerolle and Akaine Jayasekara.*

*3<sup>rd</sup> Row (L to R) - Mrs Jayana Assauw (Class Teacher), Ammar Sarjoon, Zayed Sadique, Raqeeb Muzammil, Yubi Chung, Abdulla Shamil and Zayaan Fazal.*

*4<sup>th</sup> Row (L to R) - Thinuki Fernando, Mindi Abeyrathna, Yeshika Deshapriya, Shehara Siriwardana, Adaneya Selvaraj, Adithri Jayasena and Miss Oshini Wijethunga (Assistant Teacher).*

*New Addmission (Not in the photograph) - Nevaeh Moodley*

# Year 1A



*1<sup>st</sup> Row (L to R) - Hargun Kaur, Arianna Perera and Viyana Gunasinghe.*

*2<sup>nd</sup> Row (L to R) - Thalha Fiyaz, Mayush Ranawaka, Makelie Dissanayake, Wimansa Dunuwila, Aaisha Arshad, Nisith Dissanayake and Miss. Ayoni Batawalage (Assistant Teacher).*

*3<sup>rd</sup> Row (L to R) - Mrs. Serena Karunaratne (Class Teacher), Akshara Balaji, Sevoneshii Brihanna, Yahya Shalook, Amana Sabri and Nivein Palihakkara.*

*4<sup>th</sup> Row (L to R) - Sarann Sivagnanaraj, Yahivie Premnath, Modhishyan Jekatheeshwaran, Jamie Rishikeshan, Aarya Hewamaddumage.*

*Absent - Lithika Kandasamy and Yonalee Kularatne.*

# Year 1B





*1<sup>st</sup> Row [Seated] (L to R) - Tenuli Amarasinghe, Trevor Balakrishnan, Abigail Fernando, Sihela Imaduwa, Tathika Vitharana, Devaan De Silva and Mahathi Sajeevan.*

*2<sup>nd</sup> Row [Standing] (L to R) - Jenuki Dias, Ms. Aparna De alwis (Assistant Teacher), Rishith Wanduragala, Kethana Anandan, Jenuli Dias, Zainab Amjad, Sanjane Perera, Nisal Tissera, Ovashni Sudesh Kumar, Clara Harris, Linisha Mohanraja, Zac Selvanayagam, Kossheith Yogarajan, Salih Jayaweera and Ms. Giesha Solomon (Class Teacher).*

# Year 1C

# ***SUBMISSIONS***



Aaisha Arshad  
Year 1B





"Nature"  
Akshara Balaji  
Year 1B



"The Joker"  
Akshara Balaji  
Year 1B



Ayaan Macan Markar  
Year 1C



*"Flemingo Mosaic"*  
Makelie Dissanayake  
Year 1B





# My School



My School's name is Stafford International School.

It is one of the best school in Colombo.

My school uniform is a white t shirt and a blue shorts.

I have lots of friends there.

We study and play.

Our teachers teaches us well.

I love my school. I miss my school.

Jamie Rishikeshan

Year 1B





*"Duck swimming in a pond"*  
Lithika Kandasamy  
Year 1B



*"A parrot sitting on a branch"*  
Lithika Kandasamy  
Year 1B



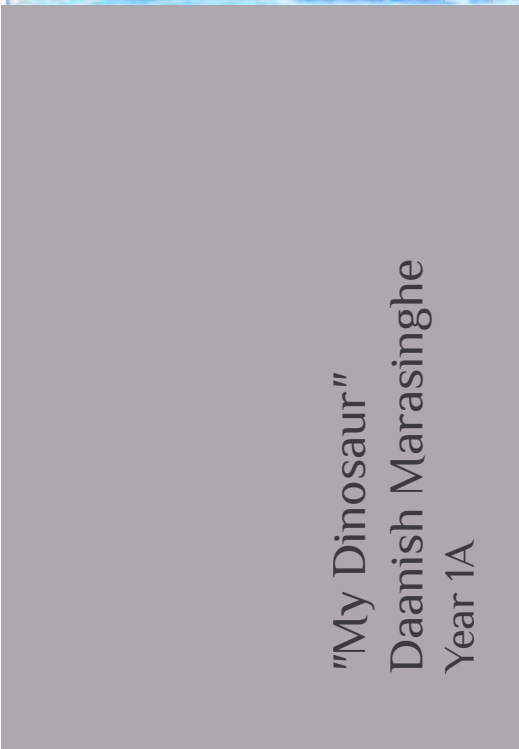
"Five little birdies"  
Aaisha Arshad  
Year 1B







"Jungle"  
Sevoneshii Brihaana  
Year 1B



"My Dinosaur"  
Daanish Marasinghe  
Year 1A



Aaron Lanerolle  
Year 1A

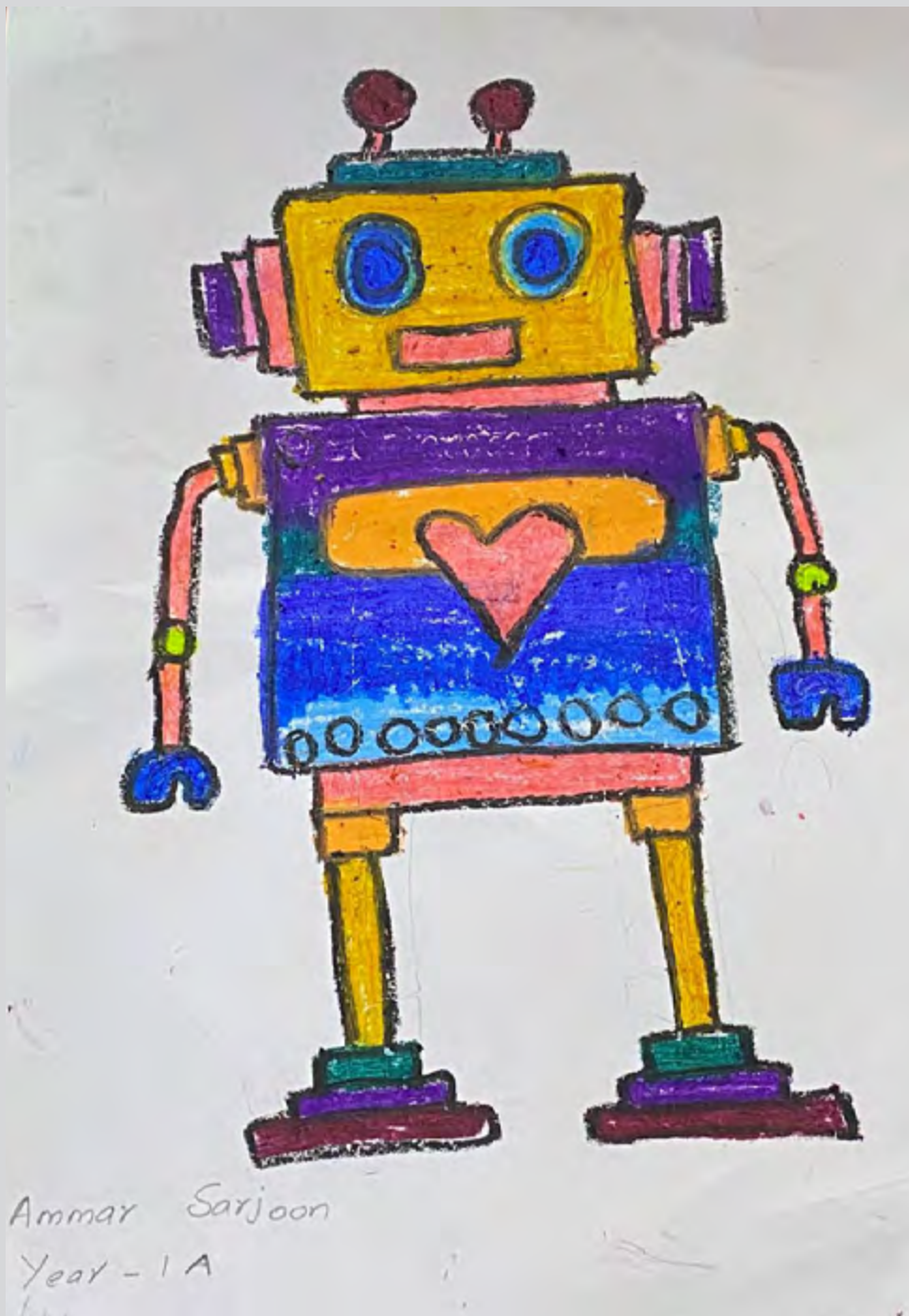








Ariana Perera  
Year 1B



Ammar Sarjoon  
Year 1A





"Garden Birds"  
Chanumi Hasanya Pathiraja  
Year 1A

"At the Zoo"  
Chanumi Hasanya Pathiraja  
Year 1A



"A Town"  
Tenuli Amarasinghe  
Year 2C





# TIGER

Tiger is a scary wild animal. Tiger has four legs. It is orange in colour with black stripes.

Tigers hunt other animals. Tigers food is meat.

Tigers live in caves. Tigers young ones are called "cubs".

It's a strong animal.

Tiger belongs to the cat family.

Sevoneshii Birhaana

Year 1B



*"At the beach"*

Yonalee Kularatne

Year 1B



*"My mother"*  
Nisith Nethdula  
Year 1B





"My Pet"  
 Suhanth Srirag  
 Year 1A



Suhanth Srirag  
 Year 1A



Suhanth Srirag  
Year 1A



SUHANATH SRIRAG  
Year 1A



*"Fabric Bowl"*  
Nafeesa Cader  
Year 1A



*"Cat"*  
Nafeesa Cader  
Year 1A





"A Bouquet for you!"  
Nafeesa Cader  
Year 1A



"School!"  
Nafeesa Cader  
Year 1A



"Turtle dove"  
Nafeesa Cader  
Year 1A



## *Banana Split*



Chanumi Hasanya Pathiraja  
Year 5B



Sevoneshii Birhaana  
Year 1B





# VIDEO VIDEO VIDEO SUBMISSIONS



<https://youtu.be/pneGb4g1uVQ>

**Click on the link above to watch  
video submissions from Year 1.**

*Disclaimer:* To protect the privacy of our students, this video has been set to unlisted. This means it cannot be viewed by any person online without a direct link.





*1<sup>st</sup> Row (L to R) - Sithuli Colambage, Dineli Ediriweera, Tiranya Mapa, Kavith Jayathunga, Chesari Kakiriwaragodage, T. Partheev, Aran Venkat and Sasvindu Edirisinghe.*

*2<sup>nd</sup> Row (L to R) - Ms. Suchitra Navaratnam (Class Teacher), Senn Thurainayagam, Muhammed Faizan, Saalih Shafee, Shaquille Salim, Adam Karunaratne, Ashnaka Weerasinghe, Yevin Dharmaratne, Raphael Nadarajah and Ms. Sunimali Seneviratne (Assistant Teacher).*

*Absent - Hana Raaz and Jordon Muthuthanthri.*

# Kindergarten A



*1<sup>st</sup> Row (L to R) - Alron Ranzo, Nithil Sajeevan, Aahil Ruzwan, Akmal Juro, Subreeishvar Dayanandan, Avirat Navaratne, Shajaay Kirshnaraj, Nurhan Mazumder, Philip Chung, Khadheejah Ashroff and Jacob Gray.*

*2<sup>nd</sup> Row (L to R) - Kyle Selvanayagam, Aahil Shakib, Eesa Shalook, Raveesha Dalugoda, Elina Mushtaq, Musa Shahmy, Anayah Anzel, Aarya Senanayake, Boopathi Jayatissa, Janesh Mahinthan and Ryaan Attanayake.*

*3<sup>rd</sup> Row (L to R) - Ms. Malintha Jayaratne (Class Teacher) and Ms. Deidre Holmes (Assistant Teacher).*

*Absent - Dihassri Ekanayake and Luqmaan Razeen.*

# Kindergarten B

# SUBMISSIONS



Alron Ranzo  
KG B



# MYSELF

My name is Chesari Aryana.  
I am five years old.  
My school is Stafford international.  
I have one sister, she is Cheranya.  
She loves me a lot.  
I like ice cream and pasta.  
I love my father a lot.  
My pet is cookie.

Chesari Kakiriwaragodage  
KG B



# MY FAMILY



Anayah



"My Family"  
Anayah Anzel  
KG B

# Keep the Earth

## clean



Aahil Shakib  
KG B

Done by:  
Aahil Shakib  
Kindergarten B





Avirat Navaratne  
KG B







Avirat Navaratne  
KG B

Jacob Gray  
KG B



Jacob Gray  
KGB-2  
Marine life



"Marine Life"  
Jacob Gray  
KG B



Jacob Gray  
KGB-2  
Deep sea  
Life

*"Deep Sea Life"*  
Jacob Gray  
KG B



Asian kohel(koha)  
Jacob Gray KGB 2

*"Asian Kohel (Koha)"*  
Jacob Gray  
KG B





Alron Ranzo  
KG B



"My family at the beach"  
Dineli Ediriweera  
KG A



"I came to a new school"  
Kavith Jayathunga  
KG A



Tiranya Mapa  
KG A



TIRANAY MAPA  
KG-A





Ryan Attanayake  
KG B



Ryan Attanayake  
KG B







"Castle"  
Thiyansa De Silva  
KG A



"Peppa pig playing in the rain"  
Tiranya Mapa  
KG A



*"Colourful Picture"*  
Muhammed Faizan  
KG A



Raveesha Dalugoda  
KG B





Raveesha Dalugoda  
KG B

Raveesha Dalugoda  
KG B



Raveesha Dalugoda  
KG B



# VIDEO VIDEO VIDEO SUBMISSIONS



<https://youtu.be/WqEIYJSbivU>

**Click on the link above to watch Part 1 of the video submissions from Kindergarten.**

*Disclaimer:* To protect the privacy of our students, this video has been set to unlisted. This means it cannot be viewed by any person online without a direct link.

# VIDEO SUBMISSIONS



<https://youtu.be/HmTgeT5NTV0>

Click on the link above to watch Part 2 of the video submissions from Kindergarten.

*Disclaimer:* To protect the privacy of our students, this video has been set to unlisted. This means it cannot be viewed by any person online without a direct link.



*1<sup>st</sup> Row (L to R) - Zayd Silmy, Amman Ahmed, V. Yadveer, Matthew Perera, Minulya Kumaranayake, Odithya Wanigasekera, Rivi Premasiri, P. A. D. Nimsandi and Sinuka Alwis.*

*2<sup>nd</sup> Row (L to R) - Kaya Maddumagge, Yatish Samarawickrema, Dulara Gunawardana, Thalha Jabeer, Aaminah Firasdeen, Dinuki Weddikkaraarachchi, P. Nithush, P. Thirivith and Maanasa Siluvaithas.*

*3<sup>rd</sup> Row (L to R) - Ms. Aruni Frenando (Assistant Teacher), Ms. Prasangi Abeywickrema (Class Teacher) and Mrs. Anusha Fernando (Assistant Teacher).*

*Absent - Laaviyaa Manoshanth and M.R.R. Kadheeja.*

# Reception 1 & 2





*"My Car"*

Yatish Bhavya Samarawickrema  
Reception 2



*"Under the sea"*

Rivi Sajana Praneet Premasiri  
Reception 1

*"Squares"*

Rivi Sajana Praneet Premasiri  
Reception 1





*"My Colourful Star"*  
Odithya Wanigasekara  
Reception 1

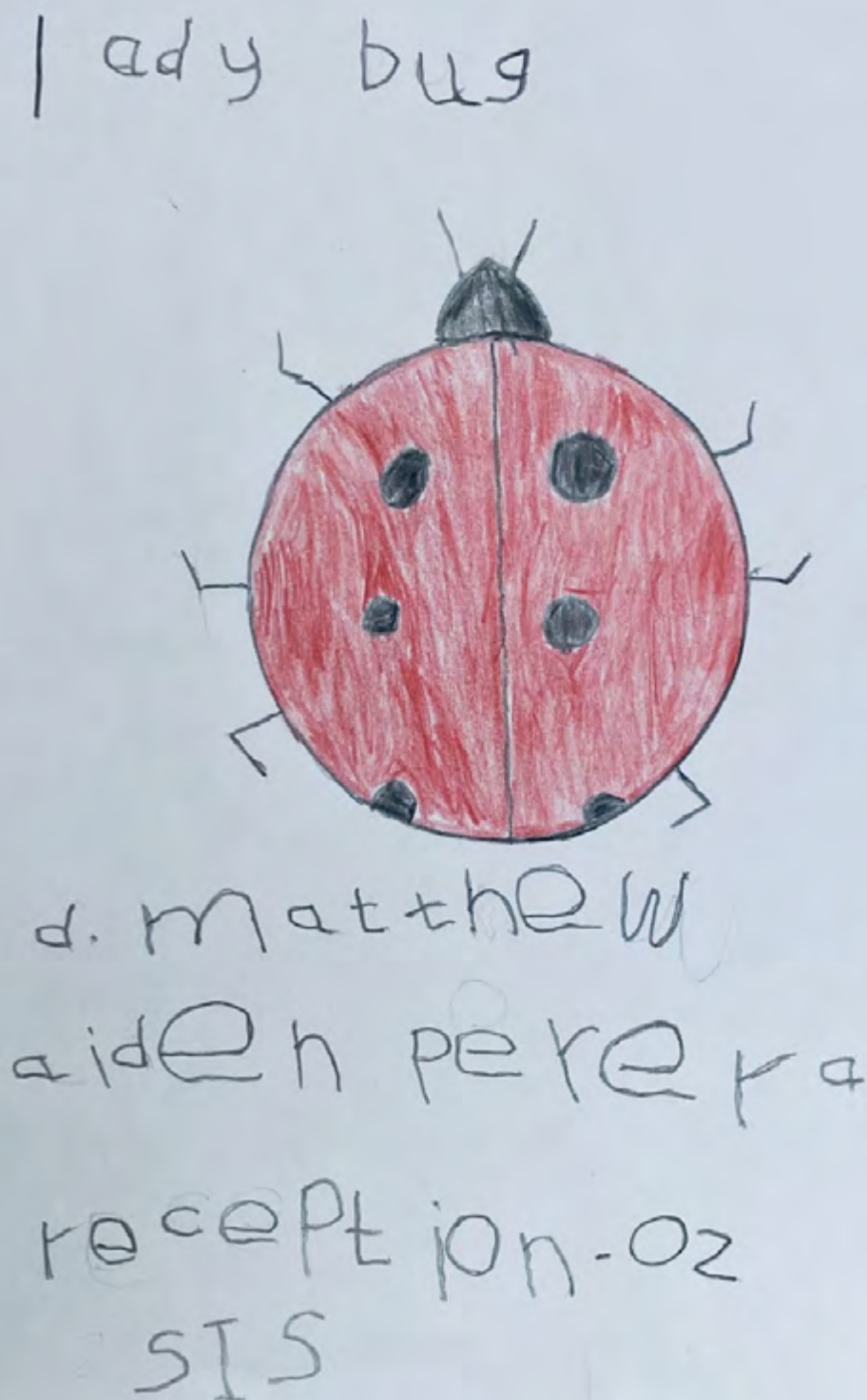




"Jungle"  
Maanasa Siluvaithas  
Reception 2



"My Lady Bug"  
Matthew Aiden Perera  
Reception 2



# VIDEO VIDEO VIDEOS SUBMISSIONS



<https://youtu.be/6Gw3CNI3z8g>

**Click on the link above to watch  
video submissions from Reception.**

*Disclaimer:* To protect the privacy of our students, this video has been set to unlisted. This means it cannot be viewed by any person online without a direct link.

# The Prefects Guild

2019/2020





|                       |                                                  |
|-----------------------|--------------------------------------------------|
| Head Prefect          | Ashvin Arsakularatne                             |
| Deputy Head Prefect   | Shan Gunasekera                                  |
| Treasurer             | Mahen Perera                                     |
| Games Captain         | Avesh Polonowita                                 |
| Deputy Games Captains | Jineth Saparamadu<br>Rashika Tamilmaran          |
| Teachers-in-Charge    | Mr P. Ganeshamoorthy<br>Mrs. Geethika Jayasinghe |



*Seated (L to R) - Mr P. Ganeshamoorthy (Teacher-in-Charge), Mrs. Gowri Palipanne (Principal), and Mrs. Geethika Jayasinghe (Teacher-in-Charge).*

*1<sup>st</sup> Row (L to R) - Kimaya Adams, Roshana Pathmasinghe, Meth Abeysinghe, Manishee Perera, Rashini Tennakoon, Kimaya Kariyawasam, Siyara Perera and Chrishelle Sathiarajah.*

*2<sup>nd</sup> Row (L to R) - Kavya Jayasinghe, Harshada Siriwardena, Thinagar Chandrasekaran, Joshua Cooray, Pavan Rajavasan, Rishen Samaranayake, Savith Herath and Diren Gunasekera.*

*3<sup>rd</sup> Row (L to R) - Nurandie Handunnetti, Chiran Premaratne, Kyara Nugawela, Tenushka Nanayakkara, Mohamed Humaid Saleem, Abdul Kareem, Vishwa Weerasinghe and Ruwindi Gunathilleke.*

# Junior Prefects



*Seated (L to R) - Shan Gunasekera (Deputy Head Prefect), Mr P. Ganeshamoorthy (Teacher-in-Charge), Mrs. Gowri Palipanne (Principal), Mrs. Geethika Jayasinghe (Teacher-in-Charge) and Ashvin Arsakularatne (Head Prefect).*

*1<sup>st</sup> Row (L to R) - Jamaal Ibrahim, Alina Fernando, Rashika Tamilmaran (Deputy Games Captain), Avesh Polonowita (Games Captain), Mahen Perera (Treasurer), Heshan Palliyaguruge, Maleesha De Zoysa, Senthooriya Pushpananthan and Anushkaa Vasu.*

*2<sup>nd</sup> Row (L to R) - Dayan Perera, Lohansa De Mel, Tihara Jayatilaka, Kehan Gunatilleka, Kaumadi Jayawardena, Bhanushanth Subendran and Shaileshwer Vijayakumar.*

*3<sup>rd</sup> Row (L to R) - Radhesh Salgadoe, Chaneth Wickramapala, Gayendra Kuruppu, P Abileshan, Nethula Gunaratne and Rochelle Fernando.*

*Absent - Jineth Saparamadu (Deputy Games Captain).*

# Senior Prefects





# Clubs & Societies



# THE DEBATING SOCIETY

From being just slightly above average, Stafford Debating has grown leaps and bounds this year to establish themselves as one of the best teams in the Sri Lankan debating circuit. We've reached knockout rounds at every tournament this year, and also successfully hosted the 8th Felix R. De Zoysa Memorial Challenge Shield in February. However what we're most proud of, is the fact that throughout this year we've enjoyed ourselves, socialized and formed friendships with other schools, let go of our fears, and grown really close as a group, while simultaneously becoming better debaters.

At the N.M Perera Memorial Challenge Shield 2020 hosted by Ananda College, both Stafford teams outdid themselves. Stafford B comprising of Kaishoriy Bahlendran,

Sinththuriy Bahlendran and Kashia Dias emerged quarterfinalists. Stafford A successfully reached the grand finale of the tournament, a feat that hasn't occurred since 2013. After an brilliantly thought-provoking yet entertaining debate, they were placed runners-up to Wesley A on a 4-1 split. The team comprised of Aqeel Fouzi, Humaid Saleem, Rishen Samaranayake and Jahan Cader. Humaid was also placed 10th out of over a 100 speakers at the same tournament.

At the Sri Lanka Schools Debating Championship organized by the Law Faculty of Colombo, Stafford A emerged octofinalists. Aqeel Fouzi was placed 9th out of over 300 speakers, while Humaid Saleem was placed 12th. This being the largest tournament in the island, meant that our juniors were exposed to the



ever-important social aspect of the debating circuit. For example during lunch breaks, most debaters from various schools join in a quick round of cricket, or have a casual discussion over lunch. The environment this creates is extremely helpful as it allows our juniors to get rid of their fear of public speaking, and bond with the tight knit debating community.

As one of the more established societies at Stafford, every year we host the Felix R. De Zoysa Memorial Challenge Shield. This year we held the tournament for the 8th consecutive time in February 2020. From ensuring the tournament was run on time, to creating topics that really engaged schools during the debate, the entire society put in the time and effort to ensure the tournament was a success. The immense positive feedback we received from other schools meant the tournament continued to exceed everyone's expectations this year as well.

With all of this exposure on offer to Staffordian debaters, we are proud to also acknowledge the personal achievements of our debaters. This year, Aqeel Fouzi and Humaid Saleem

have been selected for the Sri Lankan Debating National Pool. This is a pool of the best debaters in the country, from which the Sri Lankan team for the Word Schools Debating Championship 2021 will be selected. Additionally, Kashia Dias and Humaid have also been 2 of 6 selected by the Sri Lankan Debating Development Squad, where each of the 6 debaters are given intense personalised training and feedback. We wish them well, and hope to see Staffordian debaters reach international heights!

Of course, none of us would be able to achieve any of this without the support of our Debate Coach, Mr. Sidath Samarasinghe, and our Teacher-in-Charge, Ms. Mifhtah Khan. We wholeheartedly thank them for all their help and support!

If you wish to join the Debating Society, please drop Chris a text on 0767844153. We hope to see you at practice!

**Humaid Saleem**

Vice President of the Debating Society



SIS A, moments before the quarterfinal of the Vijitha Weerasinghe Online Tournament, June 2020.

*L to R: Humaid Saleem, Ashvin Arakularatne, Christian Fernando and Aqeel Fouzi.*



SIS A & B, preparing  
for the Lillian Nixon's  
Championship,  
September 2020.

*L to R: Sintthury  
Bahlendran, Kashia Dias,  
Kaishory Bahlendran,  
Humaid Saleem, Christian  
Fernand, Rishen  
Samaranayake and Jahan  
Cader.*

SIS B, at the N.M.  
Perera Challenge  
Shield, February 2020.

*L to R: Sintthury  
Bahlendran, Kashia Dias  
and Kaishory Bahlendran.*



SIS A, preparing for  
the Lillian Nixon's  
Championship,  
September 2019.

*L to R: Ashvin  
Arsakularatne, Humaid  
Saleem and Aqeel Fouzi.*



*1<sup>st</sup> Row (L to R) - Humaid Saleem (Treasurer), Aqeel Fouzi (President), Ms. Mifthah Khan (Teacher-in-charge) and Christian Fernando (Secretary).*

*2<sup>nd</sup> Row (L to R) - Thisagi Jayasekera, Sayuri Herath, Kaishoriy Bahlendran, Sintthuriy Bahlendran, Kashia Dias, Rishen Samaranayake and Savith Herath.*

*3<sup>rd</sup> Row (L to R) - Shan Gunasekera, Ashvin Arsakularatne and Mahen Perera.*

*4<sup>th</sup> Row (L to R) - Dhahamsi Premeratne, Saeed Shafee, Annik Talwatte, Vinayak Bhat, Siyath Anandasiri and Jahan Cader.*

# Debating Society





# *The Drama Club*

## STAFFORD INTERNATIONAL SCHOOL

What a great year it was!

To celebrate the occasion of our school's 60th year, we had the pleasure of bringing to stage "A Doll's House" – Henrik Ibsen's classic.

From the glimmering lights of Park Street Mews to the distant drums of the Nawam Perahara, the three consecutive full houses along with its most enthusiastic audience made the anniversary production one of the most Instagrammed school events.

The Drama Club is one of the youngest societies in school. Although we have taken part in the biennial school concerts, our first public performance "Alice in Wonderland" was in 2016. This year's production, "A Doll's House", is our second complete public production. "A Doll's House" tells the story of Nora who realizes her potential beyond "just being a doll". This play was particularly significant as it resonates with the values Stafford inculcates in us: working towards our full potential and striving towards the light.

Whilst some of us seniors had the opportunity to be a part of the previous public production,

the anniversary production was a novel experience for some of the juniors. The club takes pride in including members from all sections of the school - it makes our club unique. The juniors often get to work with and be mentored by the seniors allowing for the development of talent for the future as well as strong bonds. This too contributed to the success of the production.

The effort and hard work our members put into these public performances must be acknowledged. The actors in our club are that rare combination of administrators and performers. The club also used these skills to raise funds to share our passion for arts and culture with a group of less privileged children. We arranged for children of the Gunasekera Children's Development Center in Nawala, to watch a movie after providing lunch and snacks as well.

We would have never made it to the boards if not for the support of our school. The undertaking of a production of this nature is not only an investment of time but also a lot of resources.

In Ibsen's words "a thousand words will not

leave so deep an impression as one deed." In this light, we wish to sincerely thank our TIC, Ms. Michelle Herft, for all her guidance and support.

The club thrives at our weekly meetings on Monday from 2-3:30! Feel free to join-in next

time. To join the next production, please send a text on 0777666738.

**Meth Abeysinghe**

President of the Drama Club

A scene from the opening night of "A Doll's House", February 8th 2020.

*L to R: Ashvin  
Arsakularatne and Meth  
Abeysinghe.*



A scene from the closing night of "A Doll's House", February 9th 2020.

*L to R: Randil De Zoysa,  
Rayanka Jayawardane  
and Thisagi Jayasekara.*



Top, Left:

Some promotional materials from "A Doll's House".

Bottom:

The curtain call on the closing night of "A Doll's House".







# drama club review



As a proud member of the Drama Club of Stafford International School, I want to share with you my relationship with the club and how it changed my life. Why? Because I want to let everyone know that you should follow your dreams and to have a little fun along the way.

In order to tell you my story we need to make it like Doctor Who and go back in time. A time when dinosaurs roamed the earth and a time when humans were yet to exist – Okay. That’s way too far back. Anyways, let’s go to the year 2016. I had just been told that my dreams were apparently unrealistic and that “someone like me” could never actually do something big. And the worst thing is—I believed this. I believed every single word. Do I regret it? Yes. But if not for that person I would have never learned a valuable lesson which I personally feel that everyone must know. That lesson being that there are millions of malicious and evil people out there who will try their level best to discourage you and make you feel unworthy. And the truth is, these people actually feel threatened by you and are actually scared of what you are capable of doing. Unfortunately, I wish I had known that sooner.

Fast forward to two years later and the Drama club of our school spread the news of a pro-

duction that would take place. Did I care? No. Eventually as time passed the days grew shorter and shorter and before I knew it drama practices were taking place the next day. I, of course, didn’t pay much attention to it because “someone like me” could never actually do anything big, remember? Yet I did. I don’t remember why and I don’t remember how but the next day I decided to go to my first drama practice. I think it was because I wanted to prove everyone wrong, but mostly, I wanted to see if they were right.

Cue the next day. It was 1:30pm and there I was, being made fun of once again. I ate alone in a classroom and finally, I went for drama practice. All the students at the session were random strangers to me except for a few children from my grade. I remember specifically being the shortest and the youngest person there and remember feeling almost abandoned. A few days later another practice took place and for some reason I decided to continuously attend practices and before I knew it, I was officially a cast member of “Down the Rabbit Hole”. This was going to be my first official production and I did not want to be the person to mess it up for everyone. I also had one of the smallest roles in the play and I remember having only about three lines, one

of which was just a single word and although it hurt, I was still determined to succeed. Time passed and I still remember being the socially awkward person I was a few years ago but something changed. I don't know how but it just did. And I liked it. I remember on the day of the play we went out on the stage and basically surprised ourselves by putting out an amazing show for everyone! This was my first experience with performing a play on stage and I couldn't have been happier with myself.

Cue a few more years later and I am still a socially-awkward weirdo but I had this feeling of excitement and strength because drama had given me something I never knew I had. After the production, I went for basically every drama session until one day I had to choose against my passion and my future. I couldn't think straight and I remember having to put on a brave face every day when deep down I was broken. So yes, I had to quit drama. Was I happy? No of course not. While my fellow drama members were having the best of fun I was living in complete misery and just like that I was back on square one. Alone and discouraged. But one day I decided that enough was enough.

Cue, 2019. And yes, I was still a socially-awkward weirdo. Drama began once again and this time I was ready for all the obstacles between me and drama. The first day of practice with a new teacher, Ms. Michelle, was embarrassing for me but I remember feeling giddy! Giddy with excitement of course. The first few practices were amazing and before I knew it, I was cast in another play! This time however, it was a whole lot different! The production was going to take place 3 times and there were different actors for some of the roles. It was

nerve-wracking. Learning lines was also quite difficult since I had jumped from just a couple of words to a couple of pages! I put in so much effort to the point where drama had become my first priority and I know that for the other members it was the same.

Over the holidays we had practices until 10:00pm and sometimes even till 11:00pm. Was it tiring? Yes. But when you do something you love with people you love all the negativity flies away. The whole cast was like my family and to this day still is! The three days of the production were fantastic! We all went out on stage and we basically brought the house down!

In the Drama Club we support each other through thick and thin yet we always try to annoy each other as much as possible! The whole cast was encouraging and we always put in 110% every single time. Most importantly, Miss Michelle being the teacher in charge was supportive and believed in each and every one of us no matter how many times we messed up. She is a supportive and caring teacher and to be honest we could have never pulled off such an amazing play without her.

The Drama Club of Stafford International School has taught me something I will never forget and it has given me memories that no one can take away. The whole experience was out of the ordinary and I couldn't have asked for better memories, a better family and a better life

Thisagi Jayasekara  
Form 3C



*1<sup>st</sup> Row (L to R) - Ashvin Arsakularantne, Ms. Michelle Herft (Teacher-in-Charge) and Meth Abeysinghe (President).*

*2<sup>nd</sup> Row (L to R) - Mukarram Jameel, Osheen Martus, Kaishoriy Bahlendran, Rayanka Jayawardane, Sintthuriy Bahlendran, Hiruni Rubasinghe and Bhupesh Selvanayagam.*

*3<sup>rd</sup> Row (L to R) - Diren Gunasekera, Randil De Zoysa, Siyath Anandasiri, Gayendra Kuruppu, Jahan Carder, Agbo Pethiyagoda, Aqeel Fouzi and Sandani Rubasinghe.*

*Absent - Thisagi Jayasekara*

# Drama Club





# THE MODEL UNITED NATIONS SOCIETY

From declaring war on North Korea, to spontaneous pool table sessions, all while wearing a suit and tie, Model UN is a fun filled activity which consists of meeting a variety of people, representing countries and bringing forth novel solutions to existing issues. Being amongst one of the oldest and most prestigious societies in our school, and being an extracurricular renowned for its diplomacy worldwide, Model UN teaches you a variety of things such as leadership, international relations, law, disarmament and international security, economics, and the environment.

Our school has remained dominant within the Model UN circuit within the past few years and continues this legacy to date. We've accomplished a lot over this academic year. We bagged and brought home many awards from SLMUN 2019, LISMUN 2019 and RichMUN 2019.

Our MUN society participated in the island's largest MUN conference-SLMUN 2019-with a sizable delegation of 16 delegates, held on the 5th and 6th of October 2019. Our delegation was spread across a number of committees. We were allocated the nations of

South Africa, Columbia, Burkina Faso and the state of Palestine. It was an eventful weekend which comprised of schools from all around the nation bringing many innovative solutions to existing issues. In this conference, Humaid Saleem bagged a "Best Delegate" award representing the nation of South Africa in the United Nations Office on Drugs and Crime (UNODC).

The month of December was a month of celebration as we attended LISMUN 2019-the last conference for the decade. This was held on the 14th, 15th and 16th of December 2019. Our main delegation comprised of Aqeel Fouzi, Amaya Perera, Diren Gunasekera, Humaid Saleem and Kashia Dias having represented the nation of the People's Republic of China. In addition to this we were allocated the nations of Mexico, Morocco and the International Monetary Fund (IMF). We brought home an impressive total of three awards. In this conference, Diren Gunasekera was awarded an "Honorary Mention" in the World Health Assembly (WHA), Aqeel Fouzi accomplished a "Best Delegate" award in the Economic and Social Council (ECOSOC) and Humaid Saleem obtained a "Best Delegate" award in the Security Council.

The new decade started off with the sound of clattering medals. Our Model UN society travelled to Galle and participated in the conference-RichMUN 2019-held on the 11th and 12th of January 2020. In this conference, Diren Gunasekera chaired as the “President” of the Committee on the Peaceful Uses of Outer Space (COPUOS) which consisted of about 50 delegates. Our main delegation comprised of Shan Gunasekera, Aqeel Fouzi and Christian Fernando having represented the Russian Federation. We bagged a total of four awards in this conference. Christian Fernando won a “Higher Commendation” in the Committee on the Peaceful Uses of Outer Space (COPUOS), Aqeel Fouzi won a “Best Delegate” award in the Economic and Social Council (ECOSOC), and Humaid Saleem and Shan Gunasekera won

an “Honorary Mention” award and a “Higher Commendation” award, respectively. RichMUN 2019 was an eventful conference. After a tiring day of debate and hard work, the delegation went souvenir shopping and out for dinner at the Galle Fort.

We would like to thank our past pupils for having initiated the club, our former President, Shan Gunasekera, our former Secretary, Ashvin Arsakularatne, and our teacher-in-charge, Mrs. Kianie Nonis for having supported us throughout this eventful academic year and having brought forth the Model UN society to such great heights.

**Diren Gunasekera**  
Secretary of the MUN Society









*1<sup>st</sup> Row (L to R) - Humaid Saleem (Vice President), Aqeel Fouzi (President), Ms. Kianie Nonis and Diren Gunasekara (Secretary).*

*2<sup>nd</sup> Row (L to R) - Kimaya Kariyawasam, Roshana Pathmasinghe, Dhahamsi Premaratne, Rashini Tennakoon, Sinthoori Balendran, Ramudhi De Silva, Sayuri Herath, Kaishoori Balendran, Kashia Dias and Savith Herath.*

*3<sup>rd</sup> Row (L to R) - Jahan Cader, Ashvin Arsakularatne, Christian Fernando, Shan Gunasekara, Rishen Samaranayake and Joshua Cooray.*

# MUN Society



**T**he Interact Club of Stafford International School was chartered in the year 1991, and has hence celebrated 28 prestigious years of being part of the Interact District 3220. It is sponsored by the Rotary Club of Colombo.

The Interact Club for the years 2019/2020 did a total of 10 projects within a span of 8 months with the theme "Work for a Cause and not The Applause".

For the 1st Quarter the Club started off by cleaning and repainting the walls of a small school in Nawadgala, Elpitiya on the 27th of August 2019. On the 10th, 12th and 16th of September 2019 the Club held bake sales during school time in order to raise funds for the 28th Installation Ceremony. On the 17th of September 2019, the 28th Installation Ceremony was held where the new board of

officials were appointed.

For the 2nd Quarter the club started off on the 1st of October 2019 where the club donated various stationeries and cupboards to a school in Nawadgala, Elpitiya for Children's Day. Milo packets and lollipops were also handed to the children at the school. On the 14th of October the club donated books to the Morning Star Centre of Community Concern. On the 23rd of October 2019 the club organized the 1st ever Colour day in Stafford International School where all children dressed up according to a specific theme. On the 7th of November 2019 the club used the funds gathered from Colour day and planted 50 trees at the Dehiwala Attidiya Bird Sanctuary. On the 4th of December 2019 the club partnered with the Psychology Club of Stafford International School and organized a Christmas party at the Colombo School of Special Education and also

donated stationary to the Special needs home too.

For the 3rd Quarter on January 15th 2020 the Interact Club organized the Health Camp where the club aided 800+ people at the Sri Punyawardanaramaya temple Kandawala. This was made possible by the Ministry of Health, Chief priest of the Sri Punyawardanaramaya temple, Vision Care opticians, Doctor Parents of Students and Sponsors. The final project for the year was the Stafford International School Walk & Fair which was held on the 29th of February 2020 which was the biggest finance

project of the club with an attendance of 1000+ people.

Unfortunately, due to the pandemic the club was unable to finish all the projects plan which was saved for the 4th quarter but overall, the Interact Club of Stafford International School had a successful year.

At the 30th Interact District Assembly the Interact Club of Stafford International School was awarded a Silver District Citation during the year of service of the Interact District 3220 2019/2020.



Our Interactors started off the year with our first project: painting the walls of Hipankada Kanishta Vidyalaya in Nawadagala.

We returned to Hipankada Vidyalaya for Phase 2: a book drive!



A picture of our Board on Colour Day, a fundraising event used to finance a tree-planting project at the Dehiwala Attidiya Bird Sanctuary.





Click here to check  
out our Board  
Introduction video!

[https://youtu.be/pi-Rfy75V\\_Q](https://youtu.be/pi-Rfy75V_Q)

|                                           |                        |
|-------------------------------------------|------------------------|
| President                                 | Nethula Gunaratne      |
| Vice President                            | Anushkaa Vasu          |
| Secretary                                 | Jamaal Ibrahim         |
| Assistant Secretary                       | Lohansa De Mel         |
| Treasurer                                 | Heshan Palliyaguruge   |
| Assistant Treasurer                       | Shaileshwer Vijaykumar |
| Sergeant-at-arms                          | Dhearthik Ponnusamy    |
| Director of Finance                       | Mahen Perera           |
| Director of Community Services            | Rochelle Fernando      |
| Director of Club Services                 | Jineth Saparamadu      |
| Asst. Director of Club Services           | Devmith Hettiaratchy   |
| Director of Green Life                    | Bhavani Galappaththi   |
| Director of International Understanding   | Gayendra Kuruppu       |
| Asst. Dir. of International Understanding | Jaden Christy          |
| Editor                                    | Ashvin Arsakularatne   |



*1<sup>st</sup> Row (L to R) - Anushkaa Vasu, Mr. P Ganeshamoorthy, Nethula Gunaratne, Ms. Sonali Fernando and Jamaal Ibrahim.*

*2<sup>nd</sup> Row (L to R) - Lohansa De Mel, Shaileshwer Vijaykumar and Ashvin Arsakularatne.*

*3<sup>rd</sup> Row (L to R) - Bhavani Galappaththi, Gayendra Kuruppu, Devmith Hettiaratchy, Dhearthik Ponnusamy, Mahen Perera and Rochelle Fernando.*

*Absent - Jaden Christy, Jineth Saparamadu and Heshan Palliyaguruge.*

# Interact Club

## (Board Members)

# The Psychology Club

The psychology club was initiated in September 2019 to enhance awareness of Psychology and its need in today's society among the students.

The teachers in charge are Ms. Nazliya Mohideen & Ms. Sheeni de Sylva with the board members being Tihara Jayatilaka (President), Phuntsho Namgay Choden (Vice President) Nafisa Rushan (Secretary), Dharthisha Yogendran (Assistant Secretary), Rashika Tamilmaran (Treasurer) and Nathuli Malwana (Editor).

The A level psychology students were taken on a mental health exhibition in October 2019 for World Mental Health Day. In December 2019, the psychology club along with the Interact Club organized and hosted the Christmas party for the students of Colombo Centre for Special Education. The students had a bake sale at school, themed 'Halloween', to raise funds to sponsor the food, drinks and gifts for the students and staff of the school. They joined in the games and dancing and one of our students also dressed as Santa to entertain the students. It was a very enjoyable day for all and our students truly found it rewarding.







*1<sup>st</sup> Row (L to R) - Ms. Shihani De Silva and Ms. Nazliya Mohideen (Teachers-in-Charge).*

*2<sup>nd</sup> Row (L to R) - Nathuli Malwana (Editor), Dharthisha Yogendran (Asst. Secretary), Nafisa Rushan (Secretary), Rashika Tamilmaran (Treasurer) and Tihara Jayatilaka (President).*

*Absent - Phuntsho Namgay Choden (Vice President)*

# Psychology Club

# SCIENCE SOCIETY

The society has achieved a lot of great things this year. A major event that was held was the paper recycling competition. The competition was held between all classes; the class that collected the most amount of paper was awarded as winners. The society collected almost 200kg of paper and the competition concluded with Form 2A as winners and Form 1C as runners up.

Recycling has become a commonly discussed matter today and therefore, the aim of organizing this competition was to raise awareness and to educate students about recycling and its advantages. Here are some advantages of recycling: decreases pollution, reduces energy usage, and also the consumption of fresh raw materials, decreases landfill wastes, and most importantly fights global warming. When students participate in

this competition they tend to realize how much of objects, such as paper that they can recycle to protect our environment.

On the other hand, members of the science society also participated in science days held by other schools such as the science day of Colombo south international school where the society members participated in quizzes and speeches. Two of the members of the society, Bhavani Hashendya Galappaththi was placed 4th and Chaneth Wickramapala was placed 5th.

So, let us all recycle today for a better tomorrow.

**Senthooriya Pushpananthan**  
President



*1<sup>st</sup> Row (L to R) - Ms.Navoda Samarappuli (Teacher-in-Charge), Mrs .Gowri Palipana (Principal) and Senthooriya Pushpanathan (President).*

*2<sup>nd</sup> Row (L to R) - Maleesha De Zoysa (Committee Leader), Shan Gunasekara (Vice President) and Kaumadi Jayawardena (Secretary).*

*3<sup>rd</sup> Row (L to R) - Radesh Salgodoe (Editor), Lakindu Dissanayake (Treasurer), Bhanushanth Subendran (Committee Leader), Gayendra Kuruppu (Committee Member), Chaneth Wickramapala (Committee Leader) and Omar Ziad (Assistant Treasurer).*

*Absent - Suhail Reffaideen (Committee Leader) and P. Abileshan (Committee Leader).*

# Science Society



# Senior Choir

The SIS Senior Choir is one of the oldest clubs in the school. We take great pride in being a part of it. This year we started off with our new choral director Ms. Pryanthie Seniviratne, who took up the position after the retirement of our previous director, Sir Francis De Almeida in the year of 2018. Accompanying her we have Ms. Rayanthie Kumarasinghe on the piano.

Our member count for the year was around 50, which consisted of students from Form 1 to A2. As usual the senior choir meets to train every Thursday morning at 6:30 am, which goes on till 8:00am.

The choir participated in the Annual Student Christian Movement Worship Service of St Thomas's Colleges, where we sang: "Jesus is the name we honor" and "We are your people". It was a very enjoyable and memorable experience.

The annual carol service was held at the cathedral of Christ the Living Savior, early December 2019. The music for the evening consisted of a list of around 10 different songs,

which we trained for from the start of the term. The school founders' day was celebrated in February 2020. The choir sang the old classic "You raise me up" with Ms. Roshani on keyboard and accompanied by the school western band.

The Covid-19 pandemic took us all by surprise and we had to adapt to the situation of not being able to get together and sing. The choir started having sessions on Zoom. Although it has been pretty rough, we've managed to somehow make it work. Currently, we are singing old classics from movies like the "Singing Nun" and "Sound of Music". Our weekly singing sessions gave us a reason to hope for a better tomorrow.

To Ms. Yogeshwari Sunderamapillai and Ms Ruba Weerasinghe, teachers in charge of the choir, we say thank you for the support and guidance given at all times.

**Dayan Perera**  
Choir leader



*1<sup>st</sup> Row (L to R) - Mrs. Y. Sunderampillai (Teacher-in-Charge) and Mrs. Ruba Weerasinghe (Vice Principal - Upper Primary).*

*2<sup>nd</sup> Row (L to R) - Ronali Jayeweera, Maria Navamani, Methasa Pathirana, Pavani Dissanayaka, Veroni Perera, Thisagi Jayesakara, Thesara Manathunga, Kaniska Sugandan, Delishca Rathnayaka, Onela Devendra, Yeshika Theverapperuma and Onel Ranasinghe.*

*3<sup>rd</sup> Row (L to R) - Thepulma Jayatissa, Tihara Jayatilleka, Darishta Peiris, Mystika Fernando, Dayan Perera, Rayanka Jayawardena, Riya Hridayesh, Meth Abeysinghe and Dilki Fernando.*

*3<sup>rd</sup> Row (L to R) - Jaden Wahid, Chiran Premaratne, Shivane Theverapperuma, Pudumi Gomez, Dihan Gomez, Soneli Madihewa, Kehan Gunatilaka, Ashvin Arsakularatne, Shan Gunasekara and Nithuni Perera.*

*Absent - Senara Peris, Siyara Perera, Amaya Perera, Lohan Perera and Kaitlyn de Zilva.*

# Senior Choir

# The Healthcare Society

**T**hursday, 8th of March 2018. On this day a bunch of school children stood huddled in a tiny classroom, pledging their allegiance to one simple statement: "I, as a member of the Healthcare Society and a citizen of my nation, promise to work towards the betterment and the protection of humanity, all living beings and my home, Earth." With a spirit of love and steely determination, The Healthcare Society (HCS) was born.

Looking at Sri Lanka today, it is difficult to believe that our country was once a flourishing paradise. Gone is the strength and vitality that was so valuable to our ancestors; good health is for many individuals, a thing of the past – something only to be dreamt of. Our island is rife with disease, be they infectious or otherwise. Hundreds of needless deaths happen every day, lives that could easily have been saved if patients were exposed to proper living conditions, the correct medicines and efficient medical services. Often the problem is a lack of necessary equipment and medication in hospitals. The aim of the Healthcare Society of Stafford International School is to work

towards overcoming these issues; to protect the innocent heartbeat of the unborn child, to revitalize the dying man who is the sole breadwinner of a family of helpless little children, to enable the frail old woman to fondly watch her grandchildren grow up a little while longer. Moreover, the society dedicates itself to facilitating the wellbeing of the child lying ill on a thin hospital mattress because of the malignant bite of a dengue mosquito, to help give birth to undamaged cells in the bone marrow of a mother suffering of leukemia, to ensure the comfort of the mentally disturbed son who needs constant care and attention to satisfy his day to day needs.

Our nation has experienced a series of invasions starting with the many Indian annexations to the devastating British invasion giving rise to the gradual deterioration of many unparalleled aspects of our nation. Our journey to revitalize our motherland and return it to its former glory has only just started. However, we have already covered a vast distance in a very short time. Since the formation of the society, we have organized two blood donations



campaigns and have included and established the Annual Blood Donation Campaign as a permanent event on the school calendar. The society was also involved in the donation of essential equipment to the Rathmalgahaweva Rural Hospital worth over Rs. 250,000. Shortly afterward our next venture was the renovation and donation of urgent equipment to the Horana Base Hospital. This included three days of hard work where members painted the entire ward and decorated it. This project incurred a total estimated cost of Rs. 1 million. The society also helped color wash the Rathmalgahaweva Rural Hospital by donating Rs. 100,000 worth of paint followed by the donation of essential equipment to the Horowpothana Divisional Hospital worth over Rs. 200,000. The Society's next feat was the most challenging, which was the refurbishing of the Labour Unit of the Horowpothana Divisional Hospital. The project cost a mammoth total of over Rs. 1.8 million. After a massive fund collection campaign using money collection

cards and a six-a-side cricket tournament and musical carnival called Right to Left, the society achieved its target and is currently awaiting shipments of equipment from around the world. To this day we have been receiving letters from around the island with requests for financial and medical support. The Society continues vigorous planning procedures to facilitate these urgent requests.

Headed by eight school children and lead by our dedicated members, the heights that we can reach are unimaginable. Determination and love have driven us forward to this day, and will continue to do so in the future. As the youth of this nation, we will continue to fight against the dark cloud that has weakened our people mentally and physically. We will continue to push on to emerge victorious out of this storm. We invite you too to join the movement to lend a hand in the battle to retrieve what we have lost and to make Sri Lanka bloom again.



Donated equipment  
being utilized at  
the Horowpothana  
Divisional Hospital.



Blood Donation  
Campaign 2020



A doctor using  
a donated foetal  
doppler at the  
Rathmalgahaweve  
Rural Hospital.

Right to Left, one of  
the biggest events  
ever organized  
by Stafford  
International School.

***RIGHT to Left***



*1<sup>st</sup> Row (L to R) - Kaveen Madihahewa (Board Member), Mr Shanil Jayasekera (Deputy Principal) and Rezah Maharoof (Board Member).*

*2<sup>nd</sup> Row (L to R) - Lisan Vidmal (Board Member), Arjuna Weerasinghe (Board Member), Nethara Gallage (Board Member) and Sameen Goonathilleke (Board Member).*

*3<sup>rd</sup> Row (L to R) - Oneli Rajavasan, Abdul Fazl, Shan Gunasekara, Vishwa Weerasinghe, Pudumini Gomes, Methmi Jayasundara, Aloka Dissasekera, Tilini Wijemanne, Dinuki de Alwis, Diren Gunasekara and Manishee Perera.*

*4<sup>th</sup> Row (L to R) - Ayman Ibrahim, Abdullah Fahim, Dihan Gomes, Kethaka Wanigatunga, Dheshan Irshad, Renuja Jayaratne, Raeed Shezam, Thisen Weerasinghe, Pujit Yogendran, Joshua Cooray, Nisith Gunawardena and Savith Herath.*

*Absent - Mayukhe Peiris (Board Member), Gehan Vithanage (Board Member), Anagi Kariyawasam, Aqeel Fouzi, Vishan Liyanagoda, Chrishelle Sathiarajah, Disal Fernando, Dulain De Silva, Hope de Silva, Meth Abeysinghe, Pavan Rajavasan, Sayuri Herath, Devuni Ratnayake, Rishen Samaranyake, Shivane Theverapperuma, Nadith Gunawardena, Abdur Rahman, Cheranya Kakiriwaragodage, Shiven Jayarathne, Sandani Rubasinghe, Hiruni Rubasinghe, Amaya Perera, Dharthisha Yogendran, Thinagar Chandrasekaran, Vinuka Ampavila, Deiveash Ragavan, Elakiyan Elangeswaran, Vinesh Ravinathan, Sewedha Pathmanarayanan, Yashwaanath Mohanraj, Ama Perera, Thinara Gamage, Annik Talwatte, Delischa Ratgnayake, Mirnali Kanagaraj, Kyara Nugawela, Harshada Siriwardena, Nadil Perera,*

# The Healthcare Society



# Western Band

The western band of Stafford International School is the longest standing musical establishment of the school. Led and trained by Sir Bandula Manatunga with Mrs. Yogesh as the TIC, the band carries on this proud legacy today in a variety of events.

The highlight of any band's year is the sports meet and it was a successful event. The band welcomed the chief guest Mr. Roshan Mahanama in a stately manner to the beats of the slow march with the Prefects' Guild at Sugathadasa Stadium. They also proudly led the quick march in a truly brilliant conclusion to the day's events.

The band is not just limited to this however, as seen by their performance on Founder's Day which celebrated 60 years of Stafford. Putting on a show stopping performance, the band collaboration with the school choir, serenading the crowd with lovely renditions of songs like "You raise me up". This is of course due to the dedication and countless hours of practise the students put into the work they do, and the proficiency of the young musicians, with endless support from the teachers that guide them.

**Aloka Dissasekara and Sandani Rubasinghe**  
Western Band Leaders



*1<sup>st</sup> Row (L to R) - Mr. Bandula Manatunga (Band Master) and Mrs. Y. Sunderampillai (Teacher-in- Charge).*

*2<sup>nd</sup> Row (L to R) - Joanna Nawamani, Manmitha Jinasena, Shenilki Hethipathirana, Maria Navamani, Haleema Shifan, Reiha Mawsoof, Amiesha Karunaratne, Rumeth Jayatissa, sayishiyam Kurincheedaran, Ranidu Pathmasinghe and Thesara Manatunga.*

*3<sup>rd</sup> Row (L to R) - Avanthi Krishnakumar, Jeshan Pushpananthan, Rayanka Jayawardene, Jaden Wahid, Alok Dissasekara (Band Leader), Chiran Premaratne, Nadupama Abeywickramasinghe and Aakashan Thiliban.*

*Absent - Senara Peiris and Sandani Rubasinghe (Band Leader).*

# Western Band

# Social Services Club

We aren't the society that assures people everything's going to be alright, we're the society that wins for people when they need it the most. The Academic year of 2019/2020 was one to remember. Within the course of three projects, our members have learned how to work as a team, to be efficient and to be responsible. We're proud to say that we've grown as a society and expanded our horizons.

Our first project for the year was aimed at providing relief to the victims of the Easter Bombings. This was extremely personal to us, considering how shook most of us were when we woke up on the 21st of April last year. We proceeded to issue ticket books, which were sold at Rs.100 a ticket. The funds raised from this, combined with donations from several well-wishers and a few more fundraisers amounted to a grand total of half a million rupees. Our members then proceeded to donate the funds to the Cardinal's office of Srilanka, and met His Eminence: Cardinal Malcom Ranjith

Picture this: being at the beach on a sunny day, with all your friends, plenty of food, and

the waves lapping at your feet. If you haven't guessed it already, our second project was a beach cleanup. With over two hundred attendees, which included numerous students, parents, as well as members of the public. It was a huge success as we managed to cleanup a stretch of Kinross beach, spanning over a kilometer in length.

Our final project for the year began with a fundraiser at the annual Athletic Championship. Our members sold wrist bands, with the respective house colors, to students, parents and teachers for a Rs.100 each. The project was aimed at supporting an organization known as Tails of Freedom, which is aimed at rescuing animals that have been abandoned or have no homes. Unfortunately during fundraising, lockdown was issued due to the Covid-19 pandemic. However we managed to raise Rs.60000, and transferred it through an online payment to Tails of Freedom.

They say that actions speak louder than words, in that case the Social Services Club has spoken volumes this year.





*1<sup>st</sup> Row (L to R) - Meth Abeysinghe (Treasurer), Humaid Saleem (President), Mrs. Nirodha Thilakaratne (Teacher-in-Charge), Roshana Pathmasinghe (Vice President) and Agbo Pethiyagoda (Immediate Past President).*

*2<sup>nd</sup> Row (L to R) - Christian Fernando (Head of Media), Kimaya Kariyawasam, Diren Gunasekera, Anagi Kariyawasam, Rayanka Jayawardane, Thisagi Jayasekara, Thishya Hettipathirana, Prashika Dhanesh, Arushna Vishnukanth, Kaishuriy Balendran, Kashia Dias, Senuthi Seneviratne, Bhupesh selvanayagam, Mukarram Jameel, Ashvin Arsakulatrane and Dulain Karunatileke (Secretary)*

*3<sup>rd</sup> Row (L to R) - Aqeel Fouzi, Rashini Tennakoon, Oneli Rajavasan, Nesha Ratnayaka, Jaden Wahid, Sayuri Herath, Ramudhi de Silva, Pudamini Gomez, Savith Herath, Abdullah Fiyaz, Ama Perera, Sinthuriy Balendran, Aishwarya Gnanaratnam and Manishee Perera*

*4<sup>th</sup> Row (L to R) - Kimaya Adams, Hana Miskin, Sajidha Siyad, Yogedran Karrupiah Pujitt, Dhahamsi Premaratne, Dihan Gomez, Gayendra Kuruppu, Chiran Premaratne, Abdul Basith, Kumuthu Thulhan, Dharthisha Yogendran, Pavan Rajavasan, Joshua Cooray, Vishwa Weerasinghe and Rishen Samaranayake*

*Absent - Chrishelle Sathiarajah (Secretary), Vihanga Thejan, Dithni Perera, Kavan Amerasinghe, Abdul Kareem, Kavishka Kodikara, Anjali Walisundara, Atika Daniel, Rishi Narayanan, Amrithaa Perinbaraaj and Tenushka Nanayakkara, Dhahamsi Premaratne, Dihan Gomez, Gayendra Kuruppu, Chiran Premaratne, Abdul Basith, Kumuthu Thulhan, Dharthisha Yogendran, Pavan Rajavasan, Joshua Cooray, Vishwa Weerasinghe and Rishen Samaranayake*

# Social Services Club

# Stafford Gavel Club

The club was founded by Dayan Perera in September 2017. We started as a small club with a handful of members who met twice or thrice a week but soon evolved to be an active club with over 70 members who met every week to practice public speaking. The enthusiasm of the members and committee allowed the club to host successful events throughout 2019 and 2020.

On the 5th of October 2019, the SIS Gavel Club organized a speaking competition titled “Speak to Lead 2K19”, where 6 international schools participated. The tournament had three rounds, where the preliminaries were on the 5th of October, semi-finals on the 6th of October, and the finals on the 13th of October. The schools which participated were: Wesley College, Alexandra College, Asian International School, Lyceum Nugegoda, St. Thomas’ College Mount Lavinia, and Royal College.

Every Friday from 2 PM to 4 PM, we have meetings with the members to help them develop their public speaking and leadership skills. During 2019, the club had 43 meetings. During the COVID-19 pandemic, we were the first club of the school to start meetings and had 13 online meetings from March onwards. During a few weekly meetings, we brought experienced toastmasters to teach the enthu-

siastic Gaveliers how to overcome their fear of public speaking. We had Toastmaster Sanara Premaratne, Toastmaster Kaveen Jayasuriya and Toastmaster Himanshu Dewruwan give marvelous keynote speeches to the Gaveliers.

On the 23rd of September 2019, a few members of the club attended a meeting held by the Toastmaster club in Kotalawala Defense University (KDU). The club also did the Indira Cancer Trust Hospital Fund project. In this event, the entire club raised over Rs. 25,000/- through bake sales and donation cards. The funds were donated to the children of the Indira Cancer Trust Hospital Fund, where 175 bags of school supplies were distributed.

A joint workshop with the SIS Gavel club and Colombo Gavel Club was held on our school premises on the 15th of February 2020, where Toastmaster Tharindu Ameresekere, who was a table topics district champion, spoke to new members of both clubs on how to give speeches in hopes of inspiring them. Around 10 new members were also inspired to give impromptu speeches on that day.

On the 17th of February 2019, we had 10 speakers from our club who competed in the Intra Gavel Speech Competition 2019. The winners of the 1st, 2nd, and 3rd places were Gaveliers Dhahamsi, Sayuri, and Rahul, respectively. On the 14th of February 2020, we had



an astonishing number of 34 speakers from our club competing in the Intra Gavel Speech Competition 2020. The winners of 1st, 2nd, and 3rd places were Gaveliers Oneli, Umar, and Mukarram, respectively.

We would like to thank Dayan Perera for initiating the club, and we would also like to thank every single person that has contributed

to the club to evolve it into the club that it is today. I would also like to thank our mentor (Dinuk De Silva), and our Teacher-in-Charge (Ms. Namalee Jayasinghe) whose dedication helped the club to achieve its goals.

**Savith Herath**  
President





## The Executive Committee

|                                   |                      |
|-----------------------------------|----------------------|
| President                         | Savith Herath        |
| Vice President - Education        | Diren Gunasekera     |
| Vice President - Membership       | Chiran Premaratne    |
| Vice President - Public Relations | Sayuri Herath        |
| Secretary                         | Pavan Rajavasan      |
| Treasurer                         | Ramudhi De Silva     |
| Sergeant-at-arms                  | Jai Amalean          |
| Immediate Past President          | Dayan Perera         |
| Immediate VP Education            | Chaneth Wickramapala |

## Substitute Committee

|                               |                      |
|-------------------------------|----------------------|
| Assistant VP Education        | Oneli Rajavasan      |
| Assistant VP Public Relations | Sashin Perera        |
| Assistant VP Membership       | Kavan Amarasinghe    |
| Assistant Secretary           | Akindu Pathirage     |
| Assistant Sergeant-at-arms    | Shenodh Peramunagama |
| Social Services Chair         | Dhahamsi Premaratne  |
| Assistant Treasurer           | Jaden Wahid          |
| Coordinator                   | Rahul Vaithyalingam  |



**1<sup>st</sup> Row (L to R)** - Dayan Perera (Past President), Savith Herath (President), Ms. Namalee Jayasinghe (Teacher-in-Charge), Mr. Dinuk Silva (Distinguished Toastmaster) and Kavishka Kodikara.

**2<sup>nd</sup> Row (L to R)** - Diren Gunasekera (VP Education), Ayyub Fouzi, Praveen Sri Murugananthan, Santosh Mathavan, Leshan Nanayakkara, Akindu Pathirage, Yohan Malik, Thesara Manathunage, Nadupama Abeywickramasinghe, Sayishiyam Kurincheedaran, Kavith Amarasinghe, Akram Uvais, Umar Athick, Tenuja Karunathilaka, Bhupesh Selvanayagam, Mukkaram Jameel, Abdurrahman Aslam, Ramudhi de Silva (Treasurer) and Sayuri Herath (VP Public Relations).

**3<sup>rd</sup> Row (L to R)** - Dhahamsi Premaratne, Riya Hridayesh, Senara Peiris, Thisath Karunarathne, Ayyub Naushad, Naizer Rishad, Rishi Narayanan, Chithru Neelesh Gunawardana, Nazzer Rishad, Jaden Wahid, Dawood Shazeen, Mustafaa Imtiaz, Delisha Ratnayake and Jai Amalean (Sergeant-at-arms).

**4<sup>th</sup> Row (L to R)** - Chaneth Wickramapala, Kavan Amarasinghe, Thanujan Nandakumar, Shenodh Peramunugama, Yogendran Pujitt Karuppiyah, Abdullah Fiyaz, Deivaesh Ragavan, Rahul Vaithylingam, Vishan Liyanagoda, Prashan Mathavan, Nisha Ratnayake, Kavindu Subasinghe, Ananyha Jodie Raja, Murad Raji, Soneli Madihewa, and Chiran Premaratne (VP Membership)

**Absent** - Sashin Perera, Pavan Rajavasan (Secretary), Oneli Rajavasan, Amrik Wettimuny, Amaya Abeyweera, Nethmi Kariyawasam and Onel Ranasinghe.

# Gavel Club



# Cub Scouts



**1<sup>st</sup> Row (L to R)** - Ayyub Fouzi (Form 1A Leader), Nadupama Abeywickrama (Cub Scout Leader), Ms. Suhara Chu, Thisath Karunaratne (Cub Scout Leader) and Dharishta Peiris (Form 1B Leader).

**2<sup>nd</sup> Row (L to R)** - Sarah Latiff, Avanthie Krishnakumar, Ranud Rajakarunanayake, Sohan Sanjith, Praven Muruganathan, Kiyantha Perera, Thesara Manathunge, Keashav Mohanraj, Adam Mansoor (Form 1C Leader), Mitush Mahinthan, Mukarram Jameel, Bhupesh Selvanayagam, Bradyn Cardoza, Jinudi Dissanayake, Maria Navamani and Avindra Abeyweera.

**3<sup>rd</sup> Row (L to R)** - Dihara Jayaratne, Aaksha Gunathilake, Oshani Nethmali, Aanya De Silva, Dhakshika Punithan, Yohan Yoharajah, Maleesha Gunathilake, Sayishyam Kurincheedaran, Mohan Nidhurshan, Dhanesh Punithan, Venuk Abeygunasekara, Shawn Hannan, Abdurrahman Aslam, Anojan Logachandran and Triston Fernando

**4<sup>th</sup> Row (L to R)** - Yumna Saifraz, Marine Gunaratne, Amitesh Peeris, Rashobhan Sritharan, Hussein Akram, T. Aakashan, Lidushan Murali, Murad Raji and Maqsood Rahman.

**5<sup>th</sup> Row (L to R)** - Aleena Arshad, Haala Hakim, Ahil Nadarajah, Shania Kulatilake, Shareef Shafee, Jeshan Pushpanathan, Taher Adamjee, Abdulla Fiyaz and Yonal Karunatilake.



**1<sup>st</sup> Row (L to R)** - Mrs .Sameeka Alwis, Ms. Sonali Fernando (Teachers-in-Charge), Mr.Suvin Wettimuny (Academic Director), Radhesh Salgadoe (President) and Mrs .Nelum Senanayake (Teacher-in-Charge).

**2<sup>nd</sup> Row (L to R)** - Veroni Perera, Diren Gunasekera, Jaden Wahid, Aqeel Fouzi, Jamaal Ibrahim (Treasurer), Lisan Vidmal Uswatta Liyanage (Vice President), Thanusheak Shanmugaraja (Secretary), Shan Gunasekera and Ashvin Arsakularatne.

**3<sup>rd</sup> Row (L to R)** - Vishwa Weerasinghe, Maherakanth Mahernaa and Isuru Yahampath (Assistant Treasurer).

# ICT Society



*1<sup>st</sup> Row (L to R) - Hiruni Rubasinghe, Thisagi Jayasekara, Anagi Kariyawasam, Thishya Hettipathirana, Rashini Tennakoon, Mrs. Sulari Jayalath (Teacher-in-Charge), Kimaya Kariyawasam, Roshana Pathmasinghe, Diren Gunasekera and Ama Perera.*

*2<sup>nd</sup> Row (L to R) - Chanuli Gunawardena, Oneli Rajavasan, Pudamini Gomez, Dihan Gomez, Aloka Dissasekara, Tilini Wijemanne, Nethara Gallage, Methmi Jayasundara and Agbo Pethiyagoda.*

*Absent - Kavya Jayasinghe, Vihanga Thejan, Harshada Siriwardena, Sandani Rubasinghe and Ruwindi Gunathilaka.*

# Eastern Band





*1<sup>st</sup> Row (L to R) - Kashia Dias (Captain) and Mrs. Natalie Fernando (Teacher-in-Charge).*

*2<sup>nd</sup> Row (L to R) - Adam Mansoor, Sayishiyam Kurincheedaran, Mithush Mahinthan, Bhupesh Selvanayagam and Shawn Hannan.*

*3<sup>rd</sup> Row (L to R) - Avanthie Krishnakumar, Nadupama Abeywickramasinghe, Abdullah Fiyaz, Dharishta Peiris and Osheen Martus.*

# Scrabble Club



# Junior Choir





# Sports

# TAF REPORT

What an eventful year we've had at Stafford this year.

It was the start of a new partnership between TAF and Stafford International School. TAF sent in their British coaches to cover the Junior School PE from September. We brought in a new British based Curriculum which covered not only a variety of sports but also included leadership skills, evaluative skills and learning about how the body works and adapts through exercise.

In January we took on the Senior School PE and we saw the pupils really thrive under the new curriculum. They loved improving their leadership skills and showing off their biology knowledge.

We also were running the schools extra-curricular football programme. We entered into 3 football tournaments this year and even though we didn't win the tournaments, we

had some wins and it was a great learning experience for the pupils. We are looking forward to growing the football clubs even further when we start once again in the new academic year.

During lockdown we still managed to send out weekly practical work for the whole school. We made videos that were uploaded onto the schools YouTube site. They covered a variety of sports and during the last 4 weeks we have been doing a class/house competition called Lockdown Olympics. The Junior School have really got behind this and it's been great to watch the pupil's videos of them attempting the different events.

We can't wait to be back in school next year and work with the pupils in person!

**Fiona Molligoda**  
Operations director

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Colombo 03, Sri Lanka.  
+94 76699 8232  
www.tafacoaching.com



@Tafacoaching  
@TrooperRugby  
@TrooperElite









*1<sup>st</sup> Row (L to R) - Ms. Juwanita Simion, Mr. Suvin Wettimuny (Academic Director) and Mr. Shanil Jayasekera (Deputy Principal).*

*2<sup>nd</sup> Row (L to R) - Ms. Fiona Molligoda Smyth, Mr. Bradley Ogilby, Ms. Faye O'Toole and Ms. Damithri Kariyawasam.*

# Sports Department

# Athletics

## Junior National Championships - *September 2019*

- » Gehan Vithanage was ranked **8th** in Discus Throw (Under 18 Boys), with a performance of 37.29m.

## Sir John Tarbat Senior Championships - *September 2019*

- » Gehan Vithanage was ranked **7th** in Discus Throw (Under 18 Boys), with a performance of 36.01m.

## Colombo District Athletic Championship 2019

- » Gehan Vithanage was ranked **1st** in Discus Throw (Under 18 Boys).

## Ceylonese All Island Athletic Championship 2019

- » Gehan Vithanage was ranked **1st** in Discus Throw (Under 18 Boys).

## Western Province Divisional Sports Meet 2020 – *Borella*

- » Rashini Fernando was ranked **3rd** in Discus Throw (Under 16 Girls), with a performance of 19.57m. She was also ranked **3rd** in Javelin Throw (Under 16 Girls), with a performance of 19.06m.
- » Kavishka Kodikara was placed **2nd** in the 800m (Under 16 Boys) event.
- » Nurandie Handunnetti was placed **6th** in the 200m (Under 16 Girls) event, and **5th** in the 400m (Under 16 Girls) event.
- » Gehan Vithanage was ranked **2nd** in Discus Throw (Under 18 Boys), with a performance of 36.27m.

# International Schools Athletic Championship (ISAC) 2020

1

Gold Medal

2

Silver Medals

1

Bronze Medal

- » Rometh Perera placed **1st** at the Long jump event with a record of 6.41m.
- » Gehan Vithanage was awarded a **silver medal** for Discus Throw.
- » James Willmes was awarded a **silver medal** for Shot Putt.
- » Kavishka Kodikara was awarded a **bronze medal** for 800m race.
- » Rashini Fenando was placed **4th** in Javelin Throw
- » Nurandie Hadunnetti was placed **4th** in the 400m event
- » Our Under 18 4×400m Relay team was placed **6th**. The team comprised of Gehan Vihanage, Aringan Varatharaj, Akindu De Alwis and Mayukhe Periris.
- » Kavishka Kodikara was placed **7th** in the 400m event.
- » Omayya De Alwis placed **7th** in the 800m event.
- » Pudumini Gomes placed **7th** in Javelin Throw.
- » Nurandie Hadunnetti was placed **7th** in the 200m event.
- » Rometh Perera was placed **8th** in the 200m event.
- » Aymen Safraz was placed **8th** in Javelin Throw.





Athletic Coach  
Sports Co-ordinators

Ms. Roshini Bowata  
Ms. Juwanita Simion  
Ms. Damithri Kariyawasam

# Athletics

# Basketball

## Under-19 Sri Lanka Schools Basketball Tournament 2019

The above mentioned tournament was scheduled as a league, then after considering the group standings teams were selected to Divisions. This year, for the first time ever, Stafford got selected to the C-division.

**Stafford international School was placed 4th (Fourth) in the Under-19 C division tournament .**

### League Results - Group A

- » Match 1: Maristella Negombo vs Stafford International School (*Stafford lost*)
- » Match 2: Kaluthara Vidyalaya vs Stafford International School (**Stafford won**)
- » Match 3: Maliyadeva College Kurunegala vs Stafford International School (*Stafford lost by four points, 45-41*)
- » Match 4: Mahanama College Colombo vs Stafford International School (**Stafford won by 3 Points**)
- » Match 5: Cambridge International vs Stafford International School (*Stafford lost*)
- » Match 6: Kingswood College Kandy vs Stafford International School (*Stafford lost by 8 points*)
- » Match 7: Nalanda College Colombo vs Stafford International School (**Stafford won by 2 points**)

## Under 19 - C Division Results

- » Pre-Quarterfinals: Carey College Colombo vs Stafford International School  
*(Stafford won by a 15 point margin)*
- » Quarterfinals: St. Aloysius Seminary Colombo vs Stafford International School  
*(Stafford won by 8 points)*
- » Semifinals: Dharmashoka College Ambalangoda vs Stafford International School  
*(Stafford lost)*
- » Under 19 - C Division 3rd place: St. Anthony's Wattala vs Stafford International School  
*(Stafford lost by 8 points)*





Basketball Coach      Mr. K. S. Alwis

Mr. Saman Kunchana

Sports Co-ordinators      Ms. Juwanita Simion

# Basketball

# CRICKET

## Tissl Tournament U17 – 2018, *Postponed To 2019*

- » Selected to Quarter Finals ( 1st Round Played with WIS , OKI, BSC)

## Aldridge Academy (UK Team) vs Stafford - 2019

- » Stafford won.

## Annual Encounter 2020

- » Stafford lost by 10 runs, to British School in Colombo.

## TISSL U13 Tournament 2019

- » Gateway College Kandy vs Stafford International School (**won by 202 Runs** – Thisal Pathirana 101\* , Umer Risfan 91 , Nikitha Ramanayake 50 | Viknesh Ravichandran 3 Wickets , Nikitha Ramanayake 2 Wickets )

## Sri Lanka TISSL Team & Colombo District Team

- » 3 players from Stafford were selected for the Sri Lanka TISSL team tour of India: Krishnashriram Shaym Sunder, Sampras De Silva and Avesh Polonovita.
- » Colombo District Team - Tenushka Nanayakkara (2019, 2020)

## Sri Lanka School Cricket Association Division III Tournament 2019 / 2020 *(659 Teams)*

- » 1st Round – Group Top
- » 2nd Round – Group Top
- » 3rd Round – Group Top
- » Knockout Round Match 1 – Winners
- » Knockout Round Match 2 – Winners
- » Knockout Round Match 3 – Winners
- » **Our U13 Team is within the Top 32 schools & Top 4 from the Colombo District**  
(Tournament postponed due to COVID 19).

## TISSL Tournament U17 – 2019/2020

- » **4th Place of the Tournament (Semi- final)**

## TISSL Tournament U13 – 2020

- » **Won the Quarter Final & Selected for the Semi-final (Postponed due COVID 19).**



The Under 13  
Cricket Team



The Under 17  
Cricket Team

|                  |                      |
|------------------|----------------------|
| Head Coach       | Rasitha Gamage       |
| Assistant Coach  | Rajitha Weerasinghe  |
| Master-in-Charge | K. G. Dilan Danushka |

# Cricket

# Karate

## Ranidu Pathmasinghe's Performance

|                                        |                                                                                |
|----------------------------------------|--------------------------------------------------------------------------------|
| ISKC 2019                              | Kata - 1st place<br>Kumite - 1st place<br>Special Award- Upcoming Player Award |
| Colombo District 2019                  | Kata - 1st place<br>Kumite - 1st place                                         |
| Western Province 2019                  | Kata - 2nd place<br>Kumite - 3rd place                                         |
| Ambassador of Japan 2020               | Kata - 1st place                                                               |
| 15th Shukokai Annual Championship 2020 | Kata - 1st place<br>Kumite - 1st place                                         |

## Manmitha Senadhi Jinasena's Performance

|                                        |                                        |
|----------------------------------------|----------------------------------------|
| Colombo District Championship          | Kata - 3rd place<br>Kumite - 1st place |
| Western Province Championship          | Kata - 3rd place<br>Kumite - 2nd place |
| 15th Shukokai Annual Championship 2020 | Kata - 3rd place<br>Kumite - 3rd place |

## Dulane Sanmith Rathnayake's Performance

|                                        |                            |
|----------------------------------------|----------------------------|
| 15th Shukokai Annual Championship 2020 | Kata (Under 19)- 2nd place |
|----------------------------------------|----------------------------|



Karate Coach  
Sports Co-ordinator

Mr. K. L. D. L. N Saparamadu  
Ms. Juwanita Simion

# Karate



# Swimming

## 46th All Island Swimming Championships 2019

- » Nesha Ratnayake in the Under 14 category, won a **Gold** for 50m Butterfly, setting a **new record** with a time of 30.67s. She also won **2 Silvers** for 100m Butterfly (1.11.53) and 100m Backstroke (1.18.47).
- » Nisha Nilaweera in the Under 16 category, also won **2 Golds** for 50m Freestyle (29.55), and 100m Freestyle (1.05.13).

## 10th Asian Age Group Championships 2019 – Bengaluru

- » Nisha Nilaweera was placed **9th** for her performance in 50m Freestyle (29.5 seconds).
- » Nesha Ratnayake was placed **10th** for her performance in 50m Butterfly (31.21 seconds).

## National & Junior National Aquatic Championships 2019

- » Nesha Ratnayake set **2 new records** with her performances in 50m Butterfly (30.48) and 50m Freestyle (28.78), which also earned her **2 Gold Medals**. She won her **third Gold Medal** in the 100m Butterfly event, with a time of (1.11.25). She also won a **Bronze** at 50m Backstroke (34.36).

## Inter International Schools Swimming Championships '19

- » Nesha Ratnayake won a **Silver Medal** at the 50m Butterfly event (31.54 seconds).

## Short Course Qualifying Meet

- » Kaitlyn De Zilva was placed **1st** for her performance in 100m Backstroke (1.21.19 seconds). She also emerged at **3rd place for both** the 50m Backstroke event (37.87 seconds) and the 50m Freestyle event (32.96 seconds).
- » She also qualified to swim for nationals.



Seated (L to R) - Mr. Tariq de Silva (Sports Co-ordinator), Mr. Roshan Raghvan (Fitness Coach), Mr. Janaka Prasad (Head Coach), Mrs. Mahesha Wanigatunge (Teacher-in-Charge), Mr. Suvin Wettimuny (Academic Director), Mrs. Gowri Palipana (Principal), Rezah Maharoor (Swimming Captain), Mr. Shanil Jayasekara (Deputy Principal), Mr. Indunil Liyanage (Assistant Coach) and Ms. Damithri Kariyawasam (Sports Co-ordinator).

# Swimming

# Tennis

## Inter-International School Tennis Tournament Organised By BSC - *October 2019.*

- » Stafford International School played the British School of Colombo, Colombo International School and Gateway College Colombo. Stafford lost to BSC and CIS but won against Gateway College Colombo in their group.
- » Vichinthya Nilaweera was the outstanding player for SIS.

## Special Mention

- » Chathuriya Nilaweera **represented Sri Lanka in the South Asian Games**, held in Kathmandu, Nepal in December 2019. **He was the youngest member of the Men's tennis team and the only schoolboy in the team.**





Tennis Coach      Mr. Timothy Rajaratnam

Mr. Renouk Wijemanne

Sports Co-ordinator      Ms. Juwanita Simion

Captain      Chathurya Nilaweera

# Tennis



Football Coach      Mr. Bradley Ogilby

Ms. Faye O'Toole

Sports Co-ordinators      Ms. Juwanita Simion

Ms. Damithri Kariyawasam

# Football



Teacher-in-Charge      Ms. Aparna De Alwis  
Sports Co-ordinators      Ms. Juwanita Simion  
                                         Ms. Damithri Kariyawasam

# Mini Tennis





|                      |                          |
|----------------------|--------------------------|
| Coach                | Mrs S. Wijesuriya        |
| Teacher-in-Charge    | Ms. Oshini Wijethunga    |
| Sports Co-ordinators | Ms. Juwanita Simion      |
|                      | Ms. Damithri Kariyawasam |

# Chess

# Staff



# Teachers

## Middle & Upper School





# Teachers

## Upper & Lower Primary



# Board of Directors & Administrative Staff



# Non-Academic Staff





# Non-Academic Staff

# Looking Ahead



<https://youtu.be/JTo2ZxHDass>

**Click on the link above to watch a brief interview with Mr Simon Northcott, our incoming Principal for the year 2020/21!**



# Say Hi To The Newest Addition To Our Family: Mr. Simon Northcott



With the start of the new academic year, we welcome our new principal!  
From London, England, please give a round of applause for Mr. Simon Northcott!!

Mr. Northcott brings a varied background to his new position, with an extensive history of working with several local, international, and boarding schools. Having graduated from the University of St. Andrews, Scotland to pursue a career in accounting and marketing, Mr. Northcott took a leap of faith and changed his course to teaching. He studied education at Durham University and went on to work with several schools across the world, gaining much experience in the field of education. Stafford International School will be his fifth headship.

During a Zoom Interview with Mr. Northcott, Manishee Perera and Chrishelle Sathiarajah of the Yearbook Committee asked him why he chose to come to Stafford instead of all the other schools he was offered. "The fantastic atmosphere" which "you can't buy" was his explanation. He went on to say he was amazed by the mutual respect the teachers and students had for each other. The "family-like" environment at our school heightened his excitement to join Stafford - "education is a people's business; the friendly staff and pupils who understood and worked well with each other drew me to Stafford".

Through the interview, we found out that he was a major advocate of extracurricular activities at schools. Mr. Northcott stated that he has always been a firm supporter of sports and the arts. As a sports enthusiast, he believes that the best way to nurture a school is- delegation; just like how a good sports team functions. Mr. Northcott went on to elaborate that school is a "team effort and collaboration" where teachers educate and inspire, to encourage every pupil to flourish so that we achieve our mutual objectives. Going on school camping trips and other fun activities are some team exercises he mentioned which got us very excited!

When asked of his feeling about joining a brand-new family, Sir Simon gave us a huge grin as he said "the keyword for me was family - that's what I'm excited about. I cannot wait to meet you all, to join the community and make a difference. I'm hugely excited!"

Mr. Northcott, we too are very excited that you chose Stafford as your new family and look forward to all the new era your presence will bring in. Let's strive towards the light together!

Amaya Perera and Meth Abeysinghe,  
Yearbook Committee

# Notes Of Appreciation

# Felicitation:

## Mrs. Yogeshwari Sunderamapillai

From being a counsellor to students, a mentor and a guiding light, Miss Yogesh was undoubtedly the epitome of a teacher. Miss Yogesh was immensely kind-hearted. If ever one of us was struggling at a subject she sacrificed her time to stay after school to help them catch up and study, which is something someone would very rarely do in this busy world we live in. Her kind-heart is what made us warm up to her and like all good things we only knew the true value of the time spent with her and lessons learnt that we had taken for granted once she no longer taught us. It wasn't simply teaching science that Miss Yogesh was limited to; whilst she was an effective and thorough teacher, above all from her classes we learnt discipline, time management,

respect, neatness and efficiency. She is also the sole reason most of us became exposed to all the extra curricular activities at school, by encouraging us to join clubs and activities like the Western band we were also exposed to other events and soon recognised among the school, which brings us to the position at which we are today. She taught us that hard work and dedication pay off and she taught us what true leadership entails. Her contribution to the school has been immeasurable and truly awe inspiring and we can only wish that those in the upcoming grades had also had the pleasure of working with her because she is undoubtedly capable of molding them into overall good human beings as well.



# To Our Photographers

The yearbook would like to extend their sincerest gratitude to two amazing people. Mr. Prasad Sarathchandra and Ayman Ibrahim, we wish to thank you ever so much for your amazing photographs. You covered all of the events and captured the best moments at school last year, and have made it possible for us to have beautiful shots of Stafford; of the school, and its students, teachers and everyone else.

Your dedication and hard work are truly admired, and we wish to thank you for your tireless effort in making this yearbook a success.

Thank you!!!



